

Original Research Article**LACTOSE FERMENTING *SALMONELLA SPP* IN AKURE: ANTIBIOTIC RESISTANT PATTERNS AND RESULTING CLINICAL IMPLICATIONS.****Abstract**

A total of 200 human and non-human samples from Akure metropolis were subjected to bacteriological analysis, of which 37 isolates of lactose fermenting *Salmonella* were obtained; Antibiotic sensitivity tests were carried out on the lactose fermenting isolates of *Salmonella spp* obtained from the samples. From the results, it was discovered that all the lactose fermenting isolates of *Salmonella* showed multiple antibiotic resistances (multidrug resistance) to the different broad spectrum antibiotics used at varying standard inhibitory concentrations. This conducted study gave an insight into the rising incidence of relapsing salmonellosis due to multiple antibiotic resistant strains of lactose fermenting *Salmonella* in the Akure metropolis , provided a scientific explanation to the modified feeding patterns as seen in the *Salmonella* isolates that can utilize lactose sugar due to their genetic modifications and critically evaluated the resulting clinical implications of these residual multiple antibiotic resistant- lactose fermenting *Salmonella* isolates obtained from the metropolis between July and October 2014 during which this research was conducted.

Keywords: Lactose fermenting *Salmonella*, Multiple antibiotic resistances, clinical implications, Enteric relapsing Salmonellosis, Genetic modifications.

Introduction

Salmonellosis is an infectious disease of humans and animals caused by organisms of the genus *Salmonella*. Although primarily intestinal bacteria, *Salmonella* are present in the environment and may commonly be found in farm effluents, human sewage and in any material subject to faecal contamination (Boyen *et al.* 2008; Yousef and Carlstrom, 2003; Montville and

27 Matthews, 2008). The genus *Salmonella* consists of only two major species: *S. enterica* and *S.*
28 *bongori* (Grimont and Weill, 2007, Gomez *et al.*, 2010). *Salmonella enterica* is divided into six
29 subspecies, which are distinguishable by biochemical characteristics. These include sub-species
30 *enterica*, *salamae*, *arizonae*, *diarizonae*, *houtenae* and *indica*. Strains of *Salmonella* are
31 classified into serovars on the basis of extensive diversity of lipopolysaccharide (LPS) antigens
32 (O) and flagellar protein antigens (H) in accordance with the Kauffmann–White scheme;
33 currently over 2500 serovars are recognized (Grimont and Weill, 2007; Yousef and Carlstrom,
34 2003; Montville and Matthews, 2008).

35 Salmonellosis has been recognized in all countries, there are 16 million annual cases of
36 typhoid fever, 1.3 billion cases of gastroenteritis and 3 million deaths worldwide (Pui *et al.*
37 2008). Salmonellosis can affect all ages, but the incidence and severity of disease is higher in
38 young children, the elderly, and people who are immunocompromised or have debilitating
39 diseases (Boyen *et al.* 2008). Several serovars are host specific (e.g. *S. abortusovis* in sheep or *S.*
40 *Typhi* in humans) or host adapted (e.g. *S. choleraesuis* in pigs and *S. Dublin* in cattle). Enteric
41 disease is the commonest clinical manifestation, but a wide range of clinical signs, which include
42 acute septicemia, abortion, arthritis and respiratory disease, may be seen. (Newell *et al.*, 2010)

43 In the United States, approximately 2 to 4 million cases of *Salmonella* gastroenteritis
44 occur with about 500 deaths per year. A more accurate figure of salmonellosis is difficult to
45 determine because normally only large outbreaks are investigated whereas sporadic cases are
46 under-reported. Data on salmonellosis are scarce in many countries of Asia, Africa and South
47 and Central America where only 1 to 10% of cases are reported, (Greene *et al.* 2008). Several
48 outbreaks of Salmonellosis have been reported by Centers for Disease Prevention and Control;
49 these includes the outbreak of the serotypes *enteritidis* (*PT21and PT1*), *typhi*, *tennesse*, *agona*

50 *and saint-paul* respectively between years 2005-2010 which affected not less than 3,000 persons
51 altogether in both United states and England, these outbreaks are implicated to have their sources
52 from contaminated food substance (CDC, 2010; Montville and Matthews, 2008).

