

1 **A study on awareness for climate variability and effects on water resources**  
2 **among farm women**

3

4 **Abstract**

5 The present study entitled “A study on awareness for climate variability and effects on water  
6 resources among farm women ” was conducted in three districts of Punjab. A sample of 120 farm  
7 women was interviewed. Majority of the farm women were fully aware that pollution,  
8 deforestation, paddy straw burning and cultivation of paddy were the reasons for climate change.  
9 Most of them were fully aware that increase in temperature and variation in rainfall were due to  
10 change in climate. Majority of them were fully aware that change in climate is leading to stress  
11 on water resources in Punjab and more area under paddy cultivation was the major factor  
12 responsible for depleting groundwater. Most of the farm women were fully aware that water is  
13 wasted while performing various household tasks like washing of clothes, utensils, cleaning the  
14 floor, bathing animals with water pipes etc. It was further concluded that majority of the farm  
15 women had medium level of awareness regarding reasons of climate change whereas most of  
16 them had low level of awareness regarding factors accountable for depletion of water. They had  
17 high level of awareness regarding wastage of water while performing household tasks. There is  
18 need to evolve compatible water saving technologies, its effective extension and enacting proper  
19 legislation to prevent exploitation of water at household level.

20 **Key Words:** climate change, awareness, farm women, household activities  
21

22 **Introduction**

23 Punjab has been the top food producer in the country for a very long time. In order to  
24 maximize grain productivity vast areas have been put under intensified rice and wheat cropping  
25 system. Paddy occupies 28.51 lakh hectares (81.71%), out of which 29.82 lakh hectares (72.5%)  
26 is irrigated by tubewells and remaining area of 11.33 lakh hectare (27.5%) is irrigated by canals  
27 (Anonymous 2014). The number of electric tubewells had increased 13 times from 1970-71 to  
28 2013-14 i.e 0.91 lakh in 1970-71 to 12.35 lakh in 2014-15. (Anonymous 2015)

29 There is no denying the fact that there has been a significant increase in agricultural  
30 production and productivity in Punjab. However, intensive agricultural practices have also led to  
31 the depletion of natural resources (Sidhu, 2002; PSFC, 2013). Up to 1995, the average fall of  
32 water table in Punjab was about 23 cm per year (Khepar *et al* 2001) which during the next 6  
33 years (1997-2003) increased to 53 cm per year (Hira *et al* 2004) and 51.5 cm per year during  
34 1998-2006 (Kaur *et al* 2011).

35 The dropping water levels are largely attributed to unsustainable consumption of  
36 groundwater for irrigation and other uses along with increased runoff and/or evapo-transpiration,  
37 which is exacerbated by climate change. These climatic changes present an additional burden on  
38 the world's economy, especially on agricultural and natural resource systems which are already  
39 coping with the growing food demand driven by population growth and higher purchasing  
40 power. Every year, farmers set paddy stubble ablaze to prepare ground for next crop, thereby  
41 damage soil quality and cause pollution. Further increased use of generators, industrialization,  
42 mechanization etc is accountable for climate change.

43 Not only agriculture but household activities performed by farm women during bathing,  
44 cleaning the floor, washing clothes are too responsible for declining water and climate change.  
45 Keeping this in view, the present study was conducted with the objective to assess the extent and  
46 level of awareness for climate among farm women on climate change.

47

#### 48 **MATERIAL AND METHODS**

49

50 The three agro climatic zones of Punjab i.e. North-east zone, Central zone and South-  
51 west zone were selected purposively. One district from each of the zone was selected randomly  
52 viz. Ropar, Ludhiana and Faridkot. One village each from selected district was selected  
53 randomly namely *Sandhua*, *Talwandi Khurd* and *Ransingh Wala*. A sample of 40 farm women  
54 was randomly selected from each village, comprising a sample of 120 farm women for the study.  
55 The data was collected with the help of interview schedule and analyzed with the statistical tools  
56 like frequency and percentages. Extent of awareness was measured on three point continuum i.e.  
57 fully aware, somewhat aware and not at all aware with the scoring of 2, 1 and 0 respectively.  
58 Level of awareness was further calculated as high, medium and low.



