

**Soil moisture stress and nitrogen supply affect the growth characteristics and yield of upland rice cultivars**

**ABSTRACT**

**Aims:** To assess the effect of moisture stress and nitrogen fertilizer application on the growth characteristics and yield of upland rice cultivars.

**Study design:** Completely randomized design in a factorial arrangement.

**Place and duration of study:** National Crops Resources Research Institute, Namulonge, Uganda between March and July 2015.

**Methodology:** Experiment comprised four nitrogen (N) application levels (0 as control, 40, 80 and 120 kg N/ha) as main plots and four soil moisture levels (25% as control, 15, 10 and 5%) as sub-plots.

**Results:** Plant heights for stressful moisture levels (15, 10 and 5%) at all N levels, were lower ( $P < .001$ ) than those of the control treatments at the respective N levels. Also, rice plants under stressful treatments at each N level took longer ( $P < .001$ ) to mature when compared with the control treatments at the respective N levels. When stress was imposed on rice plants that were supplied with 0 kg N/ha, panicle numbers that were produced by rice plants subjected to moisture stress levels were similar to those of the control. Under the 40 kg N/ha level, panicle numbers produced by rice plants subjected to 15 and 10% moisture stress levels (3.56 and 4.00) were significantly lower than those of the control (6.00). For the 80 and 120 kg N/ha levels, panicle numbers decreased significantly at all moisture stress levels as compared with the respective control treatments. Subjecting rice plants to moisture stress at the 40, 80 and 120 kg N/ha levels significantly ( $P < .001$ ) reduced the grain yield when compared with the respective control treatments.

**Conclusion:** Namche-3 rice cultivar performed optimally when subjected to 15% moisture stress and 120 kg N/ha application rate. Thus, farmers growing Namche rice in areas with limited soil moisture may apply N at 120 kg N/ha if they are to realize better grain yields.

**Key words:** *Namche-3 rice cultivar, nitrogen fertilizer, soil moisture stress, upland rice.*

## 1. INTRODUCTION

Rice production in Uganda has increased tremendously in the past decade due to many factors including the increased demand in urban areas, changing food habits, decline in the production of traditional food crops, particularly finger millet, bananas and cassava and the introduction and promotion of high yielding New Rice for Africa (NERICA) varieties [1, 2]. However, most of the growth in production was as a result of the area expansion rather than an increase in yield. Cultivated area expanded from 72,000 hectares (ha) in 2000 to 140,000 ha in 2010, while rice production increased from 109,000 metric tonnes (MT) in 2000 to 218,000 MT in 2010 [3]. A number of high yielding upland rice varieties, namely Namche-1, Namche-2, Namche-3, Namche-4 and NERICA-4 have been developed and released.

NERICA-4 is one of the upland rice varieties that ~~were~~was developed by the Africa Rice Center by crossing *Oryza sativa* (Asian rice) and *Oryza glaberrima* (African rice) to improve the yield of African rice varieties [4]. NERICA varieties are adapted to the rain-fed upland ecology, are high yielding, early maturing (75-100 days), drought tolerant, resistant and tolerant against Africa's major pests and diseases, tolerant to soil acidity and iron toxicity. In Uganda, several NERICA varieties from Africa Rice Center were introduced in 2002 [5, 6]. The rice germplasm was received by the National Crops Resources Research Institute (NaCRRI) Namulonge, and was used to develop upland varieties suited to Uganda's conditions. In 2013, varieties named Namche-1 to 4 were released (J. Lamo, NaCCRI Namulonge, Uganda, personal communication).

Namche-1 matures in 105-110 days after germination and yields 3,800 kg/ha. Milled grain is very white, and the panicle is long and compact. The flag leaf angle semi-erect, flag leaf is large but short, leaf blade colour is light green, and the grain husk is straw in colour. It is drought tolerant. Namche-2 matures in 128-132 days after germination and yield 4,300 kg/ha. Milled grain is glossy white, the panicle is long and scattered. The flag leaf angle is semi-erect, flag leaf is large and long, leaf blade colour is dark green, and

the grain husk is straw in colour. This variety is resistant to rice yellow mottle virus disease and is adapted to both upland and rain-fed lowland areas. Namche-3 matures in 122-128 days after germination and yields 4,550 kg/ha. Milled grain is white, and the panicle is long and compact. The flag leaf angle is erect, flag leaf is large but short, leaf blade colour is dark green, and the grain husk is golden in colour. Namche-4 matures in 125-130 days after germination, and yields 4,500 kg/ha. Milled grain is white, and the panicle is long and compact. The flag leaf angle is erect, flag leaf is large but short, leaf blade colour is dark green, and the grain husk is golden in colour.