53 Moreover, decades of indiscriminate use and abuse of antibiotics resulted in increased
54 development of antibiotic resistant *Salmonella spp* to different antibiotics, creating a major
55 problem in treatment of salmonellosis and other enteric diseases. There have been many cases of
56 disease relapse and higher incidences in mortality of patients affected by relapsing salmonellosis
57 as mortality rate can be as high as 20%, in the elderly (Hamdan *et al.* 2008). Genotypic analysis
58 of the antibiotic resistant *Salmonella spp* by use of real time-polymerase chain reaction (RT-
59 PCR) and molecular fingerprinting of DNA has been used to good effect (Foley *et al.*2007).
60 Plasmid gene profile analysis is a quick and relatively easy method to fingerprint strains, and has
61 been used in both human and veterinary medicine to study the spread of antibiotic resistant
62 *Salmonella* (Torpdahl *et al.* 2007). Phage typing or alternative genetic techniques and full DNA
63 sequencing is increasingly used to study genetic variations in antibiotic resistant *Salmonella spp*
64 chiefly because of its low cost automated methods (Torpdahl *et al.* 2007).

65 *Salmonella* species are generally considered to be unable to ferment lactose and sucrose
66 according to Bergey's Manual. However, Anthony, 1982 and Ewing *et al.* 1986 reported two
67 separate species of *Salmonella* capable of fermenting lactose and sucrose. The organism reported
68 here again illustrates that certain strains of *Salmonella* are capable of fermenting lactose and
69 sucrose rapidly and can resemble very a strain of *Citrobacter freundii*. Greene *et al.* 2008 and
70 Hasan *et al.*, 2009 provided more comprehensive details of a close resemblance, both
71 biochemically and serologically, between *Salmonella tennessee* and *Citrobacter freundii*; the
72 results of which were evidences that certain subspecies or serotypes of *Salmonella* can develop

73 ability to degrade lactose due to a wide range of environmental or genetic factors such as
74 mutation or natural selection to enable the organism survive outside its nutritional preferences. It
75 has also been described in recent studies that certain lactose fermenting strains of *Salmonella*
76 posses increased antibiotic resistances chiefly because these isolates are already mutated, hence
77 they are genetic variants as when compared to normal bacterial genes encoding for lactose
78 fermentation in other normal *Salmonella* strains (Hasan *et al.*, 2009).

79 Hence, this study is therefore of great importance in understanding the antibiotic resistant
80 patterns of obtained lactose fermenting *Salmonella spp* in Akure metropolis implicated in the
81 rising incidence of the relapsing enteric fever in the town as this would help to ascertain the
82 carrier rate of the resistant isolates from different sample sources, and offer scientific
83 explanations in relating the gene modifications of these isolates to their possession of multiple
84 antibiotic resistant mechanisms.

85 **MATERIALS AND METHODS**

86 **Sample collection**

87 Two hundred samples were collected from both human and non-human sources in Akure
88 between July and October, 2014. Out of these, a total of 80 human stool samples and 40 urine
89 samples were collected from seven different hospitals in all in the metropolis. The samples were
90 collected by Medical Laboratory Scientists in the different hospitals, into labeled sterile universal
91 bottles. A total of 80 water samples were collected into labeled sterile universal bottles from
92 different water sources in different parts of Akure metropolis. All the samples collected were
93 analyzed in the laboratory.

