

1 **Effects of Immobilization , Heat Stress and Antioxidant**  
2 **Supplementation on Thermoregulation and Haematological**  
3 **Responses in Male Rabbits (*Oryctolagus cuniculus*)**  
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9 **ABSTRACT**

10 **Background and Objectives** : Immobilization stress may induce negative  
11 effects on physical and physiological activities of humans and animals. **Heat stress**  
12 **also influences the health and survival of mammalian species** , particularly under  
13 tropical conditions . The objective of the study was evaluation of the responses to  
14 immobilization (IMO) and acute heat stress (HS) in a rabbit model . The potential  
15 protective effects of administration of antioxidants on IMO and acute heat stress  
16 (HS) were also assessed . **Materials and Methods** : Sixty six male rabbits  
17 (mean **body weight , BW** :1582±28g) were used in three trials to investigate the  
18 effects of HS , IMO+HS and administration of vitamin C (IMO+HS +Vit C) or  
19 vitamin E-selenium (IMO+HS+VitaminE-Se). Immobilization was performed by  
20 fixing the animals in a specially designed box ; HS was induced by exposing  
21 rabbits to direct solar radiation (370 **W/m<sup>2</sup>**) for 1 hour (trial 1) and 2 **hours** (trials  
22 2 and 3). The body weight (BW) , rectal temperature (Tr) and heart rate (HR) were  
23 monitored and venous blood samples were collected before the beginning of the  
24 trial and then at 2, 24 and 48 **hours** after the end of the trial. The packed cell  
25 volume (PCV) , total leukocytes count (TLC) and differential leukocytes count

26 (DLC) were determined . **Results** :In trial- I, 18 rabbits were randomly assigned to  
27 3 groups of 6 each (control, HS and IMO+HS ). HS rabbits showed higher values  
28 of HR ( $P<0.01$ ) compared to IMO+HS rabbits . In trial -II , 24 rabbits were  
29 assigned to 4 groups comprising control, HS, IMO+HS (received 2 doses of  
30 normal saline) and IMO+HS +Vit. C (received 2 doses of 300 mg/kg/BW each  
31 Vit.C **subcutaneously** ). IMO+HS animals had higher responses compared to HS,  
32 as evidenced by significantly ( $P<0.01$ ) higher values of Tr and HR. Administration  
33 of Vit. C decreased Tr, and maintained HR and haematological parameters  
34 relatively constant. In trial 3, 24 rabbits were assigned to 4 groups comprising  
35 control(received 2 doses of normal saline s/c) , HS, IMO+HS and IMO+HS +Vit.  
36 E-Se (received 2 doses 100 mg/kg/BW each Vit E-Se s/c). The responses of  
37 animals to IMO+HS were greater compared to HS alone. IMO+HS significantly  
38 ( $P<0.001$ ) increased Tr and HR. Furthermore, IMO+HS rabbits showed significant  
39 ( $P<0.001$ ) decreases in PCV and TLC after 48hrs and 24 **hours**, repectively,  
40 compared to the values of control rabbits. Administration of Vit.E-Se decreased Tr,  
41 HR and maintained haematological parameters relatively constant. **Conclusion** :  
42 **Immobilization aggravated the negative effects of heat stress**, while Vit. C was  
43 more effective than Vit.E-Se in alleviation of hyperthermia and maintaining  
44 normal haematological parameters in rabbits .

45

46 *Keywords: Rabbit ; Immobilization ; Heat stress ; Antioxidants ;*  
47 *Thermoregulation ; Blood constituents .*

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50 **1. INTRODUCTION**

51 Stress is associated with increased incidence of morbidity and mortality rates  
52 in animals and humans. The induced oxidative stress influences body  
53 homeostasis [1] which plays a major role in prevalence of several health  
54 problems that include cardiovascular diseases [2] , hypertension, and other  
55 metabolic disorders [3]. Exposure of rabbits to high environmental  
56 temperature caused disturbances in blood parameters, enzymatic reactions  
57 and hormonal secretions [4-6] . Under certain **circumstances HS** could be  
58 associated with **IMO stress**. IMO has been considered as an acceptable  
59 protocol for physical and psychological stress in mammals [7,8] . It could be  
60 associated with several physiological and haematological changes involving  
61 leukocyte and erythrocytes [9 -11].

62 Micronutrients and antioxidant substances, primarily Vitamin C ,  
63 Vitamin E and selenium(Se) were used to alleviate various forms of stress  
64 including IMO [12] , restraint [13 ,14] and HS [15]. Immobilization in  
65 humans and animals for a prolonged time as in cases of physical disability is  
66 associated with several physiological disorders related to responses of  
67 **hypothalamic–pituitary–adrenal (HPA)** axis. There is paucity of information  
68 regarding the combined effect of heat and immobilization stress and  
69 alleviation by supplementation of antioxidants. Accordingly, this study aimed  
70 to adopt the rabbit model to evaluate the responses to immobilization and  
71 heat stress and potential beneficial effects of administration of Vitamin C or  
72 Vitamin E+Se .

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## 74 **2. MATERIALS AND METHODS**

### 75 **2.1 Animals, Housing, Feeding and Management**

76 Sixty six (66) mature male rabbits with an average BW of 1582±28g were used  
77 . Animals were kept in the animal house at the Department of Physiology,  
78 Faculty of Veterinary Medicine , University of Khartoum in individual cages  
79 and were allowed to adapt to the experimental procedures for two weeks.  
80 During the adaptation period, animals were given access to food and tap water  
81 *ad libitum*. Animals were given fresh lucerne (*Medicago sativa*) and a rich  
82 source of starch (Sorghum grains). All animals were given a prophylactic dose  
83 of anthelmintic injection (Ivermectin 0.02 ml/kg BW) and antibacterial  
84 injection (Oxytetracycline: 7.5 mg/kg BW).

## 85 **2.2 Immobilization of animals**

86 Immobilizations stress was induced using a specially designed wood box (102 x  
87 32 x 22 cm). The box was divided into 6 individual chambers and supplied with  
88 horizontal tape to restrain the animals .During experimental periods , animals  
89 were placed inside the immobilization device and fixed gently, with their heads  
90 outside the chambers .

