

The Correlation between Types of Hipospadia and Hypospadias Objective Penile Evaluation Score in Padang

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Authors' contributions

This work was conducted in collaboration among all authors. Author HP collected the data, searched the literature, wrote the draft and performed the research. Author YZ performed the surgery, designed the study model and supervised the work. Author EM performed the surgery and supervised the work. Author HB designed statistical analysis and supervised the work. All authors read and approved the final manuscript.

Abstract

Introduction *Hypospadia was an abnormal growth of the penis where the urethral fold failed to grow led to the meatus urethra located on the proximal ventral penis with or without chorde. The incidence of hypospadias was 1 per 250-300 of male children. The treatment is urethroplasty. The purpose of the hypospadias repair is to create functional, validity, and cosmetically outcome of urethra*

Methods *This is an analysis observational study with cross sectional comparative design. Total of the sample was 26. The HOPE score was calculated using physical examinations and the picture taken by a DLSR D 5300 camera.*

Results *The percentage of satisfied patient based on HOPE score was higher in distal hypospadia compared to the proximal hypospadia (69,2%) and there was a significant difference between the types of hypospadia and HOPE score ($p < 0,05$)*

Conclusion *There is a significant difference between the hypospadia types and HOPE Score, where the distal hypospadia had better HOPE Score.*

Keywords: *Hypospadia types, HOPE Score, urethroplasty.*

INTRODUCTION

Hypospadias is an abnormal growth of penis. There is failure of urethral fold development led the urethral meatus moved from the normal position at penile granular into ventral proximal part of the penis, with or without chorde.^{1,2,3,4,5,6,7,8}

The incidence rate is 1 in 250-300 births of male baby. Hypospadias Objective Penile Evaluation (HOPE) score is a scoring system to assess the cosmetical outcome of hypospadias repair. HOPE score meets the criteria of a valid measurement instrument, including objectivity, and reliability. In Indonesia, from the data obtained, the incidence of hypospadia in some government hospitals also seemed to increase.^{7,9,10,11,12}

At urology subdivision of M Djamil hospital, Padang, there was increasing rate of urethroplasty action year after year, from 15 cases in 2009-2011, to 65 cases in 2011-2014.^{9,13}

Hypospadiapathogenesis is still remain unclear, but there are some risk factors associated with hypospadia, including genetic, environmental, and endocrine factors. Babies born from too young or too old mothers and with low birth weight are at risk to get hypospadia.⁹

Hypospadia classification, based on urethral meatus position, is divided into distal and proximal types. Distal hypospadias includes granular, subcoronal, distal penile, midshaft, and proximal penile part. While proximal hypospadias includes penoscrotal, scrotal, and perineal.¹⁴

Urethroplasty technique is growing rapidly. There are more than 200 urethroplasty techniques. Complication of urethroplasty, such as bleeding, hematoma, meatal stenosis, urethrocutaneous fistula, urethra diverticulum, *balanitis xerotica obliterans*, recurrent penile curvature, stricture, intra-urethral hair growth, and could also be an urethroplasty failure. Because the complication of this action is large, so it is necessary to perform post-urethroplasty follow up.¹

The aim of modern hypospadias repair is creating neo-urethral functional, straighten the arch and gaining normal penis appearance cosmetically with minimal complication. Since modern hypospadias repair was found, the complication rate decreased. Currently, the focus of hypospadias repair must be in increasing of cosmetical outcome.^{16,17,18}

Hypospadias Objective Penile Evaluation (HOPE) score is a scoring system to measure cosmetical outcome in hypospadias repair. HOPE score has fulfilled valid measurement instrumental criteria, including objective, reliable, and valid. HOPE score evaluates penile appearance on five basic surgically repairable items, including meatal position, the form of the gland, the form of penile skin and axis, penile torsion (observed in condition of erection), and penile curvature. The total of HOPE score range from 1 to 10. The interpretation of HOPE score is divided into two groups, not satisfied group with HOPE score ≤ 45 , and satisfied group with HOPE score > 45 .^{14,19}

METHODS

This was an observational analytic study with comparative cross-sectional design, conducted from December 2016 to January 2017 at urology department M Djamil Hospital, Padang. Home visit was also performed.

This study involved 26 patients with all types of hypospadias who undergone urethroplasty and met the following criteria : patients who undergone urethroplasty more than 6 months before this study conducted with complete wound healing and without further intervention plan.

RESULTS AND DISCUSSION

From 26 patients who underwent urethroplasty in this study, 13 patients had proximal hypospadias and 13 patients had distal hypospadias.

