



## **INTERVIEW GUIDE FOR YOUTH PARTICIPANTS**

### **A. Demographic profile**

- How old are you? (Age)
- Sex of the respondent (Gender)
- What is your marital status?
- What is your highest educational attainment?
- Where do you work?
- Tell me about your religion

### **B. Prevalence of substance abuse among the youth**

1. Who introduced you to drugs?
2. How old were you when you started indulging in drugs?
3. Which drug have you ever abused the most?
4. How often do you or did you abuse the substance?
5. Can you kindly explain why you use the substance you use?
6. Can you please share some of the signs you are experiencing at the moment?

### **C. Link between mental health and substance abuse**

7. In your own understanding do you think drug abuse causes mental illness or mental illness causes drug abuse? please elaborate

### **D. Mental health effects of substance abuse among the youth**

8. Do you think substance abuse have some mental health effects?
  - If yes, may you please name and elaborate such effects.

### **E. Services put in place in helping people who are mentally disturbed as a result of substance abuse**

9. Do you know of any services in Serowe which are put in place to help people who are mentally disturbed as a result of substance abuse?
  - If yes please name them and explain what they do?
10. How effective and accessible are the services?

11. In your own opinion what recommendations/services do you think should be initiated by government to assist people who are mentally disturbed as a result of substance abuse.

***THANK YOU FOR COOPERATION AND ASSISTANCE.***