## 91 **2.3 Rectal temperature (Tr) , heart rate (HR) and body weight (BW)**

92 The ambient temperature (Ta), relative humidity (RH) and wind speed (WS)  
93 measurements were obtained from the nearest Meteorological station . The Tr  
94 was measured using a digital thermometer, while the HR of animals was  
95 monitored using a stethoscope and stopwatch.

## 96 **2.4 Haematological Parameters**

97 Standard haematological methods described by Jain [16] were used for  
98 measuring the haematological parameters, PCV, Hb concentration, total  
99 leukocyte count (TLC) and differential leukocyte count (DLC).

100

## 101 **2.5 Experimental Design**

102 In trial-I , 18 rabbits were assigned to three groups with equal numbers :  
103 control group rabbits were on free movement under shade, **HS rabbits** were on  
104 free movement and subjected to heat stress by exposure to direct solar radiation  
105 for 1hour, **HS+IMO** rabbits were subjected to the specified treatments for  
106 1hour. In trial-II , 24 rabbits were randomly assigned to 4 groups with equal  
107 numbers : control rabbits were on free movement under shade, **HS rabbits**  
108 were on free movement and subjected to heat stress for 2hrs, HS+IMO animals  
109 were injected with normal saline and then subjected to HS+IMO stress for 2  
110 hrs, and HS+IMO+Vit.C treated, HS+IMO+Vit.C rabbits received 2 doses of  
111 300mg(s/c) of Vit. C/kg (Troy Laboratories PTY, Ltd, Australia) .The first  
112 dose was injected one week prior to the experiment and the second dose was  
113 injected immediately before the animals were subjected to **HS +IMO** for 2 hrs.  
114 The initial baseline values for thermoregulation were obtained and blood  
115 samples were taken before the beginning of the trial and then at 2, 24 and 48  
116 hours after the end of the treatments. In trial-III , 24 rabbits were randomly  
117 assigned to four groups with equal numbers : control rabbits were on free  
118 movement under shade, heat stressed (HS) rabbits were on free movement and  
119 subjected to heat stress for 2hrs, heat stressed +immobilized (HS+IMO) rabbits  
120 were injected with normal saline and then subjected to **HS+IMO** stress for  
121 2hours , and **HS** , **IMO** and Vit.E+Se (IMO+HS+Vit.E-Se) rabbits were pre-  
122 administered two doses of 100mg/kg Vit.E–Se (Fravet Laboratories B.V.,  
123 Netherlands) each s/c . The first dose was injected one week before the  
124 treatment while the second dose was injected immediately before subjecting  
125 animals to **HS and IMO** for 2 hours. For all trials, the initial baseline values for  
126 thermoregulation were obtained and blood samples were taken before the onset  
127 of the experiment and then at 2, 24 and 48 hours after the end of exposure to  
128 treatments.

129 **2.6 Statistical Analysis**

130 The data were analysed using statistical analysis **SAS – 2002** software [17] .  
131 One-way ANOVA test according to complete randomized design(CRD was  
132 used . The difference between **mean value** was separated by least significant  
133 difference (LSD) test. The results were presented as mean±SD and the P<0.05  
134 was considered statistically significant.

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136 **3. RESULTS**

137 **3.1 Effects of Acute HS and IMO for One Hour**

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142 **3.1.1 Climatic conditions**

143 The data of Ta, **RH and WS** during the experimental period (November and  
144 December, **2015**) are presented inTable1.

145 **3.1.2 Rectal Temperature and Heart Rate**

146 The effects of HS and IMO+HS on Tr and HR are presented in Table 2. There  
147 was a significant (P<0.001) increase in Tr in HS and IMO+HS rabbits  
148 compared to the control group value. The mean value of Tr for IMO+HS rabbits  
149 was higher than that for HS rabbits.The HR was significantly increased in HS  
150 (P<0.01) and IMO+HS (P<0.05) rabbits compared to the control rabbits.

151 **3.1.3 Packed Cell Volume and Total Leukocyte Count**

152 Table 3 shows the effects of HS and IMO+HS on PCV and TLC .There was no  
153 significant difference in PCV of HS and IMO+HS rabbits during the  
154 experimental period. However, the data showed a slight decrease in PCV of HS  
155 rabbits and a slight increase in PCV of IMO+HS rabbits compared to the

156 respective control values. The TLC was non-significantly decreased in HS and  
157 IMO+HS rabbits compared to the control group rabbits. The decrease was more  
158 pronounced in IMO+HS rabbits than in the HS rabbits.

#### 159 **3.1.4 Differential Leukocyte Count**

160 The effects of HS and IMO+HS on DLC are illustrated in Table 4. The data  
161 indicate non-significant difference in the **percentage** of lymphocytes and  
162 neutrophils of HS and IMO+HS rabbits compared to respective control group  
163 values. The monocyte **percentage** was non-significantly different between HS  
164 and IMO+HS rabbits compared to the mean value of the control group rabbits.  
165 However, the data showed that in IMO+HS rabbits, the monocyte **percentage**  
166 was slightly decreased compared to the control rabbits. The eosinophil  
167 **percentage** of IMO+HS rabbits was slightly decreased after the treatments  
168 compared to the value of the control group rabbits. The basophil **percentage**  
169 was slightly increased in IMO+HS rabbits compared to the respective values of  
170 the control rabbits.

### 171 **3.2 Effects of HS , IMO and Administration of Vitamin C.**

#### 172 **3.2.1 Rectal temperature and heart rate**

173 The results of the effect of HS, IMO+HS and IMO+HS and administration of  
174 Vit. C on Tr and HR are presented in Table 5. Tr was significantly ( $P<0.001$ )  
175 increased in HS, IMO+HS and IMO+HS+Vit. C rabbits after 2hrs, and in  
176 IMO+HS rabbits ( $P<0.01$ ) after 24 and 48 hrs compared to the respective mean  
177 value of control rabbits. Tr values were highest in IMO+HS rabbits throughout  
178 the experimental period. Vit. C administration normalized Tr of IMO+HS +  
179 Vit. C treated rabbits . The HR was significantly increased in HS rabbits  
180 ( $P<0.01$ ) after 24hrs, and in IMO+HS rabbits after 2hrs ( $P<0.01$ ) and 24hrs  
181 ( $P<0.001$ ) compared to the respective control rabbits. The HR was highest in

182 IMO+HS rabbits throughout the experiment. Administration of Vit. C  
183 maintained the HR of IMO+ HS+Vit. C treated rabbits.