In spite of the release of these varieties, rice yields from Ugandan farmers' fields have remained low, around 1.5 MT/ha as opposed to 3.5 MT/ha under irrigated conditions [7]. These varieties have been introduced in areas receiving low rainfall hence there is insufficient water for growth. A large portion of smallholder farmers depend on rain-fed agriculture, where sufficient water supply is unpredictable. The occurrence of moisture stress affects many of the physiological processes such as photosynthesis and transpiration resulting in reduced growth and eventual yield loss [8]. The situation has been worsened by low soil fertility [9]. Nitrogen (N) is one of the macronutrients that are insufficient for growth of plants in many part of Uganda. Elsewhere, experiments showed that N fertilizer application significantly increased rice yields [10]. Because of its role in plant growth, N is one of the key inputs needed to achieve higher rice grain yields in Uganda. However, optimum quantities to apply under water deficit conditions have not yet been determined and could lead to adverse effects when the optimum level is exceeded [11]. Therefore, this study sought to determine the effect of moisture stress and N fertilizer application on the growth and yield of upland rice cultivars grown in Uganda under rain-fed conditions.

## **2. MATERIALS AND METHODS**

### **2.1 Experimental design**

The experiment was conducted in the greenhouse at the National Crops Resources Research Institute (NaCRRI), Namulonge, Uganda between March and July 2015. The experimental unit was a 30 cm diameter and 30 cm height plastic pot filled with 10 kg of soil (dry weight basis). Prior to the experiment, soil was analyzed for its physical (silt, sand and clay contents) and chemical (N, available P and K contents and pH) characteristics following methods described by Okalebo *et al.* [12] (Table 1). Analysis revealed that the soil used in the experiment was sandy loam with field capacity 20-25% moisture content. Based on that, 25% moisture content was selected as a control. The layout of the experiment was completely randomized design in a factorial arrangement with three replicates for each treatment. Two factors, water stress and nitrogen fertilizer levels each at four levels. Nitrogen in form of urea (46% N) was applied at rates of zero (control), 40, 80 and 120 kg N/ha and in split application 50% for all levels basally two weeks after planting and 50% was applied at flowering as topdressing. Phosphorous and potassium fertilizers were applied at the rates of 50 kg P<sub>2</sub>O<sub>5</sub>/ha as triple super phosphate and 40 kg K<sub>2</sub>O/ha as muriate of potash, respectively at planting time in all the experimental plots. Four soil moisture levels, 25% as a control, 15, 10 and 5% as stressful moisture levels were applied. Outside the stress period, all treatments received the same amount of water as the control. Irrigation treatments were carried out after seedling establishment and were maintained until harvest.

**Table 1: Characteristics of soil used in the greenhouse experiment (on DM basis)**

| pH  | Organic<br>matter | Nitrogen | Available<br>phosphorus | Exchangeable<br>potassium<br>(g/kg) | Sand | Clay | Silt |
|-----|-------------------|----------|-------------------------|-------------------------------------|------|------|------|
| 5.5 | 2.66              | 0.20     | 20.31                   | 0.66                                | 650  | 200  | 150  |

## 2.2 Data Collection

This commenced thirty days after planting and was done after every ten days till the end of the experiment. Data collected included soil moisture content, number of tillers, plant height (cm), number of

panicles per hill, days to maturity, grain yield ( $\text{g/m}^2$ ), biological yield ( $\text{g/m}^2$ ), unfilled grains (%) and harvest index.

## **2.3 Data analyses**

All the data collected were summarized in Microsoft excel sheet and subjected to analysis of variance (ANOVA) using GenStat Statistical Software Version, Tenth-edition (VSN International Limited, 2011). Treatment means for different parameters were separated using Fisher's least significance difference (LSD) at 5%.

## **3. RESULTS AND DISCUSSION**

### **3.1 Effect of soil moisture stress and nitrogen fertilizer application on the growth characteristics of upland rice cultivars**

#### **3.1.1 Number of tillers and plant height**

The number of tillers per hill were not significantly affected by the soil moisture levels, N fertilization and their interactions (Table 1). Soil moisture levels had significant effect ( $P < .001$ ) on plant height but their interactions and N levels were not significant (Table 2). When rice plants were subjected to soil moisture stress, there was significant variation in plant heights within the soil moisture stress treatments. In the case of 0 kg N/ha level, plants height under 5, 10 and 15% moisture stress levels were not significantly different but were lower than the control (Table 2). In the 40 kg N/ha level, when Namche-3 was subjected to soil moisture stress, there were no significant differences in plant heights between 5 and 15% moisture stress levels, but were lower than that of the control. The plant heights of the 10% moisture stress level was similar to that of the control. At 80 kg N/ha, when soil moisture treatments were imposed, the treatments that were stressed at 5 and 10% moisture levels had similar plant heights while the 15% moisture level had the lowest plant height, and all were significantly lower than that of the control. In the case of 120 kg N/ha level, the plant heights of 10 and 5% soil moisture stress levels were not significantly different from each other, though they were lower ( $P < .001$ ) than that of the control. For the 15%

moisture level, the plant height was significantly lower than that of the other treatments as well as the control.

