



SDI Review Form 1.6

Journal Name:	International Journal of TROPICAL DISEASE & Health
Manuscript Number:	Ms_IJTDH_20063
Title of the Manuscript:	How different is the dietary pattern among individuals with metabolic syndrome?
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



SDI Review Form 1.6

PART 1: Review Comments

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<u>Compulsory</u> REVISION comments	Improve Discussion.	Discussion improved as highlighted in yellow colour.
<u>Minor</u> REVISION comments	Observe the table's formatting. Table 3 and Table 4 (Results no Discussion). Update references.	Discussion for Table 3 and Table 4 has been included: In this study, we demonstrated that individuals with metabolic syndrome record a diet richer in protein (%) and poorer in fibre (g) when compared to the recommendations. Fibre consumption was lower than recommended (20 to 30 g/day) in all the subjects, which may have contributed to fat accumulation and insulin resistance. References updated as highlighted in yellow colour.
<u>Optional/General</u> comments		