94

95 Sample preparation and Standardization of Inoculum

96 Hamdan *et al.*, 2008 was adopted in which sterile distilled water was used as diluents for
97 the non-human samples, while sterile peptone water was used as diluents for stool and urine
98 samples prior to analysis. A 1ml of each stock was taken using a sterile syringe into 9ml of
99 sterile distilled water or sterile peptone water for serial dilution procedure in sterile test tubes
100 under aseptic conditions until four different dilutions were obtained. Hence, 1 ml of the each
101 dilution factor was used for inoculating the already prepared Nutrient Agar incubated for
102 bacterial isolation at 37°C for 24 hours. After the incubation time, the culture plates were
103 observed for determination of colony forming units and thereafter, the fourth dilution factor was
104 established as the standard for the isolation of the microbes due to easy numerical estimation of
105 the colony forming units on the agar plate of the last dilution factor according to Cheesebrough,
106 2010, Hamdan *et al.*, 2008.

107 Biochemical characterization and identification of lactose fermenting *Salmonella*

108 Olutiola *et al.*, 2001 and Hasan *et al.*, 2009 were adopted by subjecting various obtained
109 sub cultured distinct colonies to a wide array of biochemical tests for characterization and
110 identification. Gram staining technique, Catalase test, Motility test, Sugar fermentation (Glucose
111 and lactose sugars), Citrate test and Acid gas production test were carried out on the distinct
112 isolates obtained after sub culturing. The distinct biochemically characterized colonies were then
113 further sub cultured on Salmonella-Shigella agar and incubated at incubated at 37°C for 24 h.
114 The Citrate test distinguished suspected lactose fermenting isolates of *Salmonella* from isolates
115 of *C. fruendii* in their inability to degrade citrate broth.

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117 **Sub-culturing, Characterization and Preservation of Isolates**

118 Distinct colonies on the agar plate were picked aseptically and streaked on Salmonella-
119 Shigella agar, incubated at 37°C for 24 h. Colonies of *Salmonella* spp appear as either pale
120 coloured colony with black centers for H₂S producing *Salmonella* or as Pale coloured colonies
121 without black centers for non H₂S producing strains of *Salmonella* on the Salmonella-Shigella
122 agar (Hamdan *et al.*, 2008; Yoke-Kqueen *et al.*, 2007). Moreover, the suspected *Salmonella*
123 isolates were subjected to various biochemical tests, for identification and characterization
124 (Cheesebrough, 2010). The identified pure isolates of *Salmonella* were preserved on Nutrient
125 Agar Slants and stored at -7°C as described by Cheesebrough, 2010.

126 **Antibiotic Sensitivity Test**

127 The Kirby-Bauer test, also known as disc diffusion method was used to determine the
128 effect of standard antibiotics on bacterial isolates on Mueller Hinton agar. The agar was seeded
129 with 18 hold pure broth cultures of *Salmonella* isolates. The discs were applied unto the seeded
130 plates and incubated for 24 h at 37°C (Cheesebrough, 2010). The bacterial isolates were tested
131 against a wide range of antibiotics namely; Ofloxacin (5µg), Amoxicillin (25µg),
132 Ciprofloxacin (10µg), Tetracycline (30µg), Pefloxacin (5µg). Thereafter, a ruler was used to
133 measure the diameter of the clear zones of inhibition noticed on the plates and this was noted as
134 degree of antibiotic resistance as described in Zanpantis, 2005. The isolates' zones of inhibition
135 was classified into susceptible (17mm and above), intermediate (13mm-17mm), and resistant (0-
136 12mm) based on the specified standard of mean zone of inhibition for pathogenic gram negative
137 bacilli (Cheesebrough. 2010).

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139 Data analysis

140 Each treatment was replicated three times. Data obtained were subjected to analysis of
141 variance and treatment means were separated using Duncan's New Multiple Range test at $P \leq$
142 0.05 level of significance.