Similar findings on the number of tillers were reported by Akram *et al.* [13] who also observed a non-significant effect on the number of tillers per hill when three basmati rice (*Oryza sativa* L.) cultivars were subjected to moisture stress. The results on plant height are in agreement with those of Sikuku *et al.* [14] who stated that water stress affects nearly all the plant growth processes. However, the stress response depends upon the intensity, rate and duration of exposure and the stage of crop growth. Plant growth involves both cell division, cell enlargement and differentiation and these activities are very sensitive to water stress due to their dependence on turgor pressure. The inhibition of cell activity may have affected heights of rice plants under soil moisture treatments. Under stressful conditions plants could not absorb sufficient nutrients from the soil due to lack of available soil moisture, consequently crop growth became stunted [15].

**Table 2. Effect of soil moisture stress and nitrogen on the growth characteristics of Namche-3 rice cultivar**

| Nitrogen levels<br>kg/ha | Soil moisture levels<br>(%) | Number of<br>tillers | Plant height<br>(cm) | Days to<br>maturity   | Number of<br>panicles |
|--------------------------|-----------------------------|----------------------|----------------------|-----------------------|-----------------------|
| 0                        | 25                          | 7.89 <sup>b</sup>    | 86.22 <sup>bc</sup>  | 100.33 <sup>h</sup>   | 4.44 <sup>de</sup>    |
|                          | 15                          | 6.00 <sup>bcd</sup>  | 66.56 <sup>g</sup>   | 125.67 <sup>cde</sup> | 5.00 <sup>cd</sup>    |
|                          | 10                          | 5.89 <sup>bcd</sup>  | 72.11 <sup>efg</sup> | 130.67 <sup>c</sup>   | 3.78 <sup>ef</sup>    |
|                          | 5                           | 6.00 <sup>bcd</sup>  | 71.22 <sup>fg</sup>  | 123.0 <sup>def</sup>  | 4.11 <sup>ef</sup>    |
| 40                       | 25                          | 7.33 <sup>bc</sup>   | 88.33 <sup>ab</sup>  | 106.00 <sup>gh</sup>  | 6.00 <sup>b</sup>     |

|                             |    |                     |                                  |                      |                    |
|-----------------------------|----|---------------------|----------------------------------|----------------------|--------------------|
|                             | 15 | 7.22 <sup>bcd</sup> | 71.00 <sup>fg</sup>              | 120.33 <sup>ef</sup> | 3.56 <sup>fg</sup> |
|                             | 10 | 6.56 <sup>bcd</sup> | 80.67 <sup>bcd<sup>e</sup></sup> | 144.67 <sup>a</sup>  | 4.00 <sup>ef</sup> |
|                             | 5  | 6.56 <sup>bcd</sup> | 78.67 <sup>cdef</sup>            | 110.7 <sup>g</sup>   | 5.78 <sup>bc</sup> |
| 80                          | 25 | 5.44 <sup>cd</sup>  | 95.11 <sup>a</sup>               | 111.33 <sup>g</sup>  | 7.44 <sup>a</sup>  |
|                             | 15 | 10.78 <sup>a</sup>  | 56.67 <sup>h</sup>               | 127.33 <sup>cd</sup> | 1.00 <sup>i</sup>  |
|                             | 10 | 4.89 <sup>d</sup>   | 77.56 <sup>def</sup>             | 144.33 <sup>a</sup>  | 2.56 <sup>h</sup>  |
|                             | 5  | 5.00 <sup>cd</sup>  | 82.00 <sup>bcd</sup>             | 137.67 <sup>b</sup>  | 2.78 <sup>gh</sup> |
| 120                         | 25 | 6.33 <sup>bcd</sup> | 91.22 <sup>a</sup>               | 100.67 <sup>h</sup>  | 7.22 <sup>a</sup>  |
|                             | 15 | 5.89 <sup>bcd</sup> | 70.11 <sup>fg</sup>              | 101.67 <sup>h</sup>  | 1.67 <sup>i</sup>  |
|                             | 10 | 5.44 <sup>cd</sup>  | 82.11 <sup>bcd</sup>             | 117.67 <sup>f</sup>  | 3.67 <sup>ef</sup> |
|                             | 5  | 5.44 <sup>cd</sup>  | 86.11 <sup>bcd</sup>             | 110.67 <sup>g</sup>  | 4.00 <sup>ef</sup> |
| <b>LSD<sub>(0.05)</sub></b> |    |                     |                                  |                      |                    |
| Nitrogen levels             |    | 2.69ns              | 11.76ns                          | 8.29                 | 1.07               |
| Stress levels               |    | 8.77ns              | 8.62                             | 5.86                 | 0.80               |
| Nitrogen × Stress           |    | 6.45ns              | 17.79ns                          | 12.25                | 2.65               |

<sup>abc</sup>Means within the same column having different superscripts are significantly ( $P < .05$ ) different, ns = Not significant ( $P > .05$ ).

Under stressful conditions, the transport of cytokinins from roots where they are produced up the xylem to the shoot meristem where they induce growth [16], could have been affected due to deficiency of soil moisture. Although it has been found out that an ATP-binding cassette transporter, AtABCG14, is

essential for the root to shoot translocation of the root-synthesized cytokinins [17], presence of water in the xylem is necessary to facilitate the transport. This was similar to the observation of Siopongco *et al.* [18] who reported that soil moisture stress treatments led to production of shorter plants. Similarly, the supply of available N progressively increased the plant height irrespective of growth stages. As the height of the plant is controlled by genetic factors but it also varies because of the management practices and input supply [19]. However, for the full expression of its genetic potential, it is better to provide rice with necessary inputs such as water and N. These results are in conformity with those of Hussain *et al.* [20] who also observed variations in plant height due to soil moisture stress.

