1ANTIMICROBIAL ACTIVITY OF PLEUROTUS SQUARROSULUS ON CLINICAL2PATHOGENIC BACTERIA AND FUNGI

3 ABSTRACT

4 **Aim**: To evaluate the antimicrobial activities of *Pleurotus squarrosulus* mushroom extracts on bacterial and fungal isolates.

Study design: *Pleurotus squarrosulus* was obtained from different sources in Umuahia North Local
 Government, Abia state, Nigeria and identified in the Department of botany, University of Nigeria, Nsukka.

8 **Place and duration of study**: Antimicrobial activities of *Pleurotus squarrosulus* was carried out in the 9 department of microbiology between January 2016 and August 2016

10 **Methodology:** *Pleurotus squarrosulus* was extracted using ethanol, methanol and aqueous. 11 Antimicrobial susceptibility tests were carried out by agar disc diffusion technique using National 12 Committee of Clinical Laboratory Standard. Qualilative phytochemical analysis was carried out using 13 standard methods.

14 Results: Methanol, ethanol and aqueous extracts of Pleurotus squarrosulus were tested against E.coli, 15 B. cereus, S. aureus, P. aeruginosa, C. albicans and C. glabrata. The different test microorganisms 16 showed varied susceptibility to the test extracts. All the test organisms were inhibited by methanol, 17 ethanol and aqueous extract at varied concentrations ranging between 500 mg/ml and 125 mg/ml. 18 Statistically, inhibition of the antibacterial and antifungal control for the test organisms were significantly 19 higher (P < 0.05) than that of the extracts. The phytochemical analysis revealed the presence of saponin, 20 carbohydrates, tannins, flavonoids and proteins in all the extracts while glycoside and alkaloids, were 21 found in some.

22 Conclusion: The finding of this result suggest that *Pleurotus squarrosulus* possess broad-spectrum 23 antimicrobial activity. The potential of developing antimicrobials from plants appear rewarding.

24 Key words: Pleurotus squarrosulus, antimicrobial activities, mushroom, phytochemicals, bacteria, yeast

25 1. INTRODUCTION

Pleurotus species is one of the choice edible mushrooms which can be cultivated in many countries in the subtropical and temperate zones. Generally *Pleurotus* is referred to as "oyster mushroom" over the world while in China it is known as Abalone mushroom" and "Dhingri" in India. *Pleurotus* species have been

- used by the people in all over the world for their nutritional value, medicinal properties and otherbeneficial effects [1].
- Oyster mushrooms are easy to grow and process and do not need huge investment. Mushroom farming is being practiced in more than 100 countries and its production is increasing at the rate of 7 per cent per annum. Production of mushroom has already crossed 5 million metric tons annually in the world
- 34 and is expected to reach around 7 million metric ton in next ten years. India had been known world over
- 35 for its exotic mushrooms and total mushroom production in India was 48,000.00 tons in 2005. Oyster
- 36 mushroom cultivation has increased during the last decade [2].
- 37 Mushrooms have been used as food supplement from times immemorial not only for their flavor, aroma
- 38 and nutritive values but also for their medicinal properties [3, 4, 5]. Wild mushroom holds a variety of

bioactive compounds that have made it possible to be used as an impending source for the improvementof medicine and nutraceuticals [6].

A number of medicinal mushrooms, such as *Aleurodiscus, Coprinus, Clitocybe, Daedalea, Marasmius, Merulius, Pleurotus, Polyporus, Poria, Psathyrella, and Tricholoma* spp., are rich sources of ß-glucan,
lectin, phenolic compounds, flavonoids, polysaccharides, triterpenoids, diatery fibre, lentinan,
schizophyllan, lovastatin, pleuran, steroids, glycopeptides, terpenes, saponins, xanthones, coumarins,
alkaloid, purin, purimidin, kinon, fenil propanoid, kalvasin, volvotoksin, flammutoksin porisin, eryngeolysin
etc. [1].