59 **Fig.1 Location of selected villages in different agro-climatic zones**

60  
61 **RESULTS AND DISCUSSION**

62 **Socio-personal characteristics**

63  
64  
65 The scrutiny of data in Table 1 revealed that about half of the respondents (46.66%) were  
66 young belonging to age group of 18-38 years while 44.16 per cent belonged to the age group of  
67 39-59 years. Nearly ten per cent of the respondents were old (60-80 years).

68 Majority of the respondents (90%) were literate out of which nearly one fourth  
69 respondents had educational qualification up to primary (25%) and up to matriculation (28.33%).  
70 A large majority of the respondents (96.66 %) belonged to general category while 2.5 per cent  
71 belonged to other backward class (OBC).

72 Data further revealed that majority of the respondents (84.16 %) belonged to joint family  
73 whereas only 15.83 per cent of the respondents belonged to nuclear family. The results were in  
74 agreement with the findings of Latha and Chandrakumar (2012), Kalra *et al* (2012), Baite (2014)  
75 and Kaur (2014) which shows that joint family system is still widely prevalent in rural areas.

76

77 With regards to family size, most of the respondents (61.67 %) had a family size of 2-6  
 78 members while 35 per cent had a family size of 7-11 members. It was satisfying to relate that  
 79 although 84.17 percent families were joint but majority had comparatively smaller family size.

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**Table 1: Socio-personal characteristics of the respondents****n=120**

<b>Characteristics</b>	<b>Frequency</b>	<b>Percentage</b>
<b>Age(years)</b>		
18-38	56	46.66
39-59	53	44.17
60-80	11	9.17
<b>Education</b>		
Illiterate	12	10.0
Primary	30	25.0
Middle	10	8.33
Matric	34	28.33
Secondary	17	14.17
Graduates	17	14.17
<b>Caste</b>		
General	116	96.67
Backward Caste	1	0.83
OBC	3	2.5
<b>Family type</b>		
Nuclear	19	15.83
Joint	101	84.17
<b>Family size (No. of members)</b>		
2-6	74	61.67
7-11	42	35.0
12-16	4	3.33

83

#### 84 **Extent of awareness about reasons of climate change**

85 A perusal of data in Table 2 showed that majority of respondents (86.67%) were 'fully  
 86 aware' that pollution was major reason responsible for climate change while 64.17 per cent  
 87 respondents were 'fully aware' that deforestation was responsible for climate change followed by  
 88 burning of paddy straw (62.5%) and paddy cultivation (54.17%) as other reasons of climate

89 change. Vani and Kumar (2016) conducted study in Rangareddy district of Telangana. They  
 90 reported that 32.5 per cent of the respondents perceived climate change as being caused by  
 91 deforestation and bush burning.

92 **Table 2: Distribution of respondents according to the extent of awareness about reasons of**  
 93 **climate change** **n=120**

