

Original Research Article

Antifungal Activity of Phytochemicals against species of *Cladosporium* and *Cladophialophora*

ABSTRACT

Cladosporium species are ubiquitous, saprobic dematiaceous fungi, associated with human and animal opportunistic infections. *Cladosporium* has been known to be one of the most airborne fungi causing respiratory allergies diseases, particularly asthma and rhinitis. Antifungal compounds of natural origin, such as terpenes, have received much attention in recent times. They are a promising therapeutic tool for treating fungal infections, and are known for their antimicrobial properties. **Aims:** In this context, the present study aims to evaluate the in vitro antifungal activity of eight phytochemicals commonly found in *Melissa officinalis* L. essential oil (citral, (-) citronelal, (+) citronelal, β -caryophyllene, geraniol, linalool, β -cymene, α -pinene) against ten species of *Cladosporium* and *Cladophialophora*. **Methodology:** Antifungal susceptibility testing was performed with the phytochemicals at a concentration of 1.024 μ g/mL. Microbiological screening was performed based on the broth microdilution technique. **Results:** Through analysis of results, it is observed that citral showed the best activities of the as species of *Cladosporium* studied. **Conclusion:** citral representing a new possibility in the arsenal of products for treatment of fungal infections caused by these fungi.

Keywords: Phytochemicals; Citral; Antifungal; *Cladophialophora carrionii*, *Cladosporium oxysporum*, *Cladosporium sphaerospermum*.

1. INTRODUCTION

Fungal infections are becoming more frequent because of expansion of at-risk populations and use of treatment modalities that permit longer survival of these patients [1].

Cladosporium species are among the most common fungal inhabitants worldwide, being isolated from almost any environmental source and geographic location [2].

The most common *Cladosporium* species are primarily isolated from soil and plant material, where they are frequently encountered as saprobes or secondary invaders on follicular lesions, concomitant with other plant pathogenic fungi [2-4]. However, several species are important pathogens of plants and some are also able to affect animals including humans [5-7].

Cladosporium is usually associated with allergic rhinitis and asthma [8,9] or localized superficial or deep lesions [10-13], but rarely can cause disseminated infections [14,15]. They are difficult to treat due to long treatment periods, limited treatment options, resistance to common antifungal agents, and their greater prevalence among immunocompromised patients. All of these characteristics invite recurrences [16,17].

There exists a clear need for more, therapeutically effective antifungals. Actually, plants have been an interesting alternative to source of new biologically active compounds [18-20]. The plants produce numerous and varied organic compounds including monoterpenes and sesquiterpenes compounds present in essential oils, of which the majority does not directly participate in the plant's growth and development and are generally called secondary metabolites [21,22]

Melissa officinalis L., member of Lamiaceae family, is one of the well known aromatic medicinal plant species. The essential oil is a well-known antibacterial and antifungal agent [23-25]. There have

33 been some previous reports on the chemical constitutions of *M. officinalis*. According to these studies, the
34 major components of the essential oil of *M. officinalis* were citral (geranial and neral), and citronellal
35 [25,26], (*B*)-caryophyllene [27], caryophyllene oxide [27-28], linalool [29], geraniol [30], thymol [31], α -
36 pinene [27], β -pinene [28,32], carvacrol and *iso*-menthone [33].

37 Previous studies in our laboratory with *M. officinalis* L. essential oil showed strong antifungal
38 activity of this oil against *C. carrionii* strains (Menezes *et al.*, 2015). Therefore, the aim of the present work
39 was to investigate the antifungal activity of eight phytochemicals commonly found in *M. officinalis* L.
40 essential oil against strains of *Cladosporium*.

41 42 **2. MATERIAL AND METHODS**

43 44 **2.1 Phytochemicals and Synthetic Antifungal**

45 The phytochemicals (citral, (-) citronelal, (+) citronelal, β -caryophyllene, geraniol, linalool, β -
46 cymene, α -pinene) and amphotericin B (standard drug) were acquired from Sigma-Aldrich®. All them
47 were dissolved in 2% Tween 80 (INLAB®) and up to 0.5 % dimethyl sulfoxide – DMSO (MERCK®) in
48 sterile distilled water to obtain 2.048 $\mu\text{g}/\text{mL}$ solutions.