47 These bioactive compounds have been employed as immune-modulator, anti-fibrotic, anti-48 inflammatory, anti-diabetic, anti-viral, antioxidant and antimicrobial agents [7]. Besides, mushroom has 49 been used extensively in traditional medicine for curing of various types of diseases [8, 9, 10]. For 50 centuries, mushrooms have been prescribed for treatment of diseases such as gastro-intestinal disorder, 51 bleeding, high blood pressure and various bacterial infections [11]. While some of the medicinal values 52 associated with mushroom must have arisen from surperstitious beliefs and myths, they have provided 53 information for curiosity research studies. Research has shown that some of these claims are not mere 54 myth but are authentic [12, 13]. Besides medicinal and nutritional use, mushroom can be used as natural 55 dyes for fabrics [14].

56 2. MATERIALS AND METHODS

57 2.1 Collection and identification of materials

Pleurotus squarrosulus was collected from different sources of Umuahia North Local Government area,
 Abia state and identified by a botanist in the Department of botany, University of Nigeria, Nsukka.

60 2.2 Test organisms used

Pure cultures of *Escherichia coli* JCM 20135 and *Bacillus cereus* IFO 13804 were obtained from Department of Microbiology, University of Nigeria Nsukka while pure cultures of *Staphylococcus aureus* ATCC 25923, *Candida albicans* ATCC 10231, *Pseudomonas aeruginosa* ATCC 25783 and *Candida glabrata* ATCC 22018 were obtained from Spectramedics Laboratories No. 2 Adebayo close, Araromi Offiri Ikenne Road, Sagamu, Ogun State.

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67 2.3 Standard antimicrobials

Tetracycline (5 μg/ml), Amplicillin (5 μg/ml), Oxacillin (5 μg/ml) and Nystatin (20 μg/ml) oxoid discs were
used as positive standards.

71 **2.4 Sample preparation and extraction**

Fresh *Pleurotus squarrosulus* mushrooms were thoroughly washed with distilled water, cut into pieces, air-dried at room temperature and pulverized using manual grinder. Fifty grams of each of the ground samples was soaked in 500 ml ethanol, cold water, and methanol for 24 hours with intermittent shaking. Each sample was filtered using Whatman №1 filter paper. The filtrate was dried with a rotary evaporator in order to obtain the extract which was scooped and poured into well-labeled sample bottles and stored at 4°C [15].

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79 2.5 Inoculum preparation

Pure cultures of *Escherichia coli* JCM 20135 and *Bacillus cereus* IFO 13804 were obtained from the Department of Microbiology, University of Nigeria Nsukka while pure cultures of *Staphylococcus aureus* ATCC 25923, *Candida albicans* ATCC 10231, *Pseudomonas aeruginosa* ATCC 25783 and *Candida glabrata* ATCC 22018were obtained from Spectramedics Laboratories, Sagamu, Ogun State, Nigeria. Inoculum was prepared by emulsifying overnight colonies from an agar medium. A 0.5 McFarland standard (equivalent to approximately 10⁸cfu/ml) was used. Media plates were inoculated within 30 minutes of standardizing the inoculum to avoid changes in inoculums density.

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88 **2.6 Determination of antimicrobial activity of mushroom extracts**

89 Antimicrobial activity of mushroom extracts was determined according to the National Committee of 90 Clinical Laboratory Standards [16]. Agar disc diffusion method on SDA and Muller-Hinton agar were used 91 for fungi and bacteria respectively. A micropipette was used to introduce 100 µL of the inoculum onto the 92 agar plate, and spread with glass rod spreader under sterile conditions. The paper discs of 6 mm 93 diameter soaked in 10 µL of different concentrations of the extracts (500, 250, 125, 62.5, 31.25, 15.63 94 and 7.81 mg/mL) was applied on the agar plate. Similarly, for control plates, paper discs of 6 mm with 95 dilute dimethylsulfoxide were used as negative control and antibiotics discs of tetracycline (10 µg/mL) and 96 ampicillin (10 µg/mL) were used for Gram negative bacteria isolates, oxacillin (5 µg/mL) was used for 97 Gram positive bacteria isolates whereas antifungi disc of nystatin (20 µg/mL) oxoid disc was used as 98 positive control.