143 RESULTS

144 A total of 37 isolates of lactose fermenting *Salmonella spp* were screened out from the 200
145 samples collected (Table 1); 30 isolates from the human samples were lactose fermenters while
146 only 7 isolates from the non-human samples were discovered to be capable of utilizing lactose in
147 fermentation (Table 2). The isolates' zones of inhibition were classified into susceptible (17mm
148 and above), intermediate (13mm-17mm), and resistant (0-12mm) based on the specified standard
149 of mean zone of inhibition for pathogenic gram negative bacilli (Cheesebrough. 2010; Zantantis
150 *et al.*2005) and the replicated treatment means were subjected to statistical analysis using
151 Duncan's New Multiple Range test at $P \leq 0.05$ level of significance as represented in Tables 3a
152 and 3b. Generally, multiple antibiotic resistances was noticed in all the Lactose fermenting
153 isolates of *Salmonella* from the human and non-human samples sources as indicated in Table 4.
154 However, as a matter of reference, adult males and females were discovered to be chronic
155 carriers of the lethal, multiple antibiotic resistant lactose fermenting *Salmonella* isolates amongst
156 the isolates obtained from the human sources, while the river water was the leading reservoir for
157 the lactose fermenting *Salmonella* isolates obtained from the non-human sources.

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161 Table 1: Distribution of Lactose fermenting *Salmonella spp* in human and non-human samples

Sample source	LFSS	NLFSS
RW	4	16
ADAMU	3	1
AWW	3	11
ADAFU	4	7
ADAMS	6	3
AHMCS	3	9
ADAFS	4	8
ADFCS	4	7
ADagMS	3	-
ADagFS	3	-

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163 Keys: LFSS—Lactose fermenting *Salmonella spp*, NLFSS---Non-lactose fermenting *Salmonella spp*, ADAMU—apparently

164 diseased adult female urine ages (18-45yrs), ADAFU—apparently diseased adult female urine ages (18-45yrs), ADAMS—

165 apparently diseased adult male stool ages (18-45yrs), AHMCS--- apparently healthy male children stool ages (6-17 yrs),

166 ADFCS—apparently diseased female children stool ages (6-17 yrs), ADAFS—apparently diseased adult female stool ages (18-

167 45yrs), ADagMS—apparently diseased aged male stool ages (55-80 yrs), ADagFS--- apparently diseased aged female stool ages

168 (55-80 yrs), RW- River water samples, AWW- Abattoir waste water samples.

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174 Table 2: Biochemical characteristics of lactose fermenting *Salmonella* spp isolated from non-human and human samples

Code of isolates	Gram stain	Catalase	Motility test	Glucose fermentation	Lactose fermentation	Citrate test	Colony morphology	Colour on SSA	Suspected Organism	Number of isolates
LFSSNHS	-ve (bacilli rods)	+ve	+ve	Acid /gas	Acid /gas	+ve	Cream/ raised	PCC+BC	<i>Salmonella</i> spp	7
LFSSHS	-ve (bacilli rods)	+ve	+ve	Acid /gas	Acid /gas	+ve	Cream/ raised	PCC+BC	<i>Salmonella</i> spp	30

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176 Keys: LFSSNHS—Lactose fermenting *Salmonella* spp in non-human samples, LFSSHS-- Lactose fermenting *Salmonella* spp in human samples, -ve—Negative,
 177 +ve—Positive, SSA—Salmonella-Shigella agar PCC+BC—Pale coloured colonies with black centers (indicating lactose fermenting isolates and H₂S producers).

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185 Table 3a: Zones of inhibition of Lactose fermenting *Salmonella* isolates in human and non-human samples