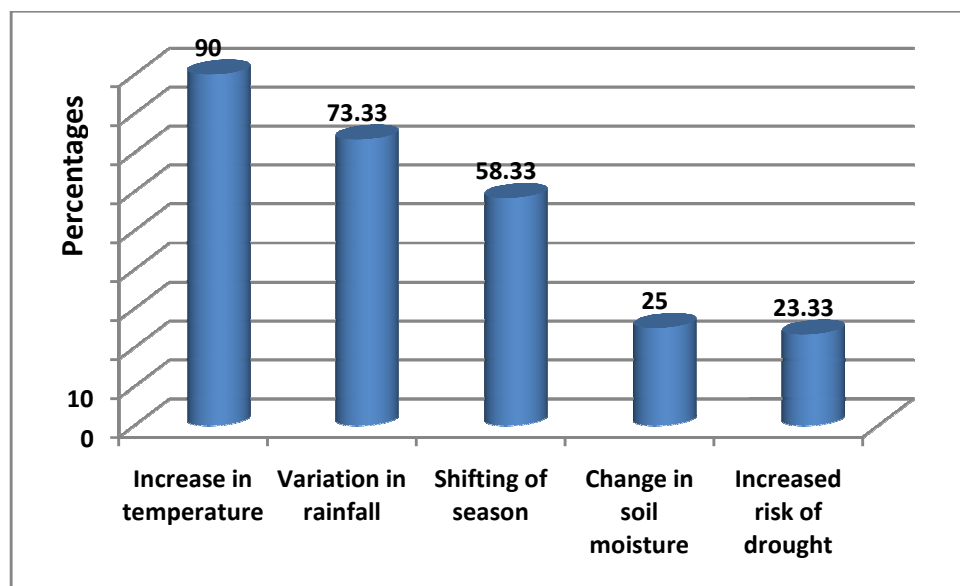
Reasons	Fully aware	Somewhat aware	Not at all aware
Paddy cultivation	65 (54.17)	1(0.83)	54 (45.00)
Burning of paddy straw	75 (62.50)	5(4.17)	40 (33.33)
Increased use of generators	15 (12.50)	1 (0.83)	104 (86.67)
Pollution	104 (86.67)	4 (3.33)	12 (10.00)
Industrialization	23 (19.17)	3 (2.50)	94 (78.33)
Mechanization	52 (43.33)	4 (3.33)	64 (53.33)
More use of pesticides	25 (20.83)	4 (3.33)	91 (75.83)
Deforestation	77 (64.17)	4 (3.33)	39 (32.50)

94 \*Figures in parentheses indicates percentages

95 Majority of the respondents were 'not at all' aware that increased use of generators  
 96 (86.67%), industrialization (78.33%) and more use of pesticides (75.83%) also played major role  
 97 in climate change. This may be due to fact that farm women of Punjab are not directly involved  
 98 in farming and their awareness is based upon their personal daily experiences.

#### 99 **Awareness about effects of climate change**

100 The data in figure 2 indicated the awareness of farm women regarding various effects of  
 101 climate change. It revealed that majority of the respondents were aware that increase in  
 102 temperature (90%), variation in rainfall (73.33%) and shifting of season (58.33%) were due to  
 103 changes in climate. The findings were supported by Mandleni and Anim (2011), Oduniyi (2013)  
 104 and Vani and Kumar (2016) who reported that majority of the farmers perceived increase in  
 105 temperature and rainfall was due to climate change. It further revealed that change in soil  
 106 moisture (25%) and increased risk of drought (28.33%) were other effects of climate change  
 107 regarding which awareness was less. The findings were in tune with the study conducted by Vani  
 108 and Kumar (2016) who reported that very low percentage of farmers perceived raise of soil  
 109 temperature and fast evaporation of soil moisture as other effects of climate change. The table  
 110 concludes that very few farm women were fully aware about different reasons of climate change.



111

112

**Fig.2: Awareness of farm women about effects of climate change**

113 **Extent of awareness about effect of climate change on water resources**

114 The data in Table 4 indicated that majority of the respondents ( 80%) were 'fully aware'  
 115 that water table depletion was the result of followed by variation in rainfall (66.67%) and  
 116 increase in number of tubewells (47.5%). Report of Central Groundwater Board (2014) also  
 117 reported that in Punjab number of over exploited blocks have rapidly increased in last few  
 118 decades.