This procedure was carried out in triplicate for the entire test organisms and allowed to stand for 30 min on the bench after which they were incubated for 24 h at $37 \pm 2^{\circ}$ C for bacteria and 72 at $28 \pm 2^{\circ}$ C for yeast. After incubation, the inhibition zone diameters produced by the different concentrations of the crude extracts were measured (in millimeter) using transparent meter rule.

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104 **2.7 Determination of minimum inhibitory concentrations (MICs) of the mushroom extracts**

105 The MIC of the extracts was determined for the test organisms in triplicates at varying concentrations 106 (250, 125, 62.5, 31.25, 15.62, 7.80 and 3.90 mg/ml). To obtain these concentrations, 1.0 ml of varying

concentrations of the extracts with double strength (500, 250, 125, 62.5, 31.25, 15.62 and 7.80 mg/ml) 107 were constituted in different test tubes. About 1.0 ml of Mueller-Hinton broth (for bacteria) and Sabouraud 108 109 dextrose broth (for fungi) was added and then a loopful of the test organism, previously diluted to 0.5 McFarland turbidity standard, was introduced. Controls of Mueller-Hinton broth and Sabouraud dextrose 110 111 broth without the mushroom extract were set up. All the bacterial cultures were incubated at $37\pm 2^{\circ}$ C for 112 24 hours and yeast culture incubated at 28± 2°C for 72 hours. After incubation each tube was examined 113 for microbial growth. The lowest concentration of the extract that inhibited the growth of the test 114 organisms as detected by lack of visual turbidity was designated the MIC [16].

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2.8 Determination of minimum bactericidal concentrations (MBCs) and minimum fungicidal concentrations (MFCs) of the mushroom extracts

118 MBC was determined by selecting tubes that showed no bacterial growth during the MIC 119 determination. A loopful from each of the tubes was sub-cultured on the Mueller Hinton Agar 120 and incubated for 24 hours at $37^{\circ}C \pm 2^{\circ}C$. MFC was determined by selecting tubes that showed no 121 fungal growth during MIC determination. A loopful from each of the test tubes was sub-cultured on Potato 122 Dextrose agar. The plates were incubated for 72 hours at $28 \pm 2^{\circ}C$ [16].

123

124 2.9 Statistical analysis

125 Experimental values were given as means ± standard deviation (SD). Statistical significance of data were

126 analyzed at P ≤ 0.05 (Independent-Samples T Test) using statistical package for social sciences (SPSS,

127 Armonk, NY, USA) version 20.

128 3. RESULTS AND DISCUSSION

129 Natural products not only provide valuable components but also an important source of bioactive compounds that provide lead information for developing useful synthetic compounds. Mushrooms contain 130 a large number of biologically active components that impart health benefits and protection against 131 degenerative diseases. They have been traditionally used in all over world for treatment of variety of 132 chronic disease. Antimicrobial activity of the crude extract of Pluerotus squarrosulus as well as 133 phytochemical characteristics were studied. Table 1 shows the result of the MIC and MBC of the 134 ethanolic, methanolic and aqueous extracts of P. squarrosulus on the test organisms. The MIC of 135 ethanolic extract of P. squarrosulus showed that B. cereus, S. aureus, P. aeruginosa and E.coli, had 136 15.63, 15.63, 15.63 and 31.25 mg/ml with MBC of 15.63, 31.25, 31.25 and 31.25 mg/ml respectively. The 137

methanolic extract of *P. squarrosulus* showed that the MIC varied between 3.90 and 125 mg/ml with MBC
of 7.81 to 125 mg/ml while the MIC of aqueous extract of *P. squarrosulus* varied between 31.25 and
62.50 mg/ml with MBC of 31.25 to 125 mg/ml.