Codes of isolates	OFL	AMX	CPX	TET	PFX
SSADAMU	14.33±2.52 ^b	10.67±2.51 ^c	16.00±2.00 ^b	00.00±2.65 ^c	21.00±3.00 ^b
	14.33±2.52 ^b	8.67±1.53 ^b	16.33±2.52 ^b	00.00±2.00 ^b	21.00±3.00 ^b
	14.33±2.52 ^b	00±00 ^a	15.33±1.53 ^b	00.00±1.00 ^b	20.00±2.00 ^b
SSAHMCS	17.67±2.52 ^b	10.00±2.00 ^b	18.00±2.00 ^b	11.67±1.15 ^b	14.67±2.52 ^b
	17.00±2.00 ^b	00±00 ^a	17.67±1.53 ^b	00±00 ^a	15.67±2.52 ^b
	19.00±1.00 ^c	00±00 ^a	19.00±1.00 ^b	00±00 ^a	19.33±2.52 ^c
SSADAFU	15.00±1.00 ^b	00±00 ^a	17.00±1.00 ^b	00±00 ^a	13.00±2.00 ^b
	18.00±1.00 ^d	00±00 ^a	18.00±1.00 ^c	00±00 ^a	16.00±2.00 ^c
	17.00±1.00 ^c	00±00 ^a	19.00±1.00 ^d	00±00 ^a	00±00 ^a
SSADAMS	12.00±1.00 ^c	00±00 ^a	12.00±1.00 ^a	6.00±00 ^b	00±00 ^a
	14.00±2.00 ^b	9.00±2.00 ^b	16.00±2.00 ^b	8.00±2.00 ^b	8.67±2.52 ^b
	16.67±1.53 ^c	00±00 ^a	00±00 ^a	00±00 ^a	14.00±2.00 ^c
	00±00 ^a	00±00 ^a	00±00 ^a	00±00 ^a	00±00 ^a
	00±00 ^a	00±00 ^a	00±00 ^a	00±00 ^a	00±00 ^a
	00±00 ^a	00±00 ^a	00±00 ^a	18.00±2.00 ^b	10.00±2.00 ^b
SSADAFS	00±00 ^a	00±00 ^a	00±00 ^a	18.00±2.00 ^b	00±00 ^a
	17.00±1.00 ^b	00±00 ^a	15.67±1.53 ^b	16.00±2.00 ^b	15.00±2.00 ^b
	19.00±1.00 ^c	00±00 ^a	16.67±1.53 ^b	00±00 ^a	15.00±2.00 ^b
	13.50±1.00 ^a	5.45±1.00 ^a	11.00±1.00 ^a	12.10±1.00 ^b	00±00 ^a
SSAWW	00±00 ^a	00±00 ^a	11.42±1.20 ^a	10.50±1.24 ^b	00±00 ^a
	20.67±2.52 ^b	6.33±2.51 ^b	17.67±2.04 ^b	13.00±2.00 ^b	17.67±2.52 ^b
	23.33±2.52 ^b	5.67±2.51 ^b	16.00±2.00 ^b	13.00±2.00 ^b	17.67±2.52 ^b
	24.00±2.00 ^b	5.00±2.00 ^b	17.00±2.00 ^b	12.00±1.00 ^b	17.33±1.57 ^b

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187 Key: SSADAMU-- *Salmonella spp* from apparently diseased adult male urine (ages 18-45 yrs), SSAHMCS---*Salmonella spp* from apparently healthy male children stool (ages 6-
188 17 yrs), SSADAFU---*Salmonella spp* from apparently diseased adult female urine (ages 18-45 yrs), SSADAMS—*Salmonella spp* from apparently diseased adult male stool ages
189 (18-45yrs), -(SSADAFS)—*Salmonella spp* from apparently diseased adult female stool ages (18-45yrs), SSAWW--- *Salmonella spp* from Abattoir waste water samples, OFL---
190 Ofloxacin, AMX----Amoxycillin, CPX---Ciprofloxacin, TET---Tetracycline, PFX---Pefloxacin, Values with the same letter as superscript have no significant difference at
191 p≤0.05 level of significance.