### **3.1.2 Number of days to maturity**

There were significant differences in the days to maturity ( $P < .001$ ) among the treatments of N and moisture stress levels. There was also significant interaction between N and moisture levels ( $P = .007$ ) on days to maturity of Namche-3 rice cultivar. The watering regimes affected the number of days taken by the rice plants to reach maturity (Table 2). Across all treatments, moisture stress significantly ( $P < .001$ ) increased the number of days to maturity. At 0 kg N/ha level, the rice plants subjected to 15 and 5% moisture stress levels took similar number of days to reach maturity, but those subjected to 10% moisture level took significantly ( $P < .001$ ) higher number of days to maturity than those at the 5% moisture level. For all the stressful treatments, their growth periods were longer ( $P < .001$ ) than that of the control.

Under the 40 kg N/ha treatments, 10% moisture level had the longest ( $P < .001$ ) number of days to maturity followed by plants subjected to 15% moisture level, while those under 5% level took the shortest days to mature and were similar to those of the control (Table 2). In the case of 80 kg N/ha level, the number of days to maturity for 10% moisture level were significantly higher than those of 5% moisture level, which were in turn higher ( $P < .001$ ) than those of the 15% moisture level. For 120 kg N/ha level, the 15% moisture level and the control took similar number of days to maturity, while 10% level took the highest ( $P < .001$ ) number of days to maturity followed by 5% moisture level.



The intensity and occurrence of soil moisture stress have been associated with the delay of maturity or flowering. The delay in flowering and maturity under soil moisture stress in rice is deleterious and indicates poor adaptation to moisture stress [21]. Rice exposed to soil moisture stress can advance flowering or maturity by up to one week or more with corresponding decreases in the number of spikelets, total number of grains per panicle and reduced 1000-grain weight [13]. Ontogenic characteristics especially appropriate flowering time play an important role in moisture stress avoidance of rain-fed rice [22].

### **3.1.3 Number of panicles**

When stress was imposed on rice plants that were supplied with 0 kg N/ha, panicle numbers for all the moisture levels including the control were similar (Table 2). Under 40 kg N/ha level, panicle numbers for the 15 and 10% stressful treatments were similar, but they were significantly lower than that of the control and the 5% moisture level (Table 2). When rice plants were exposed to moisture stress treatments (15, 10 and 5%) and N at 80 kg N/ha, panicle numbers for all the stress treatments significantly ( $P < .001$ ) decreased when compared with that of the control. The same trend in the reduction of panicle numbers was observed when the same soil moisture treatments were applied to rice plants supplied with N at the rate of 120 kg N/ha (Table 2).

The current results are consistent with those reported by Rahman *et al.* [23] who noted that panicle numbers decreased with soil moisture stress in rice. The panicle reduction under soil moisture stress might be due to the slowdown of cell division that led to reduced numbers of individual cells formed [24]. The damaging effect of moisture stress on spikelet development as reported by Purushothaman *et al.* [22] resulted in high chaff percentage. Soil moisture stress during tillering stage resulted in significant reduction in panicle number while stress during grain development and ripening reduced the percentage of filled grains of rice [25]. Bakul *et al.* [24] and Suresh *et al.* [26] reported that increased absorption of nutrients at panicle initiation stage favored increased production of grains per panicle. Roy *et al.* [27] reported that N stimulated the buildup and translocation of carbohydrates and grain development which increased the number of filled grains and panicle numbers.

200

#### 201 **3.1.4 Grain yield**

202 Soil moisture stress levels significantly ( $P < .001$ ) affected the grain yield but N levels were not significant  
203 ( $P = .98$ ) (Table 3). The interaction between N levels and moisture stress levels was also significant ( $P =$   
204  $.002$ ). When Namche-3 rice plants were subjected to moisture stress, the 25% soil moisture level (control)  
205 had significantly ( $P < .001$ ) higher grain yield at all the N levels, except that of 0 kg N/ha level which had  
206 very low grain yield as compared to the other N levels. At the 0 kg N/ha level, grain yield obtained at the  
207 5% moisture stress level was significantly higher than that of the control and those obtained at the 15 and  
208 10% moisture stress levels (Table 3).

209

210 At the 40 kg N/ha level, grain yield dropped significantly at all the moisture stress levels but the reduction  
211 was **most** pronounced at the 15% moisture stress level as compared **to** the control. However, the grain  
212 yields at the 5 and 10% moisture levels were similar. At the 80 kg N/ha level, grain yield obtained from the  
213 5 and 15% moisture stress levels were similar but significantly lower than that of the control. For the 10%  
214 moisture stress level grain yield was significantly lower than that of the 5% level. In the case of 120 kg  
215 N/ha level, when stress was imposed, the grain yield dropped significantly as compared with control.  
216 Grain yield obtained for the 15% moisture stress level was significantly higher than that for the 10% while  
217 the one for 5% soil moisture level was the **lowest**.