### 184 **3.2.2 Packed Cell Volume and Total Leukocyte count**

185 The effects of HS, IMO+HS and IMO+HS + Vit. C on PCV and TLC are  
186 presented in Table 6. The PCV was significantly ( $P<0.05$ ) lower in IMO+HS  
187 rabbits after 48hrs compared to the respective control value . The pattern  
188 indicates that the PCV of IMO+HS + Vit. C treated rabbits was slightly higher  
189 after 2hrs, and then slightly lower after 24hrs compared to the control group at  
190 the same time points. The TLC was significantly ( $P<0.01$ ) decreased in  
191 IMO+HS rabbits after 2hrs, significantly increased in HS rabbits after 24hrs  
192 ( $P<0.01$ ) and 48hrs ( $P<0.05$ ), and in IMO+HS + Vit. C treated rabbits after  
193 24hrs ( $P<0.05$ ) compared to the control group values . The TLC was lowest in  
194 IMO+HS rabbits throughout the experimental period, and Vit. C administration  
195 relatively maintained the TLC in rabbits.

### 196 **3.2.3 Differential Leukocyte Count**

197 The effects of HS, IMO+HS and IMO+HS + Vit. C on DLC in rabbits are  
198 presented in Table 7. The lymphocyte **percentage** was significantly increased  
199 in HS rabbits after 24hrs ( $P<0.01$ ) and 48hr ( $P<0.05$ ). In IMO+HS rabbits, a  
200 significant ( $P<0.05$ ) decrease was obtained after 24hrs , however , a significant  
201 ( $P<0.05$ ) increase was obtained in the same experimental group after 48hrs.  
202 Also there was a significant ( $P<0.05$ ) increase in lymphocyte **percentage** of  
203 IMO+HS + Vit. C rabbits after 48hrs compared to the respective control values.  
204 There was a significant decrease in neutrophil **percentage** in HS rabbits after  
205 24hrs ( $P<0.01$ ) and 48hrs ( $P<0.05$ ). In IMO+HS rabbits, the value was  
206 significantly ( $P<0.05$ ) increased after 24hrs, however, it was significantly  
207 ( $P<0.01$ ) decreased after 48hrs. In IMO+HS + Vit. C rabbit, a significant  
208 ( $P<0.01$ ) decrease was obtained after 24 and 48 hrs compared to the respective



209 control values. The monocyte **percentage** was slightly decreased in HS rabbits  
210 after 2hrs compared to the respective mean value of control rabbits. The results  
211 indicate that the eosinophil **percentage** was significantly ( $P<0.05$ ) decreased in  
212 IMO+HS rabbits after 48hrs compared to the control rabbits. The basophil  
213 **percentage** decreased significantly ( $P<0.05$ ) in HS rabbits after 2 hrs compared  
214 to the respective control group value.

### 215 **3.3 Effect of HS, IMO and Administration of Vit. E-Se**

#### 216 **3.3.1 Rectal Temperature and Heart Rate**

217 Table 8 shows the effects of HS, IMO+HS and IMO+HS+Vit. E-Se on Tr and  
218 HR in male rabbits. Tr was significantly increased in HS rabbits after 2hrs  
219 ( $P<0.001$ ), in IMO+HS rabbits after 2hrs ( $P<0.001$ ) and 48hrs ( $P<0.05$ ), and in  
220 IMO+HS + Vit. E-Se rabbits only after 2hrs ( $P<0.01$ ) compared to the  
221 respective control group values . Administration of Vit. E-Se maintained Tr of  
222 IMO+HS +VitE-Se after 24 and 48 hrs. The data indicate that the HR was  
223 significantly ( $P<0.01$ ) increased in IMO+HS rabbits after 2 hrs , 24 hrs and 48  
224 hrs compared to the respective control group values. In HS rabbits, there was a  
225 slight increase in HR after 2hrs and 24 hrs. A non-significant increase was also  
226 obtained in IMO+HS + vitamin E - Se rabbits after 2 hrs and 24 hrs.  
227 Administration of vitamin E - Se maintained the HR of IMO+HS +Vit.E-Se  
228 rabbits relatively constant.

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#### 230 **3.3.2 Packed Cell Volume and Total Leukocyte Count**

231 The effects of HS, IMO+HS and IMO+HS+Vit. E-Se on PCV and TLC in  
232 male rabbits are presented in Table 9. The pattern indicates that the PCV of  
233 HS and IMO+HS rabbits was slightly decreased after 2 and 24 hrs and the  
234 PCV of IMO+HS+Vit. E-Se rabbits was slightly increased after 2hrs  
235 compared to the respective control group values. The PCV of IMO+HS

236 rabbits maintained the lowest value throughout the experimental period. The  
237 TLC decreased significantly ( $P < 0.01$ ) after 2hrs and then increased after  
238 24hrs in HS rabbits. A non-significant decrease was obtained in IMO+HS  
239 rabbits after 2hrs and a significant ( $P < 0.01$ ) decrease was reported after  
240 48hrs. In IMO+HS+Vit. E-Se rabbits, TLC was decreased after 2hrs, and  
241 the values remained lower after 24 hrs and 48 hrs compared to the respective  
242 control group values. In IMO+HS +Vit. E-Se rabbits, TLC values were  
243 relatively maintained compared to the other experimental groups .

