2 Soil moisture stress and nitrogen supply affect the growth characteristics and yield of

3 upland rice cultivars

4 ABSTRACT

- 5 **Aims**: To assess the effect of moisture stress and nitrogen fertilizer application on the growth
- 6 characteristics and yield of upland rice cultivars.
- 7 Study design: Completely randomized design in a factorial arrangement.

8 Place and duration of study: National Crops Resources Research Institute, Namulonge, Uganda

- 9 between March and July 2015.
- 10 Methodology: Experiment comprised four nitrogen (N) application levels (0 as control, 40, 80 and 120 kg
- 11 N/ha) as main plots and four soil moisture levels (25% as control, 15, 10 and 5%) as sub-plots.
- 12 **Results**: Plant heights for stressful moisture levels (15, 10 and 5%) at all N levels, were lower (P < .001)
- 13 than those of the control treatments at the respective N levels. Also, rice plants under stressful treatments
- 14 at each N level took longer (P < .001) to mature when compared with the control treatments at the
- respective N levels. When stress was imposed on rice plants that were supplied with 0 kg N/ha, panicle
- 16 numbers that were produced by rice plants subjected to moisture stress levels were similar to those of the
- 17 control. Under the 40 kg N/ha level, panicle numbers produced by rice plants subjected to 15 and 10%
- moisture stress levels (3.56 and 4.00) were significantly lower than those of the control (6.00). For the 80
- 19 and 120 kg N/ha levels, panicle numbers decreased significantly at all moisture stress levels as
- 20 compared with the respective control treatments. Subjecting rice plants to moisture stress at the 40, 80
- and 120 kg N/ha levels significantly (P < .001) reduced the grain yield when compared with the respective control treatments.
- Conclusion: Namche-3 rice cultivar performed optimally when subjected to 15% moisture stress and 120
 kg N/ha application rate. Thus, farmers growing Namche rice in areas with limited soil moisture may apply
 N at 120 kg N/ha if they are to realize better grain yields.
- 26 *Key words*: Namche-3 rice cultivar, nitrogen fertilizer, soil moisture stress, upland rice.

27 1. INTRODUCTION

28 Rice production in Uganda has increased tremendously in the past decade due to many factors including 29 the increased demand in urban areas, changing food habits, decline in the production of traditional food 30 crops, particularly finger millet, bananas and cassava and the introduction and promotion of high yielding 31 New Rice for Africa (NERICA) varieties [1, 2]. However, most of the growth in production was as a result 32 of the area expansion rather than an increase in yield. Cultivated area expanded from 72,000 hectares 33 (ha) in 2000 to 140,000 ha in 2010, while rice production increased from 109,000 metric tonnes (MT) in 2000 to 218,000 MT in 2010 [3]. A number of high yielding upland rice varieties, namely Namche-1, 34 35 Namche-2, Namche-3, Namche-4 and NERICA-4 have been developed and released.

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37 NERICA-4 is one of the upland rice varieties that was developed by the Africa Rice Center by crossing 38 Oryza sativa (Asian rice) and Oryza glaberrima (African rice) to improve the yield of African rice varieties 39 [4]. NERICA varieties are adapted to the rain-fed upland ecology, are high yielding, early maturing (75-40 100 days), drought tolerant, resistant and tolerant against Africa's major pests and diseases, tolerant to 41 soil acidity and iron toxicity. In Uganda, several NERICA varieties from Africa Rice Center were 42 introduced in 2002 [5, 6]. The rice germplasm was received by the National Crops Resources Research Institute (NaCRRI) Namulonge, and was used to develop upland varieties suited to Uganda's conditions. 43 44 In 2013, varieties named Namche-1 to 4 were released (J. Lamo, NaCCRI Namulonge, Uganda, personal 45 communication).

