



SDI Review Form 1.6

Journal Name:	Journal of Advances in Medical and Pharmaceutical Sciences
Manuscript Number:	Ms_JAMPS_28297
Title of the Manuscript:	The effectiveness of reality therapy concepts on self-esteem of the elderly people in the mental health center of Aramesh in Parsabad
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<u>Compulsory</u> REVISION comments	The introduction section is long with unnecessary details. Authors can consider to concise this section.	The elderly is part of the biological process that consists of all living organisms including human, and it is part of life that occurs after middle-age (Delavar, 1999). Probably, middle-age is the most important anthropological phenomenon of the late twentieth century and early twenty-first century. (Karami, et al. 2013). Also, in Iran some official statistics show that the elderly make up more than seven percent of the population (Hajiloo and Jafari, 2014). Increase in the elderly population due to due to birth decline, health condition improvement, life expectancy increase , makes the necessity of paying attention to the problems of this group ever-increasing and highlights the attention to different issues of the elderly. The importance of paying attention to the number of elderly in Iran lies in the fact that the Iranian elderly confront with physical and mental health related problems (Najafi, et al. 2013). One of the important variable that affects the elderly population and their mental health level is self-esteem of this vulnerable



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		group (Hojjati, et al. 2011). People who feel good about themselves, leave behind their conflicts easily, and stand up against negative pressures, and they can enjoy life well. Self-esteem is the major determinants in forming behavior and emotional patterns and to indicate individual's attitude towards himself/herself and outside world (Emami, 2007). Some studies indicate that people who have high self-esteem having features such as mental maturity, stability, realism, comfort, high ability to tolerate frustration and failure, while people with low self-esteem do not have such characteristics (Sardarabadi, 2006). So, low self-esteem causes many psychological problems including depression, anxiety, apathy, and solitude (Shahbazzadegan, et al. 2009). Tables are rechecked.
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	Tables should be more clear and concise	
Minor REVISION comments	Was the Rosenberg Self-Esteem Scale validated in their culture?	The reliability and validity of this scale has been confirmed among freshmen at Ahvaz Shahid Chamran University.
Optional/General comments		