

Original ¹ Research Article

² Screening of fifteen mangrove plants found in Sri ³ Lanka for *in-vitro* cytotoxic properties in breast ⁴ (MCF-7) and hepatocellular carcinoma (HepG2) cells.

⁵

⁶ ABSTRACT

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⁸ Aims:

⁹ Evaluation of cytotoxic potential of leaf and stem bark extracts of 15 mangrove plants grown in Sri
¹⁰ Lanka in breast cancer (MCF -7) and hepatocellular (Hep G2) carcinoma cells grown in Sri Lanka.

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¹² Place and Duration of Study:

¹³ At the Institute of Biochemistry, Molecular Biology and Biotechnology, University of Colombo between
¹⁴ 1st 14 of February 2014 to April 2015.

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¹⁶ Methodology:

¹⁷ Leaves and stem barks of 15 mangrove plants were extracted with hexane, chloroform, ethyl acetate
¹⁸ and methanol. Resulting extracts were screened for cytotoxic activity against MCF -7 and HepG2 cells
¹⁹ using the Sulforhodamine B (SRB) assay.

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²¹ Results:

²² Of the 15 plants tested, *Phoenix paludosa*, *Avicennia officinaliss* and *Scyphiphora hydrophyllacea*
²³ showed highest cytotoxic properties in cancer cells. Chloroform extract of stem bark of *S.*
²⁴ *hydrophyllacea*, *Bruguiera gymnorrhiza* (chloroform, ethyl acetate and methanol extracts of leaves),
²⁵ hexane and ethyl acetate extracts of leaves of *Aegiceras corniculatum*, methanol extracts of leaves
²⁶ and stem bark of *Nypa fruticans* and *Rhizophora mucronata*, methanol extract of stem bark of
²⁷ *Sonneratia alaba* and *Rhizophora apiculata* and methanol extract of bark of *A. officinails* exerted
²⁸ selective cytotoxicity to HepG2 cells. The hexane extract of leaves of *B. gymnorrhiza*, chloroform
²⁹ extract of leaves of *N. fruticans*, ethyl acetate extract of stem bark of *Lumnitzera littorea*, chloroform
³⁰ extract of leaves of *Rhizophora apiculata* and chloroform extract of leaves of *Pemphis acidula* showed
³¹ selective cytotoxic effects against MCF-7 cells. Out of the 120 mangrove extracts tested, 82 extracts
³² showed no significant cytotoxic effects (IC₅₀>100 µg/mL) against MCF 7 or Hep G2 cells.

³³

³⁴ Conclusion:

³⁵ The cytotoxic activities demonstrated by some of the solvent extracts of some mangrove plants
³⁶ provide scientific evidence for their therapeutic potentials and further studies are needed to identify
³⁷ active compounds responsible for cytotoxic effects.

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³⁹ **Keywords:** Mangrove, cytotoxicity, MCF-7, HepG2

⁴⁰ 1. Introduction

⁴¹

⁴² Mangroves belong to twelve plant families and they are botanically diverse. Almost all the mangroves
⁴³ are holophytic species, well adapted to grow in wet soil conditions and usually possess some amount
⁴⁴ of viviparity [1, 2]. The mangroves grown in Sri Lanka belong to true mangroves (14 species) and
⁴⁵ mangrove associates (12 species) [3]. In Sri Lanka mangroves are extensively found in Puttalam,

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¹ Kalpitiya, Koggala, Kalamatiya and Kokilai areas in association with estuaries [46 4]. Mangroves have
⁴⁷ diverse uses: For example, they are used to obtain timber and tannins; they behave as coastal
⁴⁸ stabilizers; root system in mangroves provides shelter for many commercially important fishes and
⁴⁹ prawns, etc. [5]. These mangrove plants can survive in extremely high salinity, high temperature, high