218

219

220 **Table 3. Effect of nitrogen and soil moisture levels on the yield of Namche-3 rice cultivar**

| Nitrogen levels kg/ha | Soil moisture levels (%) | Grain yield (g/m <sup>2</sup> ) | Biological yield (g/m <sup>2</sup> ) | Harvest index (%)   |
|-----------------------|--------------------------|---------------------------------|--------------------------------------|---------------------|
| 0                     | 25                       | 5.19 <sup>ghi</sup>             | 130.00 <sup>g</sup>                  | 2.69 <sup>cde</sup> |
|                       | 15                       | 7.41 <sup>e</sup>               | 131.11 <sup>g</sup>                  | 1.84 <sup>de</sup>  |
|                       | 10                       | 2.59 <sup>tgh</sup>             | 175.53 <sup>t</sup>                  | 3.42 <sup>c</sup>   |
|                       | 5                        | 8.89 <sup>d</sup>               | 303.33 <sup>c</sup>                  | 1.93 <sup>de</sup>  |
| 40                    | 25                       | 20.00 <sup>b</sup>              | 291.14 <sup>c</sup>                  | 7.61 <sup>ab</sup>  |
|                       | 15                       | 4.07 <sup>ij</sup>              | 335.56 <sup>ab</sup>                 | 2.51 <sup>cde</sup> |
|                       | 10                       | 6.30 <sup>etg</sup>             | 327.40 <sup>b</sup>                  | 1.89 <sup>de</sup>  |
|                       | 5                        | 7.04 <sup>et</sup>              | 224.44 <sup>e</sup>                  | 2.88 <sup>cd</sup>  |
| 80                    | 25                       | 22.96 <sup>a</sup>              | 273.33 <sup>cd</sup>                 | 7.96 <sup>a</sup>   |
|                       | 15                       | 4.07 <sup>ij</sup>              | 207.40 <sup>e</sup>                  | 1.92 <sup>de</sup>  |
|                       | 10                       | 3.33 <sup>jk</sup>              | 141.84 <sup>g</sup>                  | 2.33 <sup>cde</sup> |
|                       | 5                        | 4.81 <sup>hi</sup>              | 346.67 <sup>a</sup>                  | 1.36 <sup>e</sup>   |
| 120                   | 25                       | 24.07 <sup>a</sup>              | 353.33 <sup>a</sup>                  | 6.35 <sup>b</sup>   |
|                       | 15                       | 13.33 <sup>c</sup>              | 353.33 <sup>a</sup>                  | 6.35 <sup>b</sup>   |
|                       | 10                       | 5.93 <sup>jl</sup>              | 131.33 <sup>g</sup>                  | 6.99 <sup>ab</sup>  |
|                       | 5                        | 4.44 <sup>k</sup>               | 55.53 <sup>h</sup>                   | 2.62 <sup>cde</sup> |

---

|                       |        |       |      |
|-----------------------|--------|-------|------|
| LSD <sub>(0.05)</sub> |        |       |      |
| Nitrogen levels       | 4.66ns | 25.70 | 1.60 |
| Stress levels         | 4.04   | 19.10 | 1.46 |
| Nitrogen × Stress     | 7.94   | 40.50 | 2.83 |

---

221 <sup>abc</sup>Means within the same column having different superscripts are significantly ( $P < .05$ ) different, ns =

222 Not significant ( $P > .05$ ).

223

224 Nitrogen is an essential macronutrient required in large amounts for grain formation. Application of N

225 increases photosynthetic capacity of leaves by increasing stromal and thylakoid proteins in leaves [28].

226 Bouman and Toungh [29] reported that irrigated rice grain yield declined as soon as the field water content

227 dropped below saturation, and the magnitude of grain reduction depended mostly on the severity of the

228 water stress and crop growth stage. Reduced grain yield under lower soil moisture levels might be due to

229 inhibition of photosynthesis and less translocation of assimilates towards grain leading to spikelet sterility

230 [30]. Moisture stress adversely affects grain development due to scarcity of water which impairs nutrient

231 uptake. During soil moisture stress conditions, the topsoil layers where most of the nutrients are found

232 become desiccated. This makes it difficult for these nutrients to be absorbed by plants, because in dry

233 soils very little transportation of nutrients to the plant roots takes place.

234

235 **3.1.5 Biological yield**

236 The analysis of variance for biological yield indicated highly significant differences between soil moisture

237 and N treatments and their interaction ( $P < .001$ ). The biological yield at 0 kg N/ha for the moisture stress

238 levels were significantly higher than that of the control, except the one for the 15% moisture level which

239 was similar to that of the control (Table 3). The 5% moisture level obtained highest biological yield,

240 followed by the one at 10% moisture level. In the case of 40 kg N/ha level, the biological yields at 10 and

15% moisture levels were similar but significantly ( $P < .001$ ) higher than that of the control as well as that of the 5% moisture level. For the 80 kg N/ha level, the highest biological yield was obtained at the 5% moisture level and was higher than that of the control, while those obtained at the 15 and 10% moisture stress levels were lower than that of the control. When moisture stress was imposed and the 120 kg N/ha application rate, the biological yield obtained at the 15% moisture level was similar to that of the control, and was higher than those obtained at the 10 and 5% moisture levels.