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47 Namche-1 matures in 105-110 days after germination and yields 3,800 kg/ha. Milled grain is very white, 48 and the panicle is long and compact. The flag leaf angle semi-erect, flag leaf is large but short, leaf blade 49 colour is light green, and the grain husk is straw in colour. It is drought tolerant. Namche-2 matures in 50 128-132 days after germination and yield 4,300 kg/ha. Milled grain is glossy white, the panicle is long and 51 scattered. The flag leaf angle is semi-erect, flag leaf is large and long, leaf blade colour is dark green, and the grain husk is straw in colour. This variety is resistant to rice yellow mottle virus disease and is adapted to both upland and rain-fed lowland areas. Namche-3 matures in 122-128 days after germination and yields 4,550 kg/ha. Milled grain is white, and the panicle is long and compact. The flag leaf angle is erect, flag leaf is large but short, leaf blade colour is dark green, and the grain husk is golden in colour. Namche-4 matures in 125-130 days after germination, and yields 4,500 kg/ha. Milled grain is white, and the panicle is long and compact. The flag leaf angle is erect, flag leaf is large but short, leaf blade colour is dark green, and the grain husk is golden in colour.

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60 In spite of the release of these varieties, rice yields from Ugandan farmers' fields have remained low, 61 around 1.5 MT/ha as opposed to 3.5 MT/ha under irrigated conditions [7]. These varieties have been 62 introduced in areas receiving low rainfall hence there is insufficient water for growth. A large portion of smallholder farmers depend on rain-fed agriculture, where sufficient water supply is unpredictable. The 63 occurrence of moisture stress affects many of the physiological processes such as photosynthesis and 64 transpiration resulting in reduced growth and eventual yield loss [8]. The situation has been worsened by 65 66 low soil fertility [9]. Nitrogen (N) is one of the macronutrients that are insufficient for growth of plants in many part of Uganda. Elsewhere, experiments showed that N fertilizer application significantly increased 67 68 rice yields [10]. Because of its role in plant growth, N is one of the key inputs needed to achieve higher 69 rice grain yields in Uganda. However, optimum quantities to apply under water deficit conditions have not 70 yet been determined and could lead to adverse effects when the optimum level is exceeded [11]. 71 Therefore, this study sought to determine the effect of moisture stress and N fertilizer application on the 72 growth and yield of upland rice cultivars grown in Uganda under rain-fed conditions.

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74 2. MATERIALS AND METHODS

75 2.1 Experimental design

76 The experiment was conducted in the greenhouse at the National Crops Resources Research Institute 77 (NaCRRI), Namulonge, Uganda between March and July 2015. The experimental unit was a 30 cm diameter and 30 cm height plastic pot filled with 10 kg of soil (dry weight basis). Prior to the experiment, 78 79 soil was analyzed for its physical (silt, sand and clay contents) and chemical (N, available P and K 80 contents and pH) characteristics following methods described by Okalebo et al. [12] (Table 1). Analysis 81 revealed that the soil used in the experiment was sandy loam with field capacity 20-25% moisture 82 content. Based on that, 25% moisture content was selected as a control. The layout of the experiment 83 was completely randomized design in a factorial arrangement with three replicates for each treatment. 84 Two factors, water stress and nitrogen fertilizer levels each at four levels. Nitrogen in form of urea (46% 85 N) was applied at rates of zero (control), 40, 80 and 120 kg N/ha and in split application 50% for all levels 86 basally two weeks after planting and 50% was applied at flowering as topdressing. Phosphorous and 87 potassium fertilizers were applied at the rates of 50 kg P₂O₅/ha as triple super phosphate and 40 kg 88 K_2O/ha as muriate of potash, respectively at planting time in all the experimental plots. Four soil moisture 89 levels, 25% as a control, 15, 10 and 5% as stressful moisture levels were applied. Outside the stress 90 period, all treatments received the same amount of water as the control. Irrigation treatments were carried 91 out after seedling establishment and were maintained until harvest.