### 244 **3.3.3 Differential Leukocyte Count**

245 Table 10 shows the effect of HS, IMO+HS and IMO+HS+Vit. E-Se on DLC  
246 . The lymphocyte **percentage** decreased significantly in HS rabbits after 2hrs  
247 ( $P < 0.05$ ), and in IMO+HS rabbits after 2hrs ( $P < 0.05$ ) and 24hrs ( $P < 0.01$ ). The  
248 lymphocyte **percentage** was lowest in IMO+HS rabbits throughout most of the  
249 experimental period. Administration of Vit. E-Se alleviated the lymphopenia  
250 induced by IMO+HS. There was a significant ( $P < 0.01$ ) increase in neutrophil  
251 **percentage** of HS rabbits after 2hrs. The data also indicate a significant  
252 ( $P < 0.01$ ) increase in neutrophil **percentage** of IMO+HS rabbits after 2hrs  
253 compared to the respective control group values . Administration of Vit. E-Se  
254 ameliorated the neutrophilia induced by IMO+HS. The monocyte **percentage**  
255 was significantly ( $P < 0.01$ ) decreased in HS rabbits and non-significantly  
256 decreased in IMO+HS rabbits after 2hrs. Administration of Vit. E-Se  
257 maintained the monocyte **percentage** induced by IMO+HS. The eosinophil  
258 **percentage** was significantly ( $P < 0.05$ ) decreased in HS rabbits after 2hrs,  
259 followed by non-significant increase after 24 hrs and 48 hrs. In IMO+HS  
260 rabbits, the eosinophil **percentage** was significantly increased ( $P < 0.05$ ) after  
261 24hrs compared to the control value. The pattern indicates that the eosinophil  
262 **percentage** of IMO+HS rabbits decreased after 2hrs, and increased after 48hrs.

263 The eosinophil percentage increased non-significantly in IMO+HS+Vit. E-Se  
264 rabbits after 48hrs. However, administration of Vit. E-Se maintained the  
265 eosinophil **value** relatively constant after 2hrs and 24hrs. The basophil  
266 **percentage** decreased in IMO+HS rabbits after 24 hrs. Administration of Vit.  
267 E-Se slightly reversed the change in basophil **value** induced by IMO+HS.

## 268 **4.DISCUSSION**

### 269 **4.1 Thermoregulation and Heart Rate :**

270 The results showed marked hyperthermia in all groups of rabbits exposed  
271 to HS (Tables 5, 6 and 8). Hyperthermia was more remarkable in IMO+HS  
272 rabbits , however, IMO+HS+Vit.C and IMO+HS+Vit.E+Se rabbits  
273 exhibited a slight increase in Tr. Increased thermal load enhanced heat gain  
274 from the surrounding leading to heat stress [18] . Thermoregulation in  
275 rabbits was directly influenced by thermal environments [19] .The sensible  
276 heat loss becomes non-effective at high ambient temperature and is replaced  
277 by evaporative heat loss through panting . Furthermore, heat generated by  
278 the respiratory muscles activity during panting may contribute to the high  
279 core temperature [20,21] . The reduction in Tr associated with  
280 micronutrient supplementation (Tables 6 and 9) is presumably attributed to  
281 the antioxidant effects of both Vit. C and Vitamin E in protecting the  
282 biological membranes against the lipid peroxidation by **reactive oxygen**  
283 **species** , ROS [22 ] . An increase in Tr of rabbits submitted to heat stress,  
284 decreased significantly on administration of Vitamin E – Se [15] . Similar  
285 results were obtained in pigs exposed to HS after supplementation with  
286 vitamins C and E [23] .

287 The data indicated occurrence of tachycardia in all experimental groups of  
288 rabbits exposed to HS (Tables 2,5,8). The highest HR values were reported  
289 in IMO+HS rabbits, and the lowest values were reported in the IMO+HS +

290 Vit. C or Vit. E-Se treated rabbits. During heat stress, both noradrenergic  
291 signaling and circulating catecholamine increase, leading to a global hyper-  
292 adrenergic state [24] . The tachycardia obtained during the current studies  
293 could be attributed to the direct effect of heated blood on the cardiac  
294 pacemaker and the sympathetic and parasympathetic effects of the arterial  
295 baroreflexes or the hyperadrenergic state on the heart [25] . Elevation in  
296 blood temperature during heat stress was associated with cardiovascular  
297 responses including tachycardia in dogs [26,27] . In rabbits, exposure to hot  
298 humid environment caused significant increase in pulse rate [28] .  
299 Immobilization (IMO) may have augmented heat stress and thus induced  
300 tachycardia. Crestani *et al.* [29] reported tachycardia after exposure of rats  
301 to acute restraint stress. The attenuated tachycardia (Tables 5 and 8) could be  
302 attributed to the antioxidant properties of Vit. C and Vit. E-Se that  
303 alleviated the negative effect of stress by depressing the activity of central  
304 nervous system [30, 31].

#### 305 **4.2 The PCV :**

306 In the current results, the PCV of HS and IMO+HS rabbits decreased, while  
307 that of Vit. C and vitamin E - Se treated rabbits slightly increased compared  
308 to the control rabbits (Tables 3, 6 and 9). Heat stress elevated blood  
309 temperature, and the erythrocyte osmotic fragility of erythrocytes was  
310 proportionally related to the blood temperature [32,33] due to high  
311 production of reactive free radicals [34] . The findings are in agreement  
312 with previous studies which reported haemocytopenia during exposure to  
313 hot environments in rabbits [ 6,35,36] and rats [37] . The slight increase in  
314 PCV obtained in Vit.C and Vit E-Se treated rabbits (Tables 6 and 9) is in  
315 accordance to previous studies in heat stressed rats, which attributed the  
316 increase to the role of Vit. C and vitamin E in alleviating harmful effect of

317 heat stress on the erythrocytic membranes by scavenging oxidative free  
318 radicals and consequently decreasing haemolysis of erythrocytes [38] .

### 319 **4.3 The Leukocytic Profile :**

320 The TLC was decreased in most experimental groups of rabbits after the  
321 treatment compared to the control rabbit values (Tables 3, 6 and 9), followed  
322 by increased TLC, observed mainly in HS rabbits (Tables 6 and 9). Various  
323 stressors, including heat stress, are associated with high concentration of  
324 glucocorticoids and high environmental temperature causes multiple  
325 functional and metabolic changes in body tissues and cells including  
326 immune cells [18 ]. The leukopenia reported following heat stress in rabbits  
327 could be attributed to the presence of local chemotactic agents causing a  
328 shift of leukocytes to the reservoirs pools [39] .Ondruska *et al.* [36]  
329 reported significant leukopenia in rabbits after exposure to high ambient  
330 temperature. The increase in TLC observed in HS rabbits thereafter during  
331 the experiment compared to the treated rabbits (Tables 6 and 9) could be  
332 associated with the anti-corticosteroid activities of Vit. C and vitamin E  
333 which **inhibit** the release of leukocytes from their pools into the circulation  
334 [40] . The higher mean values of **Ta and RH** during day 3 of the trial (Table  
335 1) may account for the remarkable leukopenia obtained in IMO+HS+Vit. E-  
336 Se (Table 9) compared to the IMO+HS+Vit. C treated rabbits (Table 6).  
337 The ability to regulate body temperature is influenced by environmental  
338 factors such as temperature, humidity and wind speed [41] . Furthermore ,  
339 previous studies pointed to the ability of Vit. C and Vit. E to inhibit  
340 oxidative processes of lipids and lipoproteins in leukocytic cell membrane  
341 [42 , 43].