Biological yield is the total aboveground biomass produced by a crop per unit area. It is the combined contribution of yield components such as number of tillers per unit land area, plant height and number of grains per spike. Any factor causing change in these components will be reflected in the biological yield of a crop. These results are in conformity with those of Kalamian *et al.* [31] who observed that biological yield was increasingly affected by the water deficit stress and N fertilization levels.

Photosynthesis is generally decreased in plants facing water shortage. Lower photosynthetic rate coupled with reduced translocation of metabolites from the plant organs to the head and seeds resulted in low biological yield [32]. Water stress limits photosynthesis through stomatal closure and metabolic impairment [33]. However, chloroplast capacity to fix carbon dioxide may affect photosynthesis more than by increased diffusive resistance due to stomatal closure [34]. Reduction in chlorophyll contents due to dehydration under water stress situation especially in older leaves could be another reason of reduced photosynthesis under water stress situations [35]. Variations in photosynthetic capacity of rice genotypes under disturbed water supply have been reported [36]. A common adverse effect of moisture stress on rice plants is the reduction on biological yield, which was observed by Tahir *et al.* [37]. Reduced biomass production sometimes has a little effect on ultimate yield because the period of reduced growth may trigger some physiological processes that actually increase yield under stress condition [38].

### **3.1.6 Harvest index**

The harvest index was significantly affected by N fertilization ( $P = .016$ ) and soil moisture levels ( $P < .001$ ) as well as the interaction effect of soil moisture levels and N fertilization ( $P = .011$ ). All the harvest indices for the stress levels at 0 kg N/ha level were similar to that of the control (Table 3). For the 40 kg N/ha level, the harvest indices recorded for all the moisture stress levels (15, 10 and 5%) were similar, but were significantly lower than that of the control. For the 80 kg N/ha level, harvest indices obtained for all the stressful treatments were also similar but lower than that of the control. Exposing Namche-3 rice plants to moisture stress and N application rate of 120 kg N/ha resulted in harvest indices that were similar to that of the control, with the exception of harvest index for the 5% moisture level which was significantly lower than the rest (Table 3).

The physiological efficiency of rice plants to convert dry matter into the grain is measured in terms of harvest index. The more the harvest index value, the more will be the physiological efficiency of rice to convert dry matter into grain. Ghafoor *et al.* [39] reported that high harvest index is very important for increasing yield potential in crops. However, they stated that it was a complex parameter in cereals, largely due to high sensitivity to environmental variations. A severe moisture deficit stress at flowering stage greatly decreased seed numbers and harvest index. Farooq *et al.* [40] reported that, when rice plants were exposed to a prolonged period of moisture stress, grain yield was seriously reduced by decreasing the reproductive organs, number of fertile tillers per plant and the number of grains per spike.

## **4. CONCLUSIONS**

The study showed that a combination of different doses of N fertilizer and soil moisture regimes significantly influenced the number of days to maturity, number of panicles and grain yield of Namche-3 rice cultivar. Soil moisture stress significantly increased the number of days to maturity, but reduced the number of panicles and grain yield when compared with the control. The study further showed that the average number of days to maturity were generally shorter (108 days) at the 120 kg N/ha application rate

when compared with the control (120 days) and other stressful treatments (120 and 130 days for the 40 and 80 kg N/ha rates, respectively). Grain yield for the 120 kg N/ha rate (11.94 g/m<sup>2</sup>) was significantly higher than that of the control (6.02 g/m<sup>2</sup>), but was not different from those of the 40 and 80 kg N/ha rates. Nitrogen fertilizer can thus alleviate soil moisture stress and in turn improve the growth and yield of upland rice varieties. Based on these results, it was concluded that the combination of 15% moisture stress level and 120 kg N/ha level was the best for optimal production of Namche-3 rice cultivar. Thus, farmers growing upland rice in areas with limited soil moisture (rainfall) should apply N fertilizer if they are to realize better grain yields. But more studies on the response of upland rice cultivars to moisture stress at higher levels of N fertilizer application, together with an economic analysis to determine the optimum water and N fertilizer application rates for maximum economic benefit are recommended.