92

93 Table 1: Characteristics of soil used in the greenhouse experiment (on DM basis)

рН	Organic	Nitrogen	Available	Exchangeable	Sand	Clay	Silt
	matter		phosphorus	potassium			
				. (<mark>g/kg</mark>)			
5.5	2.66	0.20	20.31	0.66	650	200	150

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95 2.2 Data Collection

96 This commenced thirty days after planting and was done after every ten days till the end of the 97 experiment. Data collected included soil moisture content, number of tillers, plant height (cm), number of panicles per hill, days to maturity, grain yield (g/m²), biological yield (g/m²), unfilled grains (%) and harvest
index.

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101 2.3 Data analyses

All the data collected were summarized in Microsoft excel sheet and subjected to analysis of variance
 (ANOVA) using GenStat Statistical Software Version, Tenth-edition (VSN International Limited, 2011).
 Treatment means for different parameters were separated using Fisher's least significance difference
 (LSD) at 5%.

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107 3. RESULTS AND DISCUSSION

3.1 Effect of soil moisture stress and nitrogen fertilizer application on the growth characteristics of upland rice cultivars

110 3.1.1 Number of tillers and plant height

The number of tillers per hill were not significantly affected by the soil moisture levels, N fertilization and 111 112 their interactions (Table 1). Soil moisture levels had significant effect (P < .001) on plant height but their 113 interactions and N levels were not significant (Table 2). When rice plants were subjected to soil moisture 114 stress, there was significant variation in plant heights within the soil moisture stress treatments. In the 115 case of 0 kg N/ha level, plants height under 5, 10 and 15% moisture stress levels were not significantly 116 different but were lower than the control (Table 2). In the 40 kg N/ha level, when Namche-3 was 117 subjected to soil moisture stress, there were no significant differences in plant heights between 5 and 118 15% moisture stress levels, but were lower than that of the control. The plant heights of the 10% moisture 119 stress level was similar to that of the control. At 80 kg N/ha, when soil moisture treatments were imposed, 120 the treatments that were stressed at 5 and 10% moisture levels had similar plant heights while the 15% 121 moisture level had the lowest plant height, and all were significantly lower than that of the control. In the 122 case of 120 kg N/ha level, the plant heights of 10 and 5% soil moisture stress levels were not significantly different from each other, though they were lower (P < .001) than that of the control. For the 15% 123

moisture level, the plant height was significantly lower than that of the other treatments as well as the control.

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127 Similar findings on the number of tillers were reported by Akram et al. [13] who also observed a non-128 significant effect on the number of tillers per hill when three basmati rice (Oryza sativa L.) cultivars were 129 subjected to moisture stress. The results on plant height are in agreement with those of Sikuku et al. [14] 130 who stated that water stress affects nearly all the plant growth processes. However, the stress response 131 depends upon the intensity, rate and duration of exposure and the stage of crop growth. Plant growth 132 involves both cell division, cell enlargement and differentiation and these activities are very sensitive to 133 water stress due to their dependence on turgor pressure. The inhibition of cell activity may have affected 134 heights of rice plants under soil moisture treatments. Under stressful conditions plants could not absorb 135 sufficient nutrients from the soil due to lack of available soil moisture, consequently crop growth became 136 stunted [15].

137

138 Table 2. Effect of soil moisture stress and nitrogen on the growth characteristics of

139	Namche-3	rice cultivar	
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Nitrogen levels	Soil moisture levels	Number of	Plant height	Days to	Number of
kg/ha	(%)	tillers	(cm)	maturity	panicles
0	25	7.89 ^b	86.22 ^{bc}	100.33 ^h	4.44 ^{de}
	15	6.00 ^{bcd}	66.56 ^g	125.67 ^{cde}	5.00 ^{cd}
	10	5.89 ^{bcd}	72.11 ^{efg}	130.67 ^c	3.78 ^{ef}
	5	6.00 ^{bcd}	71.22 ^{fg}	123.0 ^{def}	4.11 ^{ef}
40	25	7.33 ^{bc}	88.33 ^{ab}	106.00 ^{gh}	6.00 ^b