49 50 51 **2.2 Cladosporium Samples**

52 For testing of antifungal activity were selected and used ten species of *Cladosporium*.
53 *Cladophialophora carrionii* strains (URM 2871, 0212, CQ 02), *Cladosporium oxysporum* strains (URM
54 5234, URM 6056, URM 5412) and *Cladosporium sphaerospermum* strains (URM 5962, URM 5455, URM
55 5350, URM 6120) were taken from the Microorganisms Collection of the Mycology Laboratory, at the
56 Department of Pharmaceutical Sciences, Health Sciences Center, Federal University of Paraíba, Brazil
57 and from the Pernambuco (Brazil) Federal University, Biological Sciences Center – Mycology Department
58 fungal collection (URM).

59 The fungal cultures were maintained on Sabouraud Dextrose Agar - SDA (DIFCO®) at room
60 temperature (28° to 30°C) and under refrigeration (4°C).

61 62 63 **2.3 Inoculum**

64 Stock inoculate suspensions of the *Cladosporium* strains were prepared from 10-days old
65 sabouraud dextrose agar (Difco Lab., USA) cultures grown at 28 °C. Fungal colonies were covered with 5
66 mL of sterile saline solution (0.9 %), the surface was gently scraped with a sterile loop, and the saline
67 solution with the fungal elements was transferred to a sterile tube. These suspensions were shaken for 2
68 min using a vortexer, and allowed to stand for 5 min to allow hyphal fragments to fall out of the
69 suspensions so that the supernatant containing the conidia could be collected. Tubes containing the
70 inocula were standardized to 0.5 McFarland scale (1-5 x 10^6 CFU/mL). Mold conidia were counted using a
71 hemocytometer. The inocula of the conidial suspensions were adjusted using sterile NaCl 0.9 % to
72 contain approximately 10^6 CFU/mL [34,35, 36].

73 74 75 **2.4 Antifungal susceptibility testing**

76 Antifungal susceptibility testing was performed with the phytochemicals (citral, (-) citronelal, (+) citronelal,
77 β -caryophyllene, geraniol, linalool, β -cymene, α -pinene) at a concentration of 1.024 $\mu\text{g}/\text{mL}$. Antifungal
78 susceptibility testing was performed based on the broth microdilution technique [34,36]. Sterile 96-U-
79 shaped-well microplates were used and each well of the plates contained 100 μL of Sabouraud dextrose
80 broth - SDB (DIFCO®). Then, 100 μL of the phytochemicals and antifungal drugs (2.048 $\mu\text{g}/\text{mL}$) were
81 individually added to each line of wells, so that each line of wells corresponded to a phytochemical tested.
82 Finally, 10 μL of fungal inoculum of each strain of *Cladosporium* were added to wells, so that each
83 column corresponded to a strain. The microplates were incubated at 28 °C being selected those
84 phytochemicals who showed better inhibition profile visual growth of microorganisms after seven days
85 incubation. The standard antifungal was amphotericin B (1.024 $\mu\text{g}/\text{mL}$). Negative control (Sabouraud
86 dextrose broth without drugs) was performed to confirm the viability of the conidia. Sensitivity control for
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88 Tween 80 and DMSO was also performed. The assays were performed in triplicates, and the geometric
89 mean values were calculated.
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92 3. RESULTS AND DISCUSSION

93
94 The results of the antifungal susceptibility testing of phytochemicals against *Cladosporium* strains
95 are summarized in Table 1.
96

97 In 1.024 µg/mL, the concentration of phytochemicals used, it was found that citral showed
98 better antifungal activity, inhibiting the growth of 90 % of the *Cladosporium* strains tested. Resistant
99 strains with only the *C. sphaerospermum* URM 5962. The phytochemicals (+) citronellal, linalool and α-
100 pinene were able to inhibit the growth of at most 3 strains. The (-) citronellal inhibited the growth of 2
101 strains (*C. carrionii* URM 2871 and *C. carrionii* CQ 02), the β-caryophyllene and geraniol, inhibited only
102 strains *C. sphaerospermum* URM 5962 and *C. carrionii* URM 2871, respectively and β-cymene was not
103 able to inhibit the growth of any of the strains tested, at this concentration.