342 The current study indicated that the most pronounced changes in leukocytic  
343 profile were increase in lymphocyte **percentage** and decrease in neurophil

344 percentage in rabbits exposed to IMO+HS compared to the control rabbit  
345 values (Tables 7 and 10). The lymphopenia and neutrophilia were more  
346 pronounced in HS and IMO+HS group rabbits compared to the other  
347 experimental groups. Glucocorticoids produced during stress influence the  
348 lymphocytes subsets by redistributing them from peripheral blood , spleen  
349 and bone marrow to mesenteric lymph nodes and lymphoid tissues in and  
350 around the intestine [44] . Conversely, polymorphonuclear leukocytes  
351 released from the marrow [45 ], intravascular polymorphonuclear pools and  
352 the circulation [46] may account for the neutrophilia . Lymphopenia and  
353 neutrophilia were reported after acute heat stress in rabbits [47] . Similar  
354 results were obtained in rats after exposure to restraint stress [48].

355

## 356 5. CONCLUSION

357 Immobilization and heat exposure constitute important factors that induce  
358 changes in homeostasis of mammals . The rabbit can be adopted as a  
359 suitable model for critical investigations of physiological responses .  
360 Immobilization can aggravate the negative effects of heat stress in a tropical  
361 environment with high radiation intensity . Vitamin C was more effective  
362 than Vitamin E-Se in alleviation of hyperthermia and maintenance of  
363 homeostasis and normal haematological parameters in the rabbit model .

### 364 Ethical disclaimer:

365 There were ethical issues that were addressed adequately according to the  
366 veterinary and institutional guidelines.

367

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530 **Table1. The ambient temperature (T<sub>a</sub>), relative humidity (RH) and wind speed (WS)**  
 531 **during the experimental period .**  
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Days	T <sub>a</sub> (°C)			RH(%)	WS (Km/h)
	Maximum	Minimum	Mean	Mean	
<b>Trial I</b>	37.8	20.0	28.9	24.4	5.56
<b>Trial II</b>	30.6	13.0	21.8	25.6	9.26

**Trial III**                      33.0                      17.0                      25                      39.6                      7.41

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**Table 2. Effects of acute heat stress (HS) and immobilization (IMO) on rectal temperature (Tr) and heart rate (HR) in male rabbits.**

Parameter		Time (1 hour)	
		Initial	Final
<b>Tr</b> (°C)	Control	38.62 <sup>a</sup> ± 0.35	39.13 <sup>a</sup> ± 0.21
	HS	38.50 <sup>a</sup> ± 0.26	41.32 <sup>d</sup> ± 0.52
	1MO + HS	38.48 <sup>a</sup> ± 0.26	42.00 <sup>d</sup> ± 0.65
<b>HR</b> (Beats/min)	Control	177.33 <sup>a</sup> ± 13.54	176.33 <sup>a</sup> ± 8.81
	HS	189.33 <sup>a</sup> ± 18.70	230.00 <sup>c</sup> ± 5.39
	1MO + HS	181.33 <sup>a</sup> ± 11.76	242.00 <sup>b</sup> ± 6.51

548 For each parameter, means within the same column bearing different superscript are significantly  
549 different compared to the control.

550 a,b: Significant at  $p < 0.05$ ; a,c: Significant at  $p < 0.01$ ; a,d: Significant at  $p < 0.001$ .

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561 **Table3. Effects of acute heat stress (HS) and immobilization (IMO) on packed cell**  
562 **volume (PCV) and total leukocyte count (TLC) in male rabbits.**

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Parameter		Time (1 hour)	
		Initial	Final
PCV (%)	Control	$32.50^a \pm 1.51$	$31.17^a \pm 1.48$
	HS	$33.17^a \pm 1.72$	$30.33^a \pm 0.82$
	IMO + HS	$30.50^a \pm 1.95$	$33.17^a \pm 1.31$
TLC ( $\times 10^3/\mu\text{L}$ )	Control	$7.25^a \pm 0.52$	$7.42^a \pm 0.92$
	HS	$7.33^a \pm 1.66$	$6.47^a \pm 1.20$
	IMO + HS	$6.75^a \pm 0.82$	$5.60^a \pm 2.32$

568 parameter, means within the same column bearing the same superscripts are not  
 569 significantly different compared to the control.  
 570 a,a: Not significant.

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583 **Table 4. Effects of acute heat stress (HS) and immobilization (IMO) on differential**  
 584 **leukocyte (DLC) count in male rabbits.**

Parameter		Time (1hour)	
		Initial	Final
Lymphocyte(%)	Control	58.17 <sup>a</sup> ±3.37	59.33 <sup>a</sup> ±3.88
	HS	58.33 <sup>a</sup> ±3.83	59.17 <sup>a</sup> ±0.98
	IMO+HS	57.00 <sup>a</sup> ±4.34	58.67 <sup>a</sup> ±1.51
Neutrophil(%)	Control	34.83 <sup>a</sup> ±2.04	33.33 <sup>a</sup> ±3.39
	HS	35.67 <sup>a</sup> ±4.41	34.33 <sup>a</sup> ±2.07
	IMO+HS	37.00 <sup>a</sup> ±5.06	35.50 <sup>a</sup> ±3.51



<b>Monocyte(%)</b>	Control	5.17 <sup>a</sup> ±0.75	4.50 <sup>a</sup> ±0.84
	HS	4.83 <sup>a</sup> ±0.41	4.50 <sup>a</sup> ±0.55
	1MO+HS	4.50 <sup>a</sup> ±1.05	3.83 <sup>a</sup> ±0.98
<b>Eosinophil(%)</b>	Control	1.33 <sup>a</sup> ±0.82	1.50 <sup>a</sup> ±1.05
	HS	0.83 <sup>a</sup> ±0.98	1.50 <sup>a</sup> ±1.05
	1MO+HS	1.33 <sup>a</sup> ±0.52	1.17 <sup>a</sup> ±0.75
<b>Basophil(%)</b>	Control	0.50 <sup>a</sup> ±0.55	0.33 <sup>a</sup> ±0.52
	HS	0.17 <sup>a</sup> ±0.41	0.17 <sup>a</sup> ±0.41
	1MO+HS	0.17 <sup>a</sup> ±0.41	0.67 <sup>a</sup> ±0.82