	15	7.22 ^{bcd}	71.00 ^{fg}	120.33 ^{ef}	3.56 ^{fg}		
	10	6.56 ^{bcd}	80.67 ^{bcde}	144.67 ^a	4.00 ^{ef}		
	5	6.56 ^{bcd}	78.67 ^{cdef}	110.7 ^g	5.78 ^{bc}		
80	25	5.44 ^{cd}	95.11 ^ª	111.33 ^g	7.44 ^a		
	15	10.78 ^ª	56.67 ^h	127.33 ^{cd}	1.00 ⁱ		
	10	4.89 ^d	77.56 ^{det}	144.33 ^ª	2.56 ^h		
	5	5.00 ^{cd}	82.00 ^{bcd}	137.67 ^b	2.78 ^{gh}		
120	25	6.33 ^{bcd}	91.22ª	100.67 ^h	7.22 ^a		
	15	5.89 ^{bcd}	70.11 ^{fg}	101.67 ^h	1.67 ⁱ		
	10	5.44 ^{cd}	82.11 ^{bcd}	117.67 ^t	3.67 ^{et}		
	5	5.44 ^{cd}	86.11 ^{bcd}	110.67 ^g	4.00 ^{ef}		
LSD _(0.05)							
Nitrogen	Nitrogen levels		11.76ns	8.29	1.07		
Stress le	Stress levels		8.62	5.86	0.80		
Nitrogen	Nitrogen × Stress		17.79ns	12.25	2.65		

140 abc Means within the same column having different superscripts are significantly (P < .05) different, ns =

141 Not significant (P > .05).

142

Under stressful conditions, the transport of cytokinins from roots where they are produced up the xylem to
 the shoot meristem where they induce growth [16], could have been affected due to deficiency of soil
 moisture. Although it has been found out that an ATP-binding cassette transporter, AtABCG14, is

essential for the root to shoot translocation of the root-synthesized cytokinins [17], presence of water in 146 the xylem is necessary to facilitate the transport. This was similar to the observation of Siopongco et al. 147 148 [18] who reported that soil moisture stress treatments led to production of shorter plants. Similarly, the 149 supply of available N progressively increased the plant height irrespective of growth stages. As the height 150 of the plant is controlled by genetic factors but it also varies because of the management practices and 151 input supply [19]. However, for the full expression of its genetic potential, it is better to provide rice with 152 necessary inputs such as water and N. These results are in conformity with those of Hussain et al. [20] 153 who also observed variations in plant height due to soil moisture stress.

154

155 3.1.2 Number of days to maturity

156 There were significant differences in the days to maturity (P < .001) among the treatments of N and 157 moisture stress levels. There was also significant interaction between N and moisture levels (P = .007) on 158 days to maturity of Namche-3 rice cultivar. The watering regimes affected the number of days taken by 159 the rice plants to reach maturity (Table 2). Across all treatments, moisture stress significantly (P < .001) 160 increased the number of days to maturity. At 0 kg N/ha level, the rice plants subjected to 15 and 5% moisture stress levels took similar number of days to reach maturity, but those subjected to 10% moisture 161 level took significantly (P < .001) higher number of days to maturity than those at the 5% moisture level. 162 For all the stressful treatments, their growth periods were longer (P < .001) than that of the control. 163

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165 Under the 40 kg N/ha treatments, 10% moisture level had the longest (P < .001) number of days to 166 maturity followed by plants subjected to 15% moisture level, while those under 5% level took the shortest 167 days to mature and were similar to those of the control (Table 2). In the case of 80 kg N/ha level, the 168 number of days to maturity for 10% moisture level were significantly higher than those of 5% moisture 169 level, which were in turn higher (P < .001) than those of the 15% moisture level. For 120 kg N/ha level, 170 the 15% moisture level and the control took similar number of days to maturity, while 10% level took the 171 highest (P < .001) number of days to maturity followed by 5% moisture level.