104 The term phytochemical relates to chemical compounds, non-nutritive, which naturally occur in
105 plants and exhibit biological activity [37]. Studies involving phytochemicals are of great importance,
106 because they facilitate the utilization of individual components, instead of a mixture like in essential oils,
107 giving more predictability and probably less collateral effects. Several studies point to the various
108 activities of phytochemicals, which are: antimicrobial, antioxidant, anti-inflammatory, analgesic,
109 cardioprotective, anti-hemorrhagic, hepatoprotective, antitussive, antitumor, immunostimulating,
110 anticancer, antiviral, among other [38-44].

111 Citral (3,7-dimethyl-2-6-octadienal) is the name given to a mixture of two geometric isomers: (2E)-
112 3,7-dimethyl-2,6-octadienal (geranial, *trans*-citral, citral A) and (2Z)- 3,7-dimethyl-2,6-octadienal (neral, *cis*-
113 citral, citral B), which are acyclic α, β-unsaturated monoterpene aldehydes that occur naturally in many
114 essential citrus fruit oils and in other herbs or spices [45].

115 The citral aroma is stronger and sweeter than that of lemon [46]. Geranial has a strong lemon
116 odor while neral has a sweeter, yet less intense lemon odor. Due to its characteristic lemon aroma, citral
117 has become a flavoring substance of great importance, a heavily used rawmaterial for the
118 pharmaceutical, food, perfume, and cosmetics industries [47,48]. Also it has emerged as the active
119 component of citrus essential oils against pathogens [49].

120 Citral was reported by presenting antifungal activity [50-52], antibacterial [53,48], anti- *Leshmania*
121 [54] anti- *Trypanosoma cruzi* [55] and insecticide [56].

122 In the present study, citral showed activity against *Cladosporium* strains, confirming the results
123 obtained in previous studies. Zheng *et al.* [57] demonstrated the antimicrobial activity of citral front of
124 fungal strains of *Penicillium digitatum*. Such phytochemical has brought an action against strains of
125 methicillin-resistant *Staphylococcus aureus*, *Penicillium italicum* and *Rhizopus atolonifer* [58]. In recent
126 studies, citral showed in vitro antifungal potential against strains of *Candida albicans* [59].

127 Knowing that there are few studies on the activity of essential oils and their phytochemicals in
128 dematiaceous fungi, particularly on fungi of the *Cladosporium* genus, and that caused them infections are
129 increasingly common around the world, this work will enable a contribution to scientific research, in
130 respect to the pharmacological research of new antifungal products derived from natural products against
131 these fungi.
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137 **Table 1. Antifungal activity of phytochemicals against species of *Cladosporium* - microdilution**
138 **technique.**
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Microorganisms	Phytochemicals (1.024 µg/mL)								Amphotericin B	Culture control	Medium control
	citral	(-) citronellal	(+) citronellal	β-caryophyllene	geraniol	linalool	β-cymene	α-pinene			
<i>C. carrionii</i> URM 2871	-	-	+	+	-	+	+	-	-	+	-
<i>C. carrionii</i> 0212	-	+	+	+	+	+	+	+	+	+	-
<i>C. carrionii</i> CQ 02	-	-	+	+	+	+	+	+	-	+	-
<i>C. oxysporum</i> URM 5234	-	+	+	+	+	+	+	+	-	+	-
<i>C. oxysporum</i> URM 6056	-	+	+	+	+	-	+	+	+	+	-
<i>C. oxysporum</i> URM 5412	-	+	+	+	+	-	+	+	-	+	-
<i>C. sphaerospermum</i> URM 5962	+	+	+	-	+	-	+	-	-	+	-
<i>C. sphaerospermum</i> URM 5455	-	+	-	+	+	+	+	+	-	+	-
<i>C. sphaerospermum</i> URM 5350	-	+	-	+	+	+	+	-	-	+	-
<i>C. sphaerospermum</i> URM 6120	-	+	-	+	+	+	+	+	+	+	-

(+): Microbial growth in culture medium (-): Absence of microbial growth

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144 4. CONCLUSION

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146 The results obtained in this study show the pharmacological potential of plant products,
 147 particularly, the antifungal potential of citral against *Cladosporium* and *Cladophialophora*. The citral could
 148 appear as promising compound to be inserted in pharmaceutical formulations applied to control the
 149 survival and dissemination of etiological agents of superficial or systemic opportunistic mycoses.
 150 Moreover, the results of this study show the necessity of accomplishment of researches addressed to the
 151 evaluation of antimicrobial properties of this phytochemical in different pathogenic microorganisms.

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