Age Distribution

Table 1. Age distribution of patients with hypospadias at M. Djamil General Hospital and Ropanasuri Hospital from December 2016 to January 2017

Age Distribution of Sample			
Variables	F	%	Description

Age			
Proximal hypospadias			
0 – 4 yrs			
5 – 9 yrs	2	15,38	Mean : 10,77± 4,36
10-14 yrs	3	23,08	
15-19 yrs	6	46,15	
	2	15,38	
Distal hypospadias			
0 – 4 yrs			
5 – 9 yrs	0	0	Mean : 11,15± 3,85
10-14 yrs	4	30,77	
15-19 yrs	6	46,15	
	3	23,08	

(Source : Primary data)

Table 1 showed that hypospadias was most commonly found in the 10 – 14 years age group ($n = 6$), dan mean age of distal hypospadias was higher than proximal hypospadias (mean $11,5 \pm 3,85$).

Mean age of hypospadias repair surgery in this study was 10,77 years in proximal type and 11,15 years in distal type. In Indonesia, primary hypospadias repair surgery is generally performed at the age of 6 to 18 months, although hypospadias repair at the age of 4 to 6 months had also been reported.

Table 2. Comparison of mean of HOPE score.

Distribution of HOPE score		
HOPE score	Keterangan	p - value
Proximal hypospadias	Mean : $38,69 \pm 7,33$	
Distal hypospadias	Mean : $45,15 \pm 2,97$	0,01

(Source : Primary data)

Based on table 2, the mean of HOPE score in distal hypospadias was higher than proximal type (45.15 ± 2.97 vs 38.69 ± 7.33) and that value was statistically significant ($p < 0.05$), thus we concluded that there is a significant association of the comparison of the mean of HOPE score.

However, this study did not found an association between *HOPE Score* and patients age when the operation is performed or the morphology of the penis before the surgery.

In table 3 we can see that the percentage of satisfaction level based on *HOPE score* was higher in distal hypospadias compared to the proximal hypospadias (69,2%) and there was a significant difference between the types of hypospadias and *HOPE score* ($p < 0,05$).

Many factors led to the high post surgery complications on the proximal type of hypospadias especially in term of the cosmetic outcome, it can be from the process of hypospadias disease, the degree of hypoplastic tissues of the penis, and inadequate surgery techniques.¹⁴

Patients with proximal hypospadias often complained about the size of the penis after successful surgery, where the penis is shorter than normal penis and this shortening is getting worse with increasing severity of the disease. This is due to the corpus cavernosum and the *erectile bodies* of the penis are smaller than normal, and also the elasticity of the corpus network in the penis is lower. Severe *chordae* where the degree of curvature $> 30^\circ$ often occurs after proximal hypospadias surgery, this is due to the inadequate surgical technique. In addition, the *chordae* occurs because of the disproportion of penile corpus growth size, especially when the patient is experiencing puberty.²⁷

The Relation of Hypospadias Type with <i>HOPE</i> Score							
Hypospadias type	<i>HOPE</i> Score				Total		<i>p-value</i>
	Satisfied		Dissatisfied				
	f	%	f	%	f	%	
Proximal	3	23.1	10	76.9	13	100	0.049
Distal	9	69.2	4	30.8	13	100	
(Sourcer: <i>Primary Data</i>)							

Mobilization of the urethra aggressively on proximal hypospadias repair increased the risk of *ischemic-induced urethral stricture* and *persistent chordae*. The penile glands size 14 mm or less on proximal type of hypospadias increased the complications during surgery, such as the occurrence of tension at the closing process of glans led the *glans dehiscence*, *meatal stenosis* and *urethral stricture*. That risk can cause the unsatisfactory cosmetic results.²⁷

CONCLUSION

The majority of proximal or distal hypospadias occur in the age 10-14 years, and the average age of distal hypospadias was higher than proximal hypospadias.

The mean *HOPE Score* on distal hypospadias was higher than proximal hypospadias.

There is a significant difference between hypospadias types and *HOPE Score*, where the distal hypospadias had better *HOPE Score*.

CONSENT

All authors declared that written informed consent was obtained from approved parties (parents or caregivers) for publication of these data.

ETHICAL APPROVAL

All authors hereby declared that the study was approved by the appropriate ethics committee and was performed in accordance with the ethical standards based on the 1964 Declaration of Helsinki.

CONFLICT OF INTERESTS

Authors have declared that there is no conflict of interest in this study.

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