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# **SDI Review Form 1.6**

Journal Name:	International STD Research & Reviews
Manuscript Number:	Ms_I-SRR_42404
Title of the Manuscript:	Exercise & Yoga as an intervention for enhancing subjective wellbeing in HIV-positive individuals
Type of the Article	Original Research Article

# **General guideline for Peer Review process:**

This journal's peer review policy states that <u>NO</u> manuscript should be rejected only on the basis of '<u>lack of Novelty'</u>, provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline)

## **PART 1:** Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<u>Compulsory</u> REVISION comments	Introduction: addressing more about the benefits of exercise and yoga in other pathologies	
	Methodology: In the description of the groups refer to which treatment group I (medical intervention) performs Rewrite methodology in a descriptive way and not as items	
	Results: decrease the number of tables	
	Discussion: discuss the physiological benefits of exercise and yoga by using references that may infer the benefit to the HIV patient	
	Conclusion: the work suggests that "both aerobic exercises and yoga individually or combined" improve the health conditions of the patient. Withdraw "combined" because you were not evaluated at work	
Minor REVISION comments		
Optional/General comments		

## **Reviewer Details:**

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Created by: EA Checked by: ME Approved by: CEO Version: 1.6 (10-04-2018)