## REFERENCES

1. Miyamoto K, Maruyama A, Matsumoto S, Haneishi Y, Tsuboi T, Asea G, Okello SE, Takagaki M, Kikuchi M. NERICA cultivation and its yield determinants: The case of upland rice farmers in Namulonge, Central Uganda. *Journal of Agricultural Science*. 2012;4(6):120-135.
2. Fujie H, Maruyama A, Fujie M, Kurauchi N, Takagaki M, Kikuchi M. Potential of NERICA Production in Uganda: Based on the Simulation Results of Cropland Optimization. *Tropical Agriculture and Development*. 2010;54(2): 44-50.
3. MAAIF (Ministry of Agriculture, Animal Industry and Fisheries). Statistical Abstract. Ministry of Agriculture, Animal Industry and Fisheries, Entebbe, Uganda. 2011.
4. Somado EA, Guei RG, Keya SO, editors. *Africa Rice Center (WARDA)/FAO/SAA. NERICA: the New Rice for Africa – a Compendium*. Cotonou, Benin: Africa Rice Center (WARDA); Rome, Italy: FAO; Tokyo, Japan: Sasakawa Africa Association; 2008.

5. Kijima Y, Otsuka K, Sserunkuuma D. An Inquiry into Constraints on a Green Revolution in Sub-Saharan Africa: The Case of NERICA Rice in Uganda. *World Development*. 2011;39(1):77–86. doi:10.1016/j.worlddev.2010.06.010.
6. Africa Rice Center (WARDA) (2006). The growing NERICA boom in Uganda. Brochure. <<http://www.warda.org/publications/brochure/uganda.pdf>>.
7. Haneishi Y, Maruyama A, Asea G, Okello SE, Tsuboi T, Takagaki M, Kikuchi M. Exploration of rainfed rice farming in Uganda based on a nationwide survey: Regionality, varieties and yield. *African Journal of Agricultural Research*. 2013;8(29):4038-4048. doi:10.5897/AJAR12.121
8. Adejare FB, Unebesse CE. Water Stress Induces Cultivar Dependent Changes in Stomatal Complex, Yield and Osmotic Adjustments in *Glycine max* L. *International Journal of Agricultural Research*. 2008;3:287-295.
9. Briggs J, Twomlow SJ. Organic material flows within a smallholder highland farming system of Southwest Uganda. *Agriculture, Eco-systems and Environment*. 2002;89:191-212.
10. Haeefe SM, Jabbar SMA, Siopongco JDLC, Tirol-Padre A, Amarante ST, Sta Cruz PC, Cosico WC. Nitrogen use efficiency in selected rice (*Oryza sativa* L.) genotypes under different water regimes and nitrogen levels. *Field Crops Research*. 2008;107:137-146. <http://dx.doi.org/10.1016/j.fcr.2008.01.007>
11. Wang D, Xu Z, Yu ZW, Zhang YL. Nitrogen accumulation and translocation for winter wheat under different irrigation regimes. *Journal of Agronomy and Crop Science*. 2012;191:439-449.
12. Okalebo JR, Gathua KW, Woomer PL. Laboratory methods of soil and plant analysis. A work manual published by the soil society of Easter Africa. 2002.
13. Akram HM, Ali A. Sattar A. Rehman HSU, Bibi A. Impact of water deficit stress on various physiological and agronomic traits of three basmati rice (*Oryza sativa* L.) cultivars. *The Journal of Animal & Plant Sciences*. 2013;23(5):1415-1423.



- 339 14. Sikuku PA, Netondo GW, Onyango JC, Musyimi DM. Effects of water deficit on physiology and  
340 morphology of three varieties of rainfed rice (*Oryza sativa* L.). Journal of Agricultural and Biological  
341 Science. 2010;5(1):23-28.
- 342 15. Werner T, Nehnevajova E, Köllmer I, Novák O, Strnad M, Krämer U, Schmölling T. Root-specific  
343 reduction of cytokinin causes enhanced root growth, drought tolerance, and leaf mineral enrichment  
344 in *Arabidopsis* and tobacco. The Plant Cell. 2010;22:3905–3920, [http://dx.doi.org/10.1105/tpc.109.](http://dx.doi.org/10.1105/tpc.109.072694)  
345 072694
- 346 16. Campbell NA, Reece JB, Urry LA, Cain ML, Wasserman SA, Minorsky PV, Bradley JR. Biology. 8th  
347 ed. San Francisco: Pearson, Benjamin Cummings. 2008;827–830.
- 348 17. Matsumoto-Kitano M, Kusumoto T, Tarkowski P, Kinoshita-Tsujimura K, Václavíková K, Miyawaki K,  
349 Kakimoto T. Cytokinins are central regulators of cambial activity. Proceedings of the National  
350 Academy of Sciences of the USA. 2008;105:20027–20031, doi:10.1073/pnas.0805619105.
- 351 18. Siopongco JDLC, Sekiya K, Yamauchi A, Egdane J, Ismail AM, Wade LJ. Stomatal responses in  
352 rainfed lowland rice to partial soil drying: comparison of two lines. Plant Production Science.  
353 2009;12: 17-28.
- 354 19. BRRI (Bangladesh Rice Research Institute). Master Plan of Five Year Research Programme of  
355 Bangladesh (2000-2005). Rice Research Institute, Gazipur. 2003.
- 356 20. Hussain I, Khan MA, Khan EA. Bread wheat varieties as influenced by different nitrogen levels.  
357 Journal Zhej University Science Biology. 2006;7(1):70-78.
- 358 21. McKersie BD, Ya'acov, YL. Stress and stress coping in cultivated plants. Kluwer Academic press,  
359 USA. 1994:148-177.
- 360 22. Purushothaman R, Krishnamurthy L, Upadhyaya V, Vadez HD, Varshney RK. Shoot traits and their  
361 relevance in terminal drought tolerance of chickpea (*Cicer arietinum* L.). Field Crops Research.  
362 2016;197:10-27.