192 Table 3b: Zones of inhibition of Lactose fermenting *Salmonella* isolates in human and non-human samples

Codes of isolates	OFL	AMX	CPX	TET	PFX
SSADagFS	19.00±1.00 ^b	13.00±2.00 ^b	17.00±2.00 ^b	00±00 ^a	18.00±2.00 ^b
	21.67±2.52 ^b	14.67±1.53 ^b	15.00±2.00 ^b	12.00±2.00 ^b	18.67±1.53 ^c
	23.00±2.00 ^c	00±00 ^a	16.00±2.00 ^b	11.67±1.53 ^b	17.00±1.00 ^b
SSADagMS	14.67±2.52 ^b	10.00±2.00 ^b	18.00±2.00 ^b	11.67±1.15 ^b	17.67±2.52 ^b
	15.00±2.00 ^b	00±00 ^a	17.67±1.53 ^b	00±00 ^a	15.67±2.52 ^b
	15.00±1.00 ^c	00±00 ^a	19.00±1.00 ^b	00±00 ^a	19.33±2.52 ^c
SSADFCs	15.00±1.00 ^b	00±00 ^a	17.00±1.00 ^b	00±00 ^a	13.00±2.00 ^b
	18.00±1.00 ^d	00±00 ^a	18.00±1.00 ^c	00±00 ^a	16.00±2.00 ^c
	17.00±1.00 ^c	00±00 ^a	19.00±1.00 ^d	00±00 ^a	00±00 ^a
	13.00±1.00 ^a	00±00 ^a	15.00±1.50 ^b	00±00 ^a	12.05±1.00 ^b
SSRW	15.00±2.00 ^b	19.00±2.00 ^b	16.67±1.53 ^b	13.00±2.00 ^b	18.00±2.00 ^c
	16.67±1.53 ^b	18.00±2.00 ^b	19.67±1.53 ^c	13.70±2.00 ^b	19.00±2.00 ^c
	5.33±1.50 ^a	00±00 ^a	16.33±2.52 ^b	8.00±1.00 ^a	00±00 ^a
	00.00±0.00 ^a	00±00 ^a	21.33±2.52 ^c	6.00±1.00 ^a	00±00 ^a

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194 Keys: SSRW--- *Salmonella spp* from River water samples, SSADagMS-- *Salmonella spp* from apparently diseased aged male stool (ages 55-80 yrs),
 195 SSADagFS-- *Salmonella spp* from apparently diseased aged female stool (ages 55-80 yrs), SSADFCs---*Salmonella spp* from apparently diseased female children
 196 stool (ages 6-17 yrs), OFL---Ofloxacin, AMX----Amoxicillin, CPX---Ciprofloxacin, TET---Tetracycline, PFX---Pefloxacin. Values with the same letter as
 197 superscript have no significant difference at p≤0.05 level of significance.

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201 Table 4: The deduced antibiotic resistance patterns of the Lactose fermenting *Salmonella* isolates from non-human and human
 202 samples after estimation of their inhibition zones

Codes of isolates	Number of isolates	OFL	AMX	CPX	TET	PFX	INFERENCE
SSADAMU	3	3I	3R	3I	3R	3S	MARI
SSADAFU	4	2S, 1I, 1R	4R	R, 3S	4R	2I, 2R	MARI
SSADAMS	6	4R, 2I	6R	1I, 5R	2S, 4R	1I, 5R	MARI
SSAHMCS	3	3S	3R	3S	3R	3I, 1S	MARI
SSADAFS	4	2S, 1I, 1R	4R	2I, 2R	1I, 3R	2I, 2R	MARI
SSADFCS	4	4I	4R	4S	4R	1S, 2I, R	MARI
SSAWW	3	3S	3R	2S, 1I	2I, R	3S	MARI
SSRW	4	2R, 2I	2S, 2R	2I, 2S	2I, 2R	2S, 2R	MARI
SSADagMS	3	3I	3R	3S	3R	2I, 1S	MARI
SSADagFS	3	3S	1R, 2I	3I	3R	3S	MARI