50 moisture, strong winds and high and low tides of water. In order to survive in these hostile
51 environments, changes in their physiological activities have occurred ensuing in the bio-synthesis of
52 novel secondary metabolites [6]. These secondary metabolites provide proper protection to these
53 mangrove plants against various biotic and abiotic stresses conditions [7]. A wide range of natural
54 compounds, including novel chemical compounds have been isolated from mangroves and mangrove
55 associates. Alkaloids, alcohols, amino acids, fatty acids, lipids, phenolic compounds, steroids, tannins,
56 flavonoids, halogenated compounds, pheromones, phorbol esters and triterpins are among these
57 isolated compounds [8, 9]. Some isolated compounds from mangroves are considered to have
58 bioactivities that may be beneficial to improve human health and these compounds might be very
59 useful in new drug discovery process [10]. Mangrove plants have also been used as a folklore
60 medicine and extracts from mangroves have been reported to have biological activities including
61 cytotoxic, anti-bacterial, anti-viral and anti-inflammatory, etc as shown in Table 1. However, there is
62 no data available on *in-vitro* cytotoxic properties of leaves and stem bark of most of the mangroves
63 grown in Sri Lanka in breast (MCF -7) and hepatocellular carcinoma (HepG2) cells. Therefore, the
64 main aim of this study was to evaluate the cytotoxic potential of leaves and stem bark of 15 selected
65 mangroves/mangrove associates grown in Sri Lanka by evaluating of their effects in breast (MCF-7)
66 and hepatocellular carcinoma (HepG2) cells.

73 2. Materials and methods

74 2.1. Chemicals

75 Fetal bovine serum (FBS), trypsin-EDTA, strep-penicillin, HepG2 cells, MCF-7 cells and Dulbecco's
76 modified Eagle's medium (DMEM) were purchased from American Type Culture Collection (ATCC),

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USA. All the chemicals used in the study were purchased from Sigma-Aldrich (77 St Louis, MO, USA)
78 unless otherwise specified.

79 2.2 Plant material

80 Healthy leaves and barks of 15 selected mangrove plants were collected from the mangrove park,
81 Kadolkele, Negombo in the Western Province of Sri Lanka and Kalpitiya area in the North Western
82 Province of Sri Lanka. Plants were identified by the Botanists at the National Herbarium, Royal
83 Botanical Garden, Peradeniya, Sri Lanka and by Mr. W.A. Sumanadasa, of the National Aquatic
84 Resources Research and Development Agency (NARA), Negombo. Voucher specimens were
85 deposited in the National Herbarium, Royal Botanical Garden, Peradeniya, Sri Lanka and Institute of
86 Biochemistry Molecular Biology and Biochemistry, University of Colombo Sri Lanka (Table 2).

87 2.3 Preparation of plant extracts

88 Collected mangrove leaves and barks were dried at room temperature for 4-7 days and ground into
89 powder. Ground leaf and bark samples (10 g each) were extracted sequentially in to hexane,
90 chloroform, ethyl acetate and methanol respectively by sonication at room temperature. All the
91 resulting extracts (sixty leaf extracts and fifty six stem bark extracts) were filtered and concentrated
92 under vacuum in a rotary evaporator (Rotavapor® R-/ BUCHI, Switzerland). Stock solutions were
93 prepared by dissolving all extracts in dimethyl sulfoxide (DMSO).

94

95 2.4 Cell culture maintenance

96 HepG2 and MCF-7 cells were maintained in Dulbecco's modified Eagle's medium supplemented with
97 10% (v/v) fetal bovine serum and 50 IU/mL penicillin and 50 µg/mL streptomycin at 37 °C in a
98 humidified environment (95 % air ;5 % CO₂). At 80 % confluency, cancer cells were trypsinized and
seeded (5x10³ 99 cells/well) in 96-well cell culture plates and incubated for 24 h.

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102 2.5 Assessment of cytotoxicity

103 After 24 h incubation, cells were exposed to leaf and bark extracts (doses ranging from 25 to 400
104 µg/mL and in triplicates) of mangroves for 24 and 48 h and cytotoxicity assessed by Sulforhodamine
105 B assay (SRB) as previously described by us [61, 62]. Briefly, treated cells were washed three times
106 with PBS and fixed with Trichloroacetic acid (10%). Fixed cells were washed with tap water five times
107 and then SRB (0.4 %) was added to each well and incubated for 20 min. Unbound dye was removed
108 by washing with acetic acid and bound dye was solubilized with Tris base (10 mM; pH 7.5). Plates
109 were then kept on a plate shaker for 1 h and absorbance was taken at 540 nm using Synergy™ HT
110 Multi-Mode Microplate Reader (BioTek, USA).