- 363 23. Rahman MT, Islam MT, Islam MO. Effect of water stress at different growth stages on yield and  
364 yield contributing characters of transplanted Aman rice. Pakistan Journal of Biological Science.  
365 2002;5(2):169-172.
- 366 24. Bakul MRA, Akter MS, Islam MN, Chowdhury MA, Amin MHA. Water stress effect on morphological  
367 characters and yield attributes in some mutants T-Aman rice lines. Bangladesh Research  
368 Publication Journal. 2009;3(2):934-944.
- 369 25. Thomas U C, Varughese K, Thomas A. Response of upland rice to differential levels of irrigation,  
370 nutrients and seed priming. Journal of Aquatic Biology and Fisheries. 2013;2:775-779
- 371 26. Suresh K, Reddy N, Hemalatha S, Raju S, Madhulety T Y. Integrated nutrient management in rice:  
372 a critical review. International Journal of Plant production. 2013;2:34-39.
- 373 27. Roy BC, Leihner DE, Hilger TH, Steinmueller N. Tillering pattern of local and modern T. Aman  
374 varieties as influenced by nitrogen rate and management practices. Journal of Subtropical  
375 Agriculture Research and Development. 2004;2(2):6-14.
- 376 28. Bungard RA, McNeil D, Morton JD. Effects of nitrogen on the photosynthetic apparatus of *Clematis*  
377 *vitalba* grown at several irradiances. Australian Journal of Plant Physiology. 1997;24:205-214.
- 378 29. Bouman BAM, Toung TP. Field water management to save water and increase its productivity in  
379 irrigated lowland rice. Agricultural Water Management. 2001;49:11-30.
- 380 30. Mannan MA, Bhuiya MSU, Akhand MIM, Zaman MM. Growth and yield of Basmati and traditional  
381 aromatic rice as influenced by water stress and nitrogen level. Journal Science Foundation.  
382 2012;10(2):52-62. <http://dx.doi.org/10.3329/jsf.v10i2.17958>
- 383 31. Kalamian S, Modares SAM, Sepehri A. Effect on of water deficit at vegetative and reproductive  
384 growth stages in leafy and commercial hybrids of maize. Agricultural Research Winter.  
385 2006;5(3):38-53.

- 386 32. Hall AE, Schulze ED. Stomatal responses and possible interrelation between stomata: Effects on  
387 transpiration and carbon dioxide assimilation. *Plant Cell Environment*. 2004;3:467-474.
- 388 33. Lawson T, Oxborough K, Morison JIL, Baker NR. The responses of guard and mesophyll cell  
389 photosynthesis to CO<sub>2</sub>, O<sub>2</sub>, light, and water stress in a range of species are similar. *Journal*  
390 *Experimental Botany*; 2003;54:1743-52.
- 391 34. Yordanov I, Tsonev T, Velikova V, Georgieva K, Ivanov P, Petrova T. Changes in CO<sub>2</sub> assimilation,  
392 transpiration and stomatal resistance of different wheat cultivars experiencing drought under field  
393 conditions. *Bulgaria Journal of Plant Physiology*. 2001;27(3-4):20-33.
- 394 35. Waraich EA, Ahmed Z, Ahmad R, Shahbaz M. Physiological and biochemical attributes of  
395 *Camelina sativa* (L.) Crantz under water stress conditions Proceedings of the 17<sup>th</sup> ASA Conference,  
396 20-24 September 2015.
- 397 36. Germ M, Kreft I, Stibilj V, Urbanc-Bericic O. Combined effects of selenium and drought on  
398 photosynthesis and mitochondrial respiration in potato. *Plant Physiology and Biochemistry*.  
399 2007;45:162-167.
- 400 37. Tahir MHN, Imran M, Hussain MK. Evaluation of sunflower (*Helianthus annus* L.) inbred lines for  
401 drought tolerance. *International Journal Agriculture and Biology*. 2002;3:398-400.
- 402 38. Smith SE, Facelli E, Pope S, Smith FA. Plant performance in stressful environments: interpreting  
403 new and established knowledge of the roles of arbuscular mycorrhizal. *Plant and Soil*. 2010;  
404 2010326:3-20.
- 405 39. Ghafoor A, Zahid MA, Ahmad A, Afzal M, Zubair M. Selecting superior mung bean lines on the  
406 basis of genetic diversity and harvest index. *Pakistan Journal of Biological Science*. 2008;3:1270-  
407 1273.
- 408 40. Farooq M, Wahid A, Kobayashi N, Fujita D, Basra SMA. Plant drought stress: Effects, mechanisms  
409 and management. *Agronomy for Sustainable Development*. 2009;29(1):185-212.