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585 **For each parameter, means within the same column bearing the same super scripts are**  
586 **significantly not different compared to the control.**

587 **a,a:Not significant.**

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591 **Table 5. Effects of acute heat stress (HS), immobilization (IMO) and administration of**  
 592 **Vit.C on rectal temperature, and heart rate (HR) in male rabbits.**

Parameter		Time (Hours)			
		0	2	24	48
<b>Tr</b> (°C)	Control	38.42 <sup>a</sup> ±0.40	39.07 <sup>a</sup> ±0.28	38.63 <sup>a</sup> ±0.28	38.42 <sup>a</sup> ±0.31
	HS	38.35 <sup>a</sup> ±0.35	41.60 <sup>d</sup> ±0.40	38.85 <sup>a</sup> ±0.19	38.90 <sup>b</sup> ±0.23
	1MO+HS	38.58 <sup>a</sup> ±0.30	42.56 <sup>d</sup> ±0.56	39.43 <sup>c</sup> ±0.34	39.75 <sup>c</sup> ±0.38
	1MO+HS+Vit. C	38.22 <sup>a</sup> ±0.65	41.98 <sup>d</sup> ±0.47	38.68 <sup>a</sup> ±0.37	38.83 <sup>a</sup> ±0.40
<b>HR</b> (Beats/min)	Control	195.33 <sup>a</sup> ±4.85	191.83 <sup>a</sup> ±3.32	200.00 <sup>a</sup> ±5.73	198.33 <sup>a</sup> ±3.10
	HS	195.00 <sup>a</sup> ±4.68	193.33 <sup>a</sup> ±6.01	248.67 <sup>c</sup> ±6.70	222.00 <sup>a</sup> ±6.26
	1MO+HS	194.67 <sup>a</sup> ±5.69	301.60 <sup>c</sup> ±6.55	259.00 <sup>d</sup> ±5.64	227.00 <sup>a</sup> ±5.18
	1MO+HS+Vit. C	193.33 <sup>a</sup> ±4.28	208.00 <sup>a</sup> ±4.53	206.67 <sup>a</sup> ±4.17	211.33 <sup>a</sup> ±5.45

593 **For each parameter, means within the same column bearing different superscripts are significantly**  
 594 **different compared to the control.**

595 **a,b: Significant at p<0.05.; a,c: Significant at p<0.01.; a,d: Significant at p<0.001.**

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**Table 6. Effects of acute heat stress (HS), immobilization (IMO) and administration of Vit.C on packed cell volume (PCV) and total leukocyte count (TLC) in male rabbits.**

Parameter		Time (Hours)			
		0	2	24	48
PCV (%)	Control	34.00 <sup>a</sup> ±1.26	35.00 <sup>a</sup> ±1.67	33.83 <sup>a</sup> ±0.75	33.00 <sup>a</sup> ±1.41
	HS	35.17 <sup>a</sup> ±1.17	35.50 <sup>a</sup> ±1.02	33.50 <sup>a</sup> ±1.93	32.17 <sup>a</sup> ±1.14
	1MO+HSMO+HS+Vit.C	33.83 <sup>a</sup> ±1.17	33.80 <sup>a</sup> ±1.31	32.25 <sup>a</sup> ±1.63	30.75 <sup>b</sup> ±0.96
		34.00 <sup>a</sup> ±1.55	36.33 <sup>a</sup> ±1.88	31.67 <sup>a</sup> ±0.88	32.33 <sup>a</sup> ±1.58
TLC (X10 <sup>3</sup> /μL)	Control	6.60 <sup>a</sup> ±0.80	6.83 <sup>a</sup> ±1.01	6.43 <sup>a</sup> ±0.48	7.02 <sup>a</sup> ±0.44
	HS	7.42 <sup>a</sup> ±1.02	7.17 <sup>a</sup> ±1.72	10.25 <sup>c</sup> ±1.52	9.00 <sup>b</sup> ±1.07
	1MO+HS	6.22 <sup>a</sup> ±0.25	4.70 <sup>c</sup> ±0.84	7.13 <sup>a</sup> ±1.93	7.50 <sup>a</sup> ±1.78
	MO+HS+Vit.C	6.33 <sup>a</sup> ±0.88	7.83 <sup>a</sup> ±1.66	8.75 <sup>b</sup> ±1.44	8.33 <sup>a</sup> ±1.25

611 For each parameter, means within the same column bearing different superscripts are significantly  
612 different compared to the control.  
613 a,b: Significant at p<0.05.; a,c: Significant at p<0.01.

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**Table 7. Effects of acute heat stress (HS), immobilization (IMO) and administration of Vit.C on differential leukocyte count in male rabbits.**