Table 2 shows the result of the average MIC and MFC of the ethanolic, methanolic and aqueous extracts of *P. squarrosulus* on test organisms. The MIC of ethanolic extract of *P. squarrosulus* showed 15.63 mg/ml for *C. albicans* and 125 mg/ml for *C. glabrata* with MFC of 31.25 and 125 mg/ml, respectively, the MIC of methanolic extract of *P. squarrosulus* showed 250 mg/ml for *C. albicans* while *C. glabrata* showed no activity with MFC of 250 mg/ml for *C.albicans* while the MIC of aqueous extract of *P. squarrosulus* showed 7.81 mg/ml for *C. albicans* and 62.5 mg/ml for *C. glabrata* with MFC of 15.25 and 125 mg/ml, respectively.

Table 3 shows the phytochemical analysis that revealed the presence of bioactive compounds which were present at varying levels. Saponins, protein and carbohydrate were detected in all the extracts while glycosides, alkaloids, tannins and flavonoids were found in some.

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152 Figure 1 shows the antimicrobial activity of Pleurotus squarrosulus methanol extract on the test 153 organisms. The mean inhibition zone diameter varied directly with increase in extract concentration. 154 E.coli was inhibited at different concentration of 500, 250 and 125 mg/ml, P. aeruginosa and B. cereus 155 were inhibited at different concentration ranging from 500 mg/ml to 62.5 mg/ml, also S. aureus was 156 inhibited at different concentrations ranging from 500 mg/ml to 31.25 mg/ml and C. albicans were 157 inhibited at different concentrations of 500 mg/ml to 31.25 mg/ml whereas C. glabrata was not inhibited by 158 the extract even at the highest concentration of 500 mg/ml. However, inhibition of the antibacterial and 159 antifungal control for the test organisms were significantly higher (p < 0.05) than that of the extract.

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Figure 2 presents the antimicrobial activity of *Pleurotus squarrosulus* ethanol extract on the test organisms. *E. coli, B. cereus, S. aureus* and *C.albicans* were well inhibited at different concentrations ranging from 500 mg/ml to 31.25 mg/ml while *P. aeruginosa* were inhibited at concentrations between 500 mg/ml and 62.5 mg/ml whereas *C. glabrata* that was only inhibited at concentrations of 500 mg/ml and 250 mg/ml. However, inhibition of the antibacterial and antifungal control for the test organisms were significantly higher (p < 0.05) than that of the extract.

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Figure 3 shows the result obtained for the antimicrobial activity of *Pleurotus squarrosulus* aqueous extract. *B. cereus, S. aureus, C. albicans* and *C. glabrata* were well inhibited by the extract at concentrations ranging from 500 to 125 mg/ml. *E. coli* and *P. aeruginosa* were not inhibited even at the highest concentration of 500 mg/ml. However, inhibition of the antibacterial and antifungal control for the test organisms were significantly higher (p < 0.05) than that of the extract.