111 2.6 Statistical analysis

112 All the experiments in this study were carried out at least three times in triplicate. Data were analyzed
113 using Prism 5.0 (Graph pad Prism) statistical software package and results were expressed as mean
114 ± standard deviation (SD).

115

116 3. Results

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118 A total of 116 solvent extracts (hexane, chloroform, ethyl acetate and methanol extracts of leaf and
119 stem bark) representing 15 mangrove/mangrove associates and mangrove minors collected from Sri
120 Lanka were tested for their cytotoxic effects on MCF 7 and HepG2 cells. The cytotoxic activities of
121 mangrove extracts have been summarized in Table 2. Extracts with IC₅₀ value < 100 µg/mL were
122 considered to be cytotoxic, while those with IC₅₀ value > 100 µg/mL were considered to be low/non
123 cytotoxic.

124

125 3.1 Selective cytotoxic effects of mangrove extracts

126 Among the 116 extracts tested in MCF-7 and Hep G2 cells, chloroform extract of stem bark of
127 *Scyphiphora hydrophyllacea*, *Bruguiera gymnorrhiza* (chloroform, ethyl acetate and methanol extracts
128 of leaves), hexane and ethyl acetate extracts of leaves of *Aegiceras corniculatum*, methanol extracts

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of leaves and stem bark of *N. fruticans* and *Rhizophora mucronata*, methanol extracts 129 of stem bark of
130 *Sonneratia alba* and *Rhizophora apiculata* showed selective cytotoxicity to HepG2 cells. However, the
131 hexane extract of leaves of *B. gymnorrhiza*, chloroform extracts of leaves of *N. fruticans*, ethyl acetate
132 extract of stem bark of *Lumnitzera littorea*, chloroform extract of leaves of *R. apiculata* and chloroform
133 extract of leaves of *Pemphis acidula* showed selective cytotoxic effects against MCF-7 breast cancer
134 cells.

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136 3.2 Non-selective cytotoxic effects of mangrove extracts

137 Hexane extracts of leaves and stem bark of *S. hydrophyllacea*, methanol extract of leaves of *P.*
138 *paludosa* and ethyl acetate extract of stem bark of *A. officinalis* showed non-selective cytotoxic activity
139 against both cancer cell lines tested.

140 3.3 Low or no cytotoxic effects of mangrove extracts

141 Out of the 116 mangrove extracts tested, 84 extracts showed no significant cytotoxic effects (IC₅₀>100
142 µg/mL) against MCF 7 and HepG2 cancer cells (Table 2).

143

144 Table 2. Cytotoxic effects of leaves and stem bark of mangrove plants and their voucher specimen
145 numbers: IC₅₀ values of plant extracts on MCF 7 and HepG2 cells as determined by SRB assay at 24
146 and 48 h post incubation periods.

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149 4. Discussion

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151 Mangrove forests are considered to be the most productive ecosystems in the world [63]. However,
152 mangroves grow under conditions such as high salinity, strong winds, extreme tides, high
153 temperatures and extreme muddy soils etc. Thus, mangrove plants possess physiological, biological,
154 ecological and morphological adaptations to extreme conditions [64]. Even though mangrove

ecosystems have been studied broadly, there is a critical need to understand them better and care must be taken to prevent degradation and destruction of mangrove eco systems.

157

Results of the present study with the leaf and stem bark extracts of fifteen mangrove species grown in Sri Lanka indicates that some of them have cytotoxic properties in breast (MCF -7) and hepatocellular carcinoma (HepG2) cells. Some mangrove plant extracts showed selective cytotoxic effects against breast and hepatocellular carcinoma cells, whereas some extracts showed non-selective cytotoxicity against both cancer cell lines or were not cytotoxic ($IC_{50} > 100 \mu\text{g/mL}$) against any of the cell lines tested. Among the extracts tested, the methanolic extract of *P. paludosa* leaves showed the highest cytotoxicity in the two cancer cell lines tested. We have previously shown cytotoxic activity of different leaf extracts (hexane, chloroform, ethyl acetate and methanol) of *P. paludosa* in several cancer cell lines and normal cell lines [65]. Ethyl acetate extract of *A. officinalis* stem bark showed second