The intensity and occurrence of soil moisture stress have been associated with the delay of maturity or flowering. The delay in flowering and maturity under soil moisture stress in rice is deleterious and indicates poor adaptation to moisture stress [21]. Rice exposed to soil moisture stress can advance flowering or maturity by up to one week or more with corresponding decreases in the number of spikelets, total number of grains per panicle and reduced 1000-grain weight [13]. Ontogenic characteristics especially appropriate flowering time play an important role in moisture stress avoidance of rain-fed rice [22].

180 3.1.3 Number of panicles

181 When stress was imposed on rice plants that were supplied with 0 kg N/ha, panicle numbers for all the 182 moisture levels including the control were similar (Table 2). Under 40 kg N/ha level, panicle numbers for 183 the 15 and 10% stressful treatments were similar, but they were significantly lower than that of the control 184 and the 5% moisture level (Table 2). When rice plants were exposed to moisture stress treatments (15, 185 10 and 5%) and N at 80 kg N/ha, panicle numbers for all the stress treatments significantly (P < .001) decreased when compared with that of the control. The same trend in the reduction of panicle numbers 186 187 was observed when the same soil moisture treatments were applied to rice plants supplied with N at the 188 rate of 120 kg N/ha (Table 2).

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190 The current results are consistent with those reported by Rahman et al. [23] who noted that panicle 191 numbers decreased with soil moisture stress in rice. The panicle reduction under soil moisture stress 192 might be due to the slowdown of cell division that led to reduced numbers of individual cells formed [24]. 193 The damaging effect of moisture stress on spikelet development as reported by Purushothaman et al. [22] 194 resulted in high chaff percentage. Soil moisture stress during tillering stage resulted in significant 195 reduction in panicle number while stress during grain development and ripening reduced the percentage 196 of filled grains of rice [25]. Bakul et al. [24] and Suresh et al. [26] reported that increased absorption of 197 nutrients at panicle initiation stage favored increased production of grains per panicle. Roy et al. [27] 198 reported that N stimulated the buildup and translocation of carbohydrates and grain development which 199 increased the number of filled grains and panicle numbers.

201 3.1.4 Grain yield

Soil moisture stress levels significantly (P < .001) affected the grain yield but N levels were not significant (P = .98) (Table 3). The interaction between N levels and moisture stress levels was also significant (P = .002). When Namche-3 rice plants were subjected to moisture stress, the 25% soil moisture level (control) had significantly (P < .001) higher grain yield at all the N levels, except that of 0 kg N/ha level which had very low grain yield as compared to the other N levels. At the 0 kg N/ha level, grain yield obtained at the 5% moisture stress level was significantly higher than that of the control and those obtained at the 15 and 10% moisture stress levels (Table 3).

209

210 At the 40 kg N/ha level, grain yield dropped significantly at all the moisture stress levels but the reduction 211 was most pronounced at the 15% moisture stress level as compared to the control. However, the grain yields at the 5 and 10% moisture levels were similar. At the 80 kg N/ha level, grain yield obtained from the 212 213 5 and 15% moisture stress levels were similar but significantly lower than that of the control. For the 10% 214 moisture stress level grain yield was significantly lower than that of the 5% level. In the case of 120 kg 215 N/ha level, when stress was imposed, the grain yield dropped significantly as compared with control. 216 Grain yield obtained for the 15% moisture stress level was significantly higher than that for the 10% while 217 the one for 5% soil moisture level was the lowest.