173 The results indicated that extracts from mushroom has similar antimicrobial properties as reported by 174 Nwachukwu and Uzoeto [15]. The sensitivity of isolates to the mushroom extracts implies that intrinsic 175 substance in the extracts is unknown to the microorganisms which made it impossible for them to resist. 176 The variations in the antimicrobial activities of Pleurotus squarrosulus extracts may be due to the 177 differences in their bioactive compositions or concentrations, methods of extraction and mechanism of 178 action of active ingredients [17]. The results of the present study strengthened the outcomes of earlier 179 works done by others that showed mushrooms produced a great variety of antimicrobial agents. For 180 instance, it is known that the extract from fruit bodies of several Lactarius sp. [18, 19]; Fomitopsis sp. [20]; 181 Boletus sp. [21]; Cortinarius sp. [22]; Ganoderma lucidum, Navesporus floccosa and Phellinus rimosus 182 [23]; Pleurotus tuber-regium [24]; Amanita caesarae, Armillaria mellea, Chroogomphus rutilus, 183 Clavariadelphus truncates, Clitocybe geotropa, Ganoderma sp., Ganoderma carnosum, Hydnum 184 repandum, Hygrophorus agathosmus, Lenzites betulina, Leucoagaricus pudicus, Paxillus involutus, 185 Polyporus arcularius, Rhizopogon roseo, Sarcodon imbricatus, Suillus collitinus, Trametes versicolor, 186 Tricholoma auratum, Tricholoma fracticum [25]; Lactarius deliciosus, Sarcodon imbricatus and Tricholoma portentosum [26]; Russula delica [27]; Pleurotus eryngii var. ferulae [28]; Infundibulicybe geotropa, 187 Lactarius controversus, Lactarius delicious and Phellinus hartigii [29]; Lactarius indigo [30] and Stereum 188 189 ostrea [31] contain a wide range of antimicrobial activity.

190 4.CONCLUSION

191 This research has further illuminated the medicinal value of *Pleurotus squarrosulus* found in 192 Umuahia North Local Government, Abia State Nigeria. From the present study, the sensitivity of isolates to the mushroom extracts implies that intrinsic substance in the extracts is unknown to themicrorganisms, which made it impossible for them to resist.

195

196 Table 1: The MIC and MBC of crude extract of *Pleurotus squarrosulus*

Extract	Test organism	MIC (mg/ml)	MBC (mg/ml)
	B. cereus	15.63	15.63
Ethanol	S.aureus	15.63	31.25
	P. aeruginosa	15.63	31.25
	E.coli	31.25	31.25
Methanol	B. cereus	3.90	7.81
	S.aureus	31.25	62.5
	P. aeruginosa	62.5	62.5
	E.coli	125	125
Aqueous	B. cereus	62.5	125
	S.aureus	31.25	31.25
	P. aeruginosa	ND	ND
	E.coli	ND	ND

197 ND = NOT DETERMINED

Extract	Test organism	MIC (mg/ml)	MFC (mg/ml)
Ethanol	C.albicans	15.63	31.25
Linanoi	C.glabata	125	125
Methanol	C.albicans	250	250
Methanol	C.glabata	ND	ND
Aqueous	C.albicans	7.81	15.25
	C.glabata	62.5	125

199 Table 2: The MIC and MFC of the crude extract of *Pleurotus squarrosulus*

200 ND = NOT DETERMINED

202 Table 3: PHYTOCHEMICAL ANALYSIS OF PLEUROTUS SQUARROSULUS IN DIFFERENT

203 SOLVENT

204	Solvents	Methanol	Ethanol	Aqueous
205	Saponin	++	+	+
206	Tannins	+	++	+
207	Flavonoid	+	++	+
208	Alkaloid	+	+	-
209	Proteins	++	+++	++
210	Glycosides	++	+++	-
211	Carbohydrates	++	++	++

212

Legend: - = not present, + = present in low concentration, ++ = moderate, +++ = present in high concentration,