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highest cytotoxic properties in the two cancer cell lines tested. Previous studies by other researchers have shown that, *A. officinalis* leaf extracts have cytotoxic effects to Ehrlich ascites carcinoma (EAC) and human promyelocytic leukemia cell lines (HL 60) [66]. Hexane extract of *S. hydrophyllacea* leaves showed third highest cytotoxic properties in the two cancer cell lines tested and several cytotoxic compounds have been reported to be isolated from the mangrove plant *S. hydrophyllacea* [67]. *S. hydrophyllacea* (hexane and chloroform extracts of stem bark), *B. gymnorrhiza* (chloroform, ethyl acetate and methanol extracts of leaves), *Aegiceras coniculatum* (hexane and ethyl acetate extracts of leaves), *N. fruticans* (methanol extract of leaves and stem bark), *S. alaba* (methanol extract of stem bark), *A. officinalis* (methanol extract of bark), *R. apiculata* (methanol extract of stem bark) and *R. mucronata* (methanol extracts of leaves and stem bark) showed selective cytotoxic properties to HepG2 cells. Moreover, *B. gymnorrhiza* (hexane extract of leaves), *N. fruticans* (chloroform extract of leaves), *L. littorea* (ethyl acetate extract of stem bark), *R. apiculata* (chloroform extract of leaves) and *P. acidula* (chloroform extract of leaves) showed selective cytotoxic effects against MCF-7 breast cancer cells ($IC_{50} < 100 \mu\text{g/mL}$). Among these plants, *A. corniculatum*, which was cytotoxic to HepG2 cells, has been used as a medicinal plant in Bangladesh for asthma, diabetes and rheumatism. Extracts of this plant have reported to be cytotoxic to human gastric adenocarcinoma cells (AGS), colorectal adenocarcinoma cells (HT-29) and breast carcinoma cells (MDA-MB-435S) [68]. *Avicennia officinalis* and *B. gymnorrhiza* which was cytotoxic to HepG2 cells in the present study have been used in traditional medicine to treat for leprosy, hepatitis, as a diuretic and for eye disease respectively. Extracts of these plants have also shown cytotoxic properties in cancer cells [69]. None of the extracts obtained from *Lumnitzera racemosa*, *Heritiera littoralis*, *Excoecaria indica* and *Sonneratia caseolaris* showed significant cytotoxic properties ($IC_{50} > 100 \mu\text{g/mL}$) in the two cancer cell lines tested.

190

This is the first study on screening of cytotoxic properties of leaf and bark of 15 listed mangrove plants grown in Sri Lanka against human breast and hepatocellular cancer cell lines. This study supports the reported cytotoxic activities of *S. hydrophyllacea*, *A. corniculatum*, *A. officinalis* and *B. gymnorrhiza*. Cytotoxic properties of *B. gymnorrhiza*, *P. paludosa*, *N. fruticans*, *S. alba*, *L. littorea*, *R. apiculata*, *R. mucronata* and *P. acidula* have not been reported previously. This study offers baseline data to focus on further studies into the isolation and characterization of novel secondary metabolites and to

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determine anti-cancer mechanism of such metabolites from mangrove plants grown in Sri Lanka.

Mangrove plants that were found to be cytotoxic in the present study will be very useful as a source of new anti-cancer drug leads for drug discovery to fight against cancer.

5. CONCLUSION

Screening of leaves and stem barks of 15 selected mangrove plants growing in Sri Lanka, for cytotoxic activity in MCF -7 breast cancer cells and HepG2 hepatocellular carcinoma cells have demonstrated. Some mangrove plant extracts can exert selective cytotoxic properties to MCF -7 and

204 HepG2 cells, whereas a few plant extracts showed non-selective cytotoxic properties, while a few
205 others demonstrated no cytotoxic properties. The overall results indicate that some mangrove species
206 found in Sri Lanka have the potential to be developed to isolate novel drugs that can be used in
207 cancer therapy.

208

209 **CONSENT**

210 Not applicable.

211 **ETHICAL APPROVAL**

212 Not applicable.

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