

***Cryptococcus neoformans* – New science for discovering melanin modifiers**

Abstract

Aim- The present study was taken up to establish the effect of niacinamide on phenoloxidase lead melanogenesis and to prove the reliability of *C.neoformans* based screening methodology.

Methods

The organism was grown in the Minimal media in presence and absence of L- DOPA and Niacinamide and checked for its pigment producing ability at different time intervals.

Results- Niacinamide did not affect the pigmentation in *Cryptococcus neoformans* in the absence or presence of L-Dopa.

Conclusion - *Cryptococcus neoformans* as a biological tool for studying the mechanism of action of various melanin promoters/ inhibitors. The present study highlights the importance and usefulness of *Cryptococcus neoformans* based screening invention as it is cost effective rapid and ‘living cell model’.

Keywords

Vitamin B3, Tyrosinase, Hyperpigmentation, L-DOPA

Introduction

Niacinamide, is otherwise called as Vitamin B3 or Nicotinamide or 3-pyridinecarboxamid. This is a biologically effective form of niacin that is found in root vegetables of many plants and also in certain yeast fungi. Niacinamide functions as a precursor for the co-factors such as Nicotinamide adenine dinucleotide (NAD) and Nicotinamide adenine dinucleotide phosphate (NADP). Along with their reduced forms NADH and NADPH, and that would act as antioxidant [1].

29 Niacinamide has several medicinal applications for skincare including anti-inflammation,
30 prevention of photo-immunosuppression and increased intercellular lipid synthesis. Topical
31 Niacinamide is known to offer anti-aging benefits to the skin, improved barrier function and
32 significant improvement in the appearance of photo aged facial skin such as texture,
33 hyperpigmentation, redness, fine lines and wrinkles. [2, 3, 4 &5]

34 Additionally, Niacinamide is believed to influence the cutaneous pigmentation by down-
35 regulating the transfer of melanosomes from melanocytes to keratinocytes. Studies done by
36 Hakozaki *et al.* suggest that Niacinamide has no effect on tyrosinase activity, melanin
37 synthesis or melanocyte number in a monolayer culture system. The authors also found that
38 Niacinamide had down-regulated the number of melanosomes transferred from melanocytes
39 to keratinocytes from 35 to 68% in a co-culture model system. The actual process by which
40 Niacinamide down-regulates melanosome transfer yet to be established [6, 7, and 8].

41 *Cryptococcus neoformans* (C.neoformans) is yeast like fungus belongs to the class
42 basidimycota and is known to produce melanin like pigment. The pigment production is
43 associated with virulence and drug resistance [9,10]. The mechanism of melanogenesis in
44 C.neoformans is through an enzyme analogue of tyrosinase- Phenoloxidase. It is well known
45 that Niacinamide doesn't affect tyrosinase or melanin synthesis however would abrogate
46 melanin transfer to keratinocytes.

47 We have already established the usefulness of C.neoformans in rapid screening of actives that
48 may have the pigment modifying property. However the absolute reliability of the
49 C.neoformans based screening approach require testing with a known tyrosinase non-
50 inhibitors. The present study was taken up to establish the effect of niacinamide on
51 phenoloxidase lead melanogenesis and to prove the reliability of C.neoformans based
52 screening methodology. Findings are presented in the paper.

53 **Materials and methods**

54 C. neoformans culture was obtained YRG care, Chennai. C.neoformans was grown in a
55 defined minimal media (15 mM glucose, 10 mM MgSO₄, 29.4 mM KH₂PO₄, and 13 mM
56 glycine, 3 mM thiamine, with and without 1.0 mM L-dopa. The organism was grown in the
57 above media was incubated for 14 days at room temperature. The intensity of pigment
58 produced was observed at different time intervals.