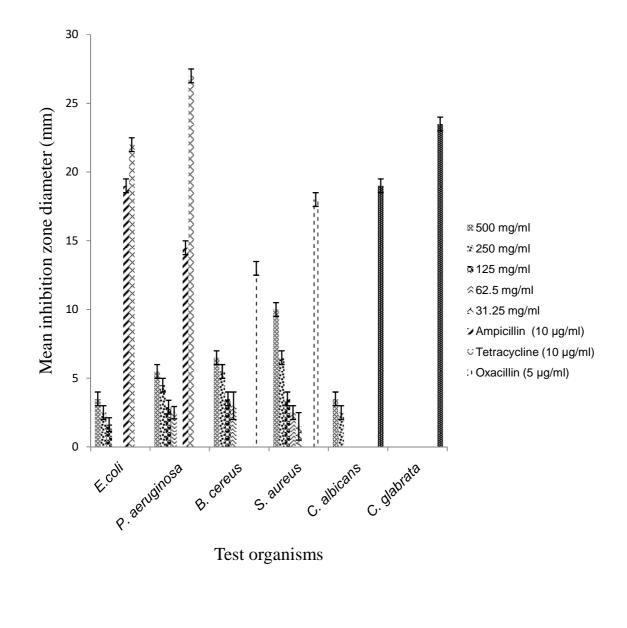
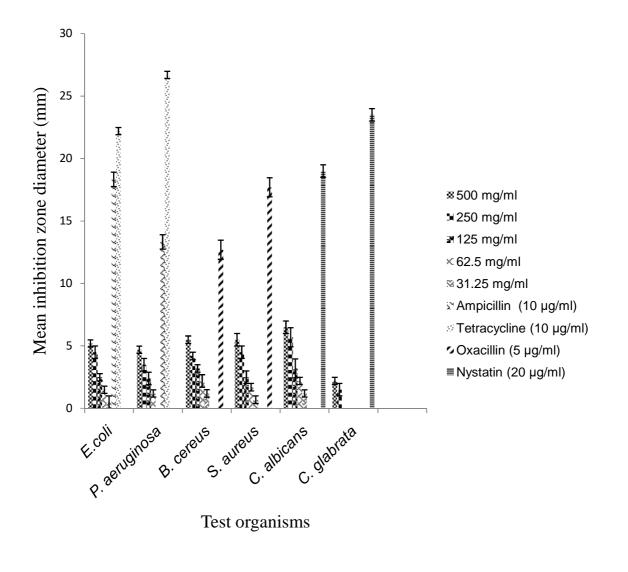


Figure 1: The antimicrobial activity of *Pleurotus squarrosulus* methanol extract on the test organisms

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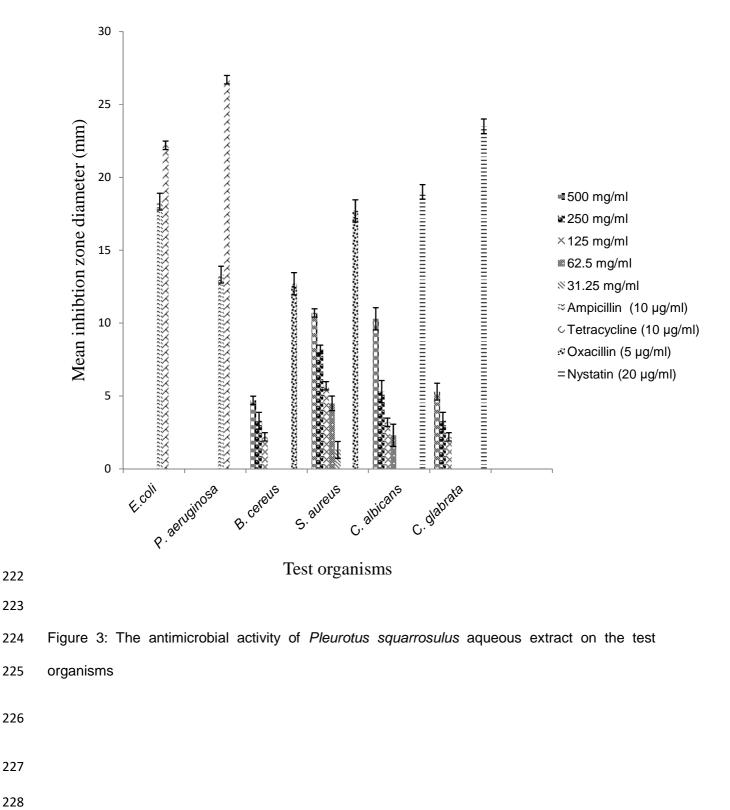


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220 Figure 2: The antimicrobial activity of Pleurotus squarrosulus ethanol extract on the test

²²¹ organisms



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