Parameter		Time(Hours)			
		0	2	24	48
<b>Lymphocyte (%)</b>	Control	57.67 <sup>a</sup> ±2.80	57.67 <sup>a</sup> ±3.01	57.83 <sup>a</sup> ±2.14	57.17 <sup>a</sup> ±2.32
	HS	57.33 <sup>a</sup> ±1.75	57.83 <sup>a</sup> ±2.32	61.67 <sup>c</sup> ±1.86	62.17 <sup>b</sup> ±3.71
	1MO+HS	58.00 <sup>a</sup> ±1.03	59.00 <sup>a</sup> ±4.12	52.25 <sup>b</sup> ±3.86	62.75 <sup>b</sup> ±3.59
	1MO+HS+Vit.C	57.67 <sup>a</sup> ±1.75	56.50 <sup>a</sup> ±4.23	60.83 <sup>a</sup> ±3.76	61.00 <sup>b</sup> ±2.19
<b>Neutrophil (%)</b>	Control	36.17 <sup>a</sup> ±1.33	36.67 <sup>a</sup> ±1.51	36.50 <sup>a</sup> ±1.64	36.83 <sup>a</sup> ±1.17
	HS	35.67 <sup>a</sup> ±1.21	36.17 <sup>a</sup> ±3.19	32.17 <sup>c</sup> ±1.33	32.33 <sup>b</sup> ±3.83
	1MO+HS	34.83 <sup>a</sup> ±0.75	34.60 <sup>a</sup> ±5.27	43.00 <sup>b</sup> ±5.42	31.75 <sup>c</sup> ±2.50
	1MO+HS+Vit.C	36.17 <sup>a</sup> ±1.60	38.00 <sup>a</sup> ±5.06	32.67 <sup>c</sup> ±1.03	33.33 <sup>c</sup> ±2.16
<b>Monocyte (%)</b>	Control	4.17 <sup>a</sup> ±0.75	4.17 <sup>a</sup> ±0.98	4.17 <sup>a</sup> ±0.75	4.00 <sup>a</sup> ±0.89
	HS	5.50 <sup>a</sup> ±0.55	3.83 <sup>a</sup> ±1.72	4.83 <sup>a</sup> ±0.75	4.67 <sup>a</sup> ±0.82
	1MO+HS	5.33 <sup>a</sup> ±0.82	4.80 <sup>a</sup> ±0.84	4.00 <sup>a</sup> ±0.82	4.45 <sup>a</sup> ±0.96
	1MO+HS+Vit.C	5.17 <sup>a</sup> ±0.75	4.50 <sup>a</sup> ±1.05	4.00 <sup>a</sup> ±0.89	4.67 <sup>a</sup> ±0.52
<b>Eosinophil (%)</b>	Control	1.50 <sup>a</sup> ±1.05	0.83 <sup>a</sup> ±0.75	1.33 <sup>a</sup> ±0.82	1.33 <sup>a</sup> ±0.52
	HS	1.00 <sup>a</sup> ±0.63	1.50 <sup>a</sup> ±1.05	0.83 <sup>a</sup> ±0.75	0.67 <sup>a</sup> ±0.82
	1MO+HS	0.83 <sup>a</sup> ±0.98	1.60 <sup>a</sup> ±1.14	1.25 <sup>a</sup> ±1.50	0.50 <sup>b</sup> ±0.58
	1MO+HS+Vit.C	1.00 <sup>a</sup> ±0.63	1.00 <sup>a</sup> ±0.89	0.50 <sup>a</sup> ±0.50	1.17 <sup>a</sup> ±0.75
<b>Basophil (%)</b>	Control	0.50 <sup>a</sup> ±0.55	0.50 <sup>a</sup> ±0.55	0.17 <sup>a</sup> ±0.41	0.50 <sup>a</sup> ±0.55
	HS	0.50 <sup>a</sup> ±0.55	0.00 <sup>b</sup> ±0.00	0.50 <sup>a</sup> ±0.55	0.17 <sup>a</sup> ±0.41
	1MO+HS	0.17 <sup>a</sup> ±0.41	0.00 <sup>a</sup> ±0.00	0.25 <sup>a</sup> ±0.50	0.25 <sup>a</sup> ±0.50
	1MO+HS+Vit.C	0.00 <sup>a</sup> ±0.05	0.00 <sup>a</sup> ±0.00	0.33 <sup>a</sup> ±0.52	0.17 <sup>a</sup> ±0.41

633 For each parameter, means within the same column bearing different superscripts are significantly  
 634 different compared to the control.

635 a,a:Not significant.; a,b: Significant at p<0.05.; a,c: Significant at p<0.01.

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639 **Table 8. Effects of acute heat stress (HS), immobilization (IMO) and administration of**  
 640 **Vit.E-Selenium on rectal temperature (Tr) and heart rate (HR) in male**  
 641 **rabbits.**

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Parameter		Time (Hours)			
		0	2	24	48
Tr(°C)	Control	38.70 <sup>a</sup> ±0.36	39.05 <sup>a</sup> ±0.39	39.03 <sup>a</sup> ±0.40	39.08 <sup>a</sup> ±0.41
	HS	38.55 <sup>a</sup> ±0.48	42.20 <sup>d</sup> ±0.52	39.97 <sup>a</sup> ±0.64	39.30 <sup>a</sup> ±0.48
	1MO+HS	38.42 <sup>a</sup> ±0.27	42.64 <sup>d</sup> ±0.38	39.46 <sup>a</sup> ±0.36	39.70 <sup>b</sup> ±0.46
	1MO+HS+Vit.E+Se	38.80 <sup>a</sup> ±0.71	41.35 <sup>c</sup> ±1.47	39.30 <sup>a</sup> ±0.22	39.43 <sup>a</sup> ±0.13
HR (Beats/min)	Control	190.00 <sup>a</sup> ±5.58	211.33 <sup>a</sup> ±4.69	206.67 <sup>a</sup> ±5.27	207.33 <sup>a</sup> ±5.88
	HS	191.33 <sup>a</sup> ±4.45	218.00 <sup>a</sup> ±3.15	225.33 <sup>a</sup> ±5.93	209.33 <sup>a</sup> ±5.64
	1MO+HS	203.67 <sup>a</sup> ±4.28	298.60 <sup>c</sup> ±5.46	279.20 <sup>c</sup> ±5.49	248.00 <sup>c</sup> ±6.68
	1MO+HS+Vit.E+Se	196.67 <sup>a</sup> ±5.53	247.33 <sup>a</sup> ±5.12	229.00 <sup>a</sup> ±6.18	206.00 <sup>a</sup> ±5.07

643 For each parameter, means within the same column bearing different superscripts are significantly  
 644 different compared to the control.

645 a,b: Significant at p<0.05.; a,c: Significant at p<0.01.; a,d:Significant at P<0.001.