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 204 Key: SSADAMU-- *Salmonella spp* from apparently diseased adult male urine (ages 18-45 yrs), SSADAFU---*Salmonella spp* from apparently diseased adult female urine (ages 18-
 205 45 yrs), SSADAMS--*Salmonella spp* from apparently diseased adult male stool (ages 18-45 yrs), SSADAFS---*Salmonella spp* from apparently diseased adult female stool (ages
 206 18-45 yrs), SSAHMCS---*Salmonella spp* from apparently healthy male children stool (ages 6-17 yrs), SSADFCS---*Salmonella spp* from apparently diseased female children stool
 207 (ages 6-17 yrs, SSADagMS--*Salmonella spp* from apparently diseased aged male stool (ages 55-80 yrs, SSADagFS--*Salmonella spp* from apparently diseased aged female stool
 208 (ages 55-80 yrs), SSRW--- *Salmonella spp* from River water samples, SSAWW--- *Salmonella spp* from Abattoir waste water samples, MARI—Multiple antibiotic resistant
 209 isolates, R—resistant, S—susceptible, I—intermediate, OFL---Ofloxacin, AMX----Amoxycillin, CPX---Ciprofloxacin, TET---Tetracycline, PFX---Pefloxacin.

210 **DISCUSSION**

211 It was discovered from this study that, more lactose fermenting isolates are resident in
212 human sources than in non-human sources; the high occurrence of the lactose fermenting
213 *Salmonella* in human samples is possibly due to a couple of factors including mutation and
214 increased exposure of human carriers of *Salmonella* isolates to lactose containing substrates of
215 dairy products, this resulting in nutritional adaptation of the isolates of *Salmonella spp* to the
216 nutritional environment and hence ability to utilize and ferment lactose this agrees with the
217 findings of Anthony, 1982; Hamdan *et al.*, 2008; Greene *et al.* 2008 and Hasan *et al.*, 2009.

218 Subsequently, as a result of mutagenic variations in the lactose fermenting *Salmonella*
219 isolates; multiple antibiotic resistances were noticed in all the isolates ranging from each class of
220 the human and non –human samples. The multiple antibiotic resistances observed is due to a
221 variety of factors which includes indiscriminate use of drugs by human sample donors, faecal
222 contamination of different water sources by human carriers of lactose fermenting *Salmonella spp*
223 where samples were collected from the metropolis resulting in the introduction of drug resistant
224 isolates of *Salmonella* to different water bodies. This agrees with similar studies conducted in
225 other parts of the world as described in the findings of Hamdan *et al.*, 2008; Yoke-Kqueen *et al.*,
226 2007. Thus, the spread of the multiple antibiotic resistant-lactose fermenting *Salmonella spp* was
227 also implicated in a study carried out by Zhao *et al.*, 2003 and Greene *et al.* 2008.

228 Moreso, the multiple antibiotic resistances observed in all the lactose fermenting
229 *Salmonella* isolates obtained from the human sample sources gave an insight into reasons for
230 frequent relapses of salmonellosis amongst patients diagnosed across various health organizations
231 in the Akure metropololis between July and October, 2014 during which this research study was

232 conducted. Hence, adequate medical laboratory tests should be carried out on patients with
233 suspected cases of enteric fever or salmonellosis before treatments are recommended to them; this
234 would help curb the development and spread of antibiotic resistance in many serovars of
235 *Salmonella* in the Akure metropolis. Different antibiotic combination therapies are also strongly
236 recommended for prophylactic treatment of infected patients.

237 CONCLUSION

238 It is recommended that public health awareness be given to commercial artisans and
239 patients about the spread of enteric diseases in Akure metropolis, better epidemiological
240 surveillance can also be mounted on food vending joints, major water sources and hospitals to
241 reduce the incidence of relapsing salmonellosis caused by multiple antibiotic resistant lactose
242 fermenting *Salmonella* isolates. Herd immunity of infants, aged and pregnant women and
243 immunocompromised individuals can also be implemented in primary health care centers in the
244 metropolis.

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