59

60 **Evaluation of Niacinamide in the melanization of C.neofomans**

61 To the above defined media containing L- DOPA, 1% Niacinamide was incorporated. Media
 62 without L- DOPA was used as negative control. All the media plates in triplicate were
 63 inoculated with C.neofomans and were incubated for 14 days at room temperature. The
 64 intensity of pigment produced by the organism in media plate containing L- DOPA and
 65 Niacinamide was observed and the similarity in the observation was compared with control
 66 plate which was devoid of L- DOPA

67

68 **Result**

69 C.neofomans required 14 days to produce melanoid pigmentation. The C.neofomans grown
 70 in media containing L- Dopa (10mM) on day 2, mild pigmentation was observed and which
 71 further deepened from day 4 to day 14. Table- 1

72 When C.neofomans was grown in media containing Niacinamide and L- DOPA, the
 73 intensity and extent of pigmentation was similar to that in L- DOPA alone treated media.
 74 Niacinamide did not seem to either positively or negatively influence the pigment formation
 75 in C.neofomans where phenoloxidase is involved in melanoid pigmentogenesis. Table- 1

Experiments	Presence of pigment vs days			
	2	4	7	14
C.neofomans	-	-	-	+++
C.neofomans+ Dopa	+	++	+++	+++
C.neofomans+ Niacinamide	-	-	-	+++
C.neofomans+ Niacinamide+ Dopa	+	++	+++	+++
Dopa alone	-	-	-	-

76

77 - = No black pigmentation

78 + = Mild pigmentation

79 ++ = Moderate pigmentation

80 +++ = Deep pigmenttaion

81

82 **Fig -1 4 day old C.neoformans (Control) Fig- 2 4 day old C.neoformans treated**
83 **with Niacinamide**

84



85

86 Discussion

87 The present study has undoubtedly established the usefulness of *Cryptococcus neoformans* as
88 a biological tool for studying the mechanism of action of various melanin promoters/
89 inhibitors. Further the above tool also has established the mechanism of action of
90 Niacinamide.

91 Addition of Niacinamide did not alter the pigment producing ability of *Cryptococcus*
92 *neoformans* when DOPA was supplemented in the media which suggests Niacinamide does
93 not inhibit the enzymatic pathway in melanogenesis.

94 It's already established that Niacinamide does not affect the process of melanogenesis through
95 tyrosinase enzyme pathway. *Cryptococcus neoformans* produce melanin through an alternate
96 mechanism by using tyrosinase analogue-phenoloxidase. However, the effect of Niacinamide
97 on phenoloxidase is not clearly known. The present study has also revealed that Niacinamide

98 does not affect phenol oxidase lead melanogenesis like that of tyrosinase linked
99 melanogenesis. This proves that *Cryptococcus neoformans* is quite reliable tool for screening
100 ingredients that may have melanin promotion/inhibition property. Tyrosinase based assays as
101 well as the cell culture based assays are followed for the above purpose. However the invitro
102 studies may provide only indicative results whereas *Cryptococcus neoformans* model is
103 perfect living cell biological model and can predict the results more accurately than the
104 invitro studies.

105 In the present we have used two known positive indicators to predict the usefulness of
106 *Cryptococcus neoformans* based screening method. The first indicator is Niacinamide which
107 does not affect the tyrosinase activity. The second indicator being *Cryptococcus neoformans*
108 which produce melanoid pigmentation in selective media supplemented with L- DOPA.
109 However the pigmentation in *Cryptococcus neoformans* is due to phenol oxidase enzyme
110 which is an analogue of tyrosinase enzyme seen largely among vertebrates.

111 It is already known that Niacinamide does not affect the enzymatic pathway in melanogenesis
112 however block the melanin transfer from melanocytes to keratinocytes. Since the
113 Niacinamide has not affected the melanoid pigmentation in *Cryptococcus neoformans* which
114 proves phenoloxidase based screening shall go in concordance with the findings obtained
115 through tyrosinase assay. This validates the scientific credence and sanctity of *Cryptococcus*
116 *neoformans* based screening method for melanin promoters/inhibitors. This method is
117 reliable, rapid, cost effective as well as ‘living cell model’ than invitro cell culture based
118 assay.

119

120 **Reference**

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