



SDI Review Form 1.6

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| Journal Name: | International STD Research & Reviews |
| Manuscript Number: | Ms_I-SRR_42404 |
| Title of the Manuscript: | Exercise & Yoga as an intervention for enhancing subjective wellbeing in HIV-positive individuals |
| Type of the Article | Original Research Article |

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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PART 1: Review Comments

| | Reviewer's comment | Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here) |
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| Compulsory REVISION comments | <p>In as much as physical exercise constitutes an auxiliary means of waste elimination from the human system besides other health-promoting functions, it remains very indispensable as well for the well-being of HIV/AIDS patients in whose system the rate of waste accumulation is amplified by the combined effects of antiretroviral drugs and microbial activities. It is interesting how current paper comparatively evaluates the effects of varying degree of physical endurance to the general well-being of HIV/AIDS patients.</p> <p>ABSTRACT</p> <p>Satisfactory, but sections' titles should be highlighted in bold</p> <p>line 4: well-being</p> <p>INTRODUCTION</p> <p>Satisfactory.</p> <p>Line 30: well-being</p> <p>METHODS</p> <ul style="list-style-type: none">- Information about the Hamilton Anxiety Scale (HAS) is conflictory; line 80: 5 point scale, line 82: score range 0-4, line 83: total score ranges from 0-56.- Line 97: to revise sentence; is incomplete.- Line 123: well-being <p>RESULTS</p> <p>Lines 136-139: to transfer to the “methods” section</p> <ul style="list-style-type: none">- It would be better for text to precede table <p>DISCUSSION</p> <p>ok</p> <p>CONCLUSIONS</p> <p>ok</p> <p>REFERENCES</p> <p>I will suggest authors do some updates</p> | |



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| Minor REVISION comments | Minor grammatical checks are required throughout manuscript. Besides, authors should avoid using “&” in the place of “and” | |
| Optional/General comments | I think is thoughtful on the part of authors; HIV/AIDS management should go beyond medicines. | |

Reviewer Details:

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| Name: | <i>Tabé Franklin Nyenty</i> |
| Department, University & Country | <i>University of Ngaoundere, Cameroon</i> |