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Nitrogen levels kg/ha	Soil moisture	Grain yield	Biological yield	Harvest index
	levels (%)	(g/m ²)	(g/m ²)	(%)
0	25	5.19 ^{ghi}	130.00 ^g	2.69 ^{cde}
	15	7.41 ^e	131.11 ^g	1.84 ^{de}
	10	2.59 ^{tgh}	175.53 ^t	3.42 ^c
	5	8.89 ^ª	303.33°	1.93 ^{de}
40	25	20.00 ^b	291.14 ^c	7.61 ^{ab}
	15	4.07 ^{ij}	335.56 ^{ab}	2.51 ^{cde}
	10	6.30 ^{etg}	327.40 ^b	1.89 ^{de}
	5	7.04 ^{et}	224.44 ^e	2.88 ^{cd}
80	25	22.96 ^a	273.33 ^{cd}	7.96 ^a
	15	4.07 ^{ij}	207.40 ^e	1.92 ^{de}
	10	3.33 ^{jk}	141.84 ⁹	2.33 ^{cde}
	5	4.81 ^{hi}	346.67 ^a	1.36 ^e
120	25	24.07 ^a	353.33ª	6.35 ^b
	15	13.33 [°]	353.33ª	6.35 ^b
	10	5.93 ¹⁾	131.33 ⁹	6.99 ^{ab}
	5	4.44 ^k	55.53 ^h	2.62 ^{cde}

Table 3. Effect of nitrogen and soil moisture levels on the yield of Namche-3 rice cultivar

LSD(0.05)

Nitrogen levels	4.66ns	25.70	1.60
Stress levels	4.04	19.10	1.46
Nitrogen × Stress	7.94	40.50	2.83

^{abc}Means within the same column having different superscripts are significantly (P < .05) different, ns = Not significant (P > .05).

223

224 Nitrogen is an essential macronutrient required in large amounts for grain formation. Application of N 225 increases photosynthetic capacity of leaves by increasing stromal and thylakoid proteins in leaves [28]. 226 Bouman and Toung [29] reported that irrigated rice grain yield declined as soon as the field water content 227 dropped below saturation, and the magnitude of grain reduction depended mostly on the severity of the 228 water stress and crop growth stage. Reduced grain yield under lower soil moisture levels might be due to 229 inhibition of photosynthesis and less translocation of assimilates towards grain leading to spikelet sterility 230 [30]. Moisture stress adversely affects grain development due to scarcity of water which impairs nutrient 231 uptake. During soil moisture stress conditions, the topsoil layers where most of the nutrients are found 232 become desiccated. This makes it difficult for these nutrients to be absorbed by plants, because in dry 233 soils very little transportation of nutrients to the plant roots takes place.

234

235 3.1.5 Biological yield

The analysis of variance for biological yield indicated highly significant differences between soil moisture and N treatments and their interaction (P < .001). The biological yield at 0 kg N/ha for the moisture stress levels were significantly higher than that of the control, except the one for the 15% moisture level which was similar to that of the control (Table 3). The 5% moisture level obtained highest biological yield, followed by the one at 10% moisture level. In the case of 40 kg N/ha level, the biological yields at 10 and 15% moisture levels were similar but significantly (P < .001) higher than that of the control as well as that of the 5% moisture level. For the 80 kg N/ha level, the highest biological yield was obtained at the 5% moisture level and was higher than that of the control, while those obtained at the 15 and 10% moisture stress levels were lower than that of the control. When moisture stress was imposed and the 120 kg N/ha application rate, the biological yield obtained at the 15% moisture level was similar to that of the control, and was higher than those obtained at the 10 and 5% moisture levels.

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Biological yield is the total aboveground biomass produced by a crop per unit area. It is the combined contribution of yield components such as number of tillers per unit land area, plant height and number of grains per spike. Any factor causing change in these components will be reflected in the biological yield of a crop. These results are in conformity with those of Kalamian *et al.* [31] who observed that biological yield was increasingly affected by the water deficit stress and N fertilization levels.