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**Table 9. Effects of acute heat stress (HS), immobilization(IMO) and administration of Vit.E-Selenium on packed cell volum (PCV) and total leukocyte (TLC) in male rabbits.**

Parameter		Time (Hours)			
		0	2	24	48
PCV (%)	Control	35.67 <sup>a</sup> ±1.03	34.39 <sup>a</sup> ±1.16	34.50 <sup>a</sup> ±1.27	31.17 <sup>a</sup> ±0.66
	HS	36.50 <sup>a</sup> ±1.39	34.18 <sup>a</sup> ±1.60	32.83 <sup>a</sup> ±1.06	31.33 <sup>a</sup> ±1.25
	1MO+HS	35.67 <sup>a</sup> ±1.03	33.58 <sup>a</sup> ±1.77	31.00 <sup>a</sup> ±0.92	30.40 <sup>a</sup> ±1.05
	1MO+HS+Vit.E+Se	34.33 <sup>a</sup> ±1.97	36.96 <sup>a</sup> ±1.38	33.00 <sup>a</sup> ±0.83	31.75 <sup>a</sup> ±0.50
TLC (X10 <sup>3</sup> /μL)	Control	7.75 <sup>a</sup> ±0.42	6.50 <sup>a</sup> ±0.84	7.08 <sup>a</sup> ±1.32	7.50 <sup>a</sup> ±1.22
	HS	7.33 <sup>a</sup> ±1.21	4.50 <sup>c</sup> ±0.77	9.17 <sup>a</sup> ±1.75	6.50 <sup>a</sup> ±0.45
	1MO+HS	7.67 <sup>a</sup> ±0.92	4.90 <sup>a</sup> ±1.82	7.30 <sup>a</sup> ±0.84	5.10 <sup>c</sup> ±0.74
	1MO+HS+Vit.E+Se	7.25 <sup>a</sup> ±1.60	5.38 <sup>a</sup> ±1.25	6.00 <sup>a</sup> ±1.08	6.25 <sup>a</sup> ±0.50

**For each parameter, means within the same column bearing different superscripts are significantly different compared to the control.**  
**a,c: Significant at P <0.01.**

659 **Table10. Effects of acute heat stress (HS), immobilization (IMO) and administration of**  
660 **Vit.E-Selenium on differential leukocyte count in male rabbits.**

Parameter		Time (Hours)			
		0	2	24	48
Lymphocyte (%)	Control	59.67 <sup>a</sup> ±1.37	57.17 <sup>a</sup> ±2.79	61.33 <sup>a</sup> ±2.16	58.83 <sup>a</sup> ±3.76
	HS	58.07 <sup>a</sup> ±1.83	52.00 <sup>b</sup> ±3.10	60.50 <sup>a</sup> ±1.76	58.00 <sup>a</sup> ±4.56
	1MO+HS	61.67 <sup>a</sup> ±0.08	52.60 <sup>b</sup> ±3.10	58.00 <sup>c</sup> ±1.41	56.80 <sup>a</sup> ±2.24
	1MO+HS+Vit.E+Se	60.67 <sup>a</sup> ±0.11	59.00 <sup>a</sup> ±1.15	60.25 <sup>a</sup> ±2.22	59.00 <sup>a</sup> ±1.41
Neutrophil (%)	Control	34.67 <sup>a</sup> ±2.42	37.83 <sup>a</sup> ±3.31	33.33 <sup>a</sup> ±2.16	35.33 <sup>a</sup> ±4.63
	HS	32.17 <sup>a</sup> ±1.47	45.38 <sup>c</sup> ±4.45	33.00 <sup>a</sup> ±1.67	36.17 <sup>a</sup> ±5.64
	1MO+HS	31.83 <sup>a</sup> ±1.17	42.40 <sup>c</sup> ±12.95	35.40 <sup>a</sup> ±0.71	36.80 <sup>a</sup> ±5.17
	1MO+HS+Vit.E+Se	32.67 <sup>a</sup> ±1.37	32.75 <sup>a</sup> ±6.13	33.75 <sup>a</sup> ±2.22	34.50 <sup>a</sup> ±1.91
Monocyte (%)	Control	4.33 <sup>a</sup> ±0.52	4.67 <sup>a</sup> ±0.82	4.67 <sup>a</sup> ±0.82	5.00 <sup>a</sup> ±1.26
	HS	5.00 <sup>a</sup> ±0.89	2.50 <sup>c</sup> ±0.84	4.50 <sup>a</sup> ±0.55	4.50 <sup>a</sup> ±1.05
	1MO+HS	5.50 <sup>a</sup> ±0.55	1.20 <sup>a</sup> ±2.06	5.00 <sup>a</sup> ±1.41	4.80 <sup>a</sup> ±0.45
	1MO+HS+Vit.E+Se	5.17 <sup>a</sup> ±0.75	4.75 <sup>a</sup> ±0.50	5.00 <sup>a</sup> ±0.82	5.00 <sup>a</sup> ±0.85
Eosinophil (%)	Control	1.17 <sup>a</sup> ±0.98	0.83 <sup>a</sup> ±0.75	0.67 <sup>a</sup> ±0.52	0.50 <sup>a</sup> ±0.84
	HS	2.17 <sup>a</sup> ±0.41	0.00 <sup>b</sup> ±0.00	1.67 <sup>a</sup> ±0.52	1.17 <sup>a</sup> ±0.75
	1MO+HS	1.00 <sup>a</sup> ±1.10	0.20 <sup>a</sup> ±1.22	1.80 <sup>b</sup> ±1.14	1.20 <sup>a</sup> ±1.10
	1MO+HS+Vit.E+Se	1.00 <sup>a</sup> ±0.89	0.75 <sup>a</sup> ±0.50	0.75 <sup>a</sup> ±0.50	1.50 <sup>a</sup> ±0.58
Basophil (%)	Control	0.33 <sup>a</sup> ±0.52	0.20 <sup>a</sup> ±0.04	0.33 <sup>a</sup> ±0.52	0.17 <sup>a</sup> ±0.41
	HS	0.17 <sup>a</sup> ±0.41	0.33 <sup>a</sup> ±0.52	0.33 <sup>a</sup> ±0.52	0.33 <sup>a</sup> ±0.52
	1MO+HS	0.17 <sup>a</sup> ±0.41	0.92 <sup>a</sup> ±2.06	0.20 <sup>a</sup> ±0.10	0.40 <sup>a</sup> ±0.55
	1MO+HS+Vit.E+Se	0.00 <sup>a</sup> ±0.15	0.25 <sup>a</sup> ±0.50	0.25 <sup>a</sup> ±0.50	0.10 <sup>a</sup> ±0.05

661 **For each parameter, means within the same column bearing different superscripts are significantly**  
662 **different compared to the control.**

663 **a,b: Significant at p<0.05.; a,c: Significant at p<0.01.**

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