253

254 Photosynthesis is generally decreased in plants facing water shortage. Lower photosynthetic rate coupled 255 with reduced translocation of metabolites from the plant organs to the head and seeds resulted in low 256 biological yield [32]. Water stress limits photosynthesis through stomatal closure and metabolic 257 impairment [33]. However, chloroplast capacity to fix carbon dioxide may affect photosynthesis more than 258 by increased diffusive resistance due to stomatal closure [34]. Reduction in chlorophyll contents due to 259 dehydration under water stress situation especially in older leaves could be another reason of reduced 260 photosynthesis under water stress situations [35]. Variations in photosynthetic capacity of rice genotypes 261 under disturbed water supply have been reported [36]. A common adverse effect of moisture stress on 262 rice plants is the reduction on biological yield, which was observed by Tahir et al. [37]. Reduced biomass 263 production sometimes has a little effect on ultimate yield because the period of reduced growth may 264 trigger some physiological processes that actually increase yield under stress condition [38].

266 3.1.6 Harvest index

267 The harvest index was significantly affected by N fertilization (P = .016) and soil moisture levels (P < .001) as well as the interaction effect of soil moisture levels and N fertilization (P = .011). All the harvest indices 268 269 for the stress levels at 0 kg N/ha level were similar to that of the control (Table 3). For the 40 kg N/ha 270 level, the harvest indices recorded for all the moisture stress levels (15, 10 and 5%) were similar, but 271 were significantly lower than that of the control. For the 80 kg N/ha level, harvest indices obtained for all 272 the stressful treatments were also similar but lower than that of the control. Exposing Namche-3 rice plants to moisture stress and N application rate of 120 kg N/ha resulted in harvest indices that were 273 274 similar to that of the control, with the exception of harvest index for the 5% moisture level which was 275 significantly lower than the rest (Table 3).

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277 The physiological efficiency of rice plants to convert dry matter into the grain is measured in terms of 278 harvest index. The more the harvest index value, the more will be the physiological efficiency of rice to 279 convert dry matter into grain. Ghafoor et al. [39] reported that high harvest index is very important for 280 increasing yield potential in crops. However, they stated that it was a complex parameter in cereals, largely due to high sensitivity to environmental variations. A severe moisture deficit stress at flowering 281 282 stage greatly decreased seed numbers and harvest index. Farooq et al. [40] reported that, when rice 283 plants were exposed to a prolonged period of moisture stress, grain yield was seriously reduced by 284 decreasing the reproductive organs, number of fertile tillers per plant and the number of grains per spike.

285

286 4. CONCLUSIONS

The study showed that a combination of different doses of N fertilizer and soil moisture regimes significantly influenced the number of days to maturity, number of panicles and grain yield of Namche-3 rice cultivar. Soil moisture stress significantly increased the number of days to maturity, but reduced the number of panicles and grain yield when compared with the control. The study further showed that the average number of days to maturity were generally shorter (108 days) at the 120 kg N/ha application rate 292 when compared with the control (120 days) and other stressful treatments (120 and 130 days for the 40 and 80 kg N/ha rates, respectively). Grain yield for the 120 kg N/ha rate (11.94 g/m²) was significantly 293 higher than that of the control (6.02 g/m^2), but was not different from those of the 40 and 80 kg N/ha rates. 294 Nitrogen fertilizer can thus alleviate soil moisture stress and in turn improve the growth and yield of 295 296 upland rice varieties. Based on these results, it was concluded that the combination of 15% moisture 297 stress level and 120 kg N/ha level was the best for optimal production of Namche-3 rice cultivar. Thus, 298 farmers growing upland rice in areas with limited soil moisture (rainfall) should apply N fertilizer if they are 299 to realize better grain yields. But more studies on the response of upland rice cultivars to moisture stress 300 at higher levels of N fertilizer application, together with an economic analysis to determine the optimum 301 water and N fertilizer application rates for maximum economic benefit are recommended.

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