119 **Table 4: Distribution of respondents according to the extent of awareness about effect of**  
 120 **climate change on water resources** **n=120**

Effects	Fully aware	Somewhat aware	Not at all aware
Water table depletion	96 (80.00)	6 (5.00)	18 (15.00)
Variation in rainfall	80(66.67)	8 (6.67)	32 (26.66)
Increase in number of tubewells	57 (47.50)	8 (6.67)	55 (45.83)

121 \*Figures in parentheses indicates percentages

122

123 **Extent of awareness about factors responsible for depletion of water**

124 A scrutiny of the data in Table 5 revealed that majority of the respondents (63.33%) was  
 125 'fully aware' that more area under paddy cultivation was major factor responsible for depletion of  
 126 water. However, only one-third respondents were 'fully aware' that increase in number of

127 tubewells (37.5%) and declining trend of rainfall (36.67%) were also accountable for depletion  
 128 of water.

129 **Table 5: Distribution of respondents according to the extent of awareness about factors**  
 130 **responsible for depletion of water** **n=120**

Factors	Fully aware	Somewhat aware	Not at all aware
More area under paddy cultivation	76 (63.33)	-	44 (36.67)
Over irrigation of crop	15 (12.50)	1 (0.83)	104 (86.67)
Wrong practices of irrigation	7 (5.83)	-	113 (94.17)
Early transplanting of paddy	19 (15.83)	3	98 (81.67)
Stick to rice-wheat rotation only	8 (6.67)	1(0.83)	114 (95.00)
Increase in number of tubewells	45 (37.50)	4(3.33)	71 (59.17)
Declining trend of rainfall	44 (36.67)	2 (1.67)	74 (61.67)

131 \*Figures in parentheses indicates percentages

132 It was further revealed that most of the respondents were not at all aware about other  
 133 factors responsible for depletion of water such as wrong practices of irrigation (94.17%), sticking  
 134 to rice-wheat rotation (95%), over irrigation of crop (86.67%) and early transplanting of paddy  
 135 (81.67%) which is a matter of concern. It can be concluded from the results of Tables 4 and 5  
 136 that although majority of the farm women were fully aware that water table depletion is one of  
 137 the effects of climate change but most of them were not at all aware about various factors  
 138 responsible for it. Here the role of extension agents is very important in creating awareness about  
 139 various factors contributing to water table depletion.

140

141 **Extent of awareness about wastage of water while performing household tasks**

142 Table 6 depicts the awareness of farm women about wastage of water while performing  
 143 household tasks. It showed that a large majority of the respondents (98.33%) were 'fully aware'  
 144 that water is wasted during performing various household tasks like washing of clothes and  
 145 utensils, cleaning the floor, bathing animals with water pipes etc. It was interesting to find that  
 146 90% farm women were fully aware that water is wasted during household activities which mean

147 that despite awareness they waste water in performing these activities that shows need to train  
 148 them regarding ways to save water.

149  
 150 **Table 6: Distribution of farm women according to the extent of awareness about wastage of**  
 151 **water while performing household tasks** **n=120**

Tasks	Fully aware	Somewhat aware	Not at all aware
Washing of clothes directly under running tap	118 (98.33)	2 (1.67)	-
Washing of utensils directly under running tap	118 (98.33)	2 (1.67)	-
Washing of vegetables directly under running tap	116 (96.67)	4 (3.33)	-
Over flowing of water tanks	113 (94.17)	6 (5.00)	1 (0.83)
Cleaning the floor with water	118 (98.33)	2 (1.67)	-
Bathing under shower	109 (90.83)	8 (6.67)	3 (2.50)
Running the water tap continuously while brushing, shaving etc.	114 (95.00)	6 (5.00)	0
Washing household and agricultural machinery with water pipes	117 (97.50)	3 (2.50)	-
Cleaning/washing animal shed with water pipes	111 (92.50)	7 (5.83)	2 (1.67)
Bathing animals with water pipes	118 (98.33)	2 (1.67)	-
Leakage of water taps and pipes	116 (96.67)	-	4 (3.33)
Children play under running water	113 (94.67)	5 (4.17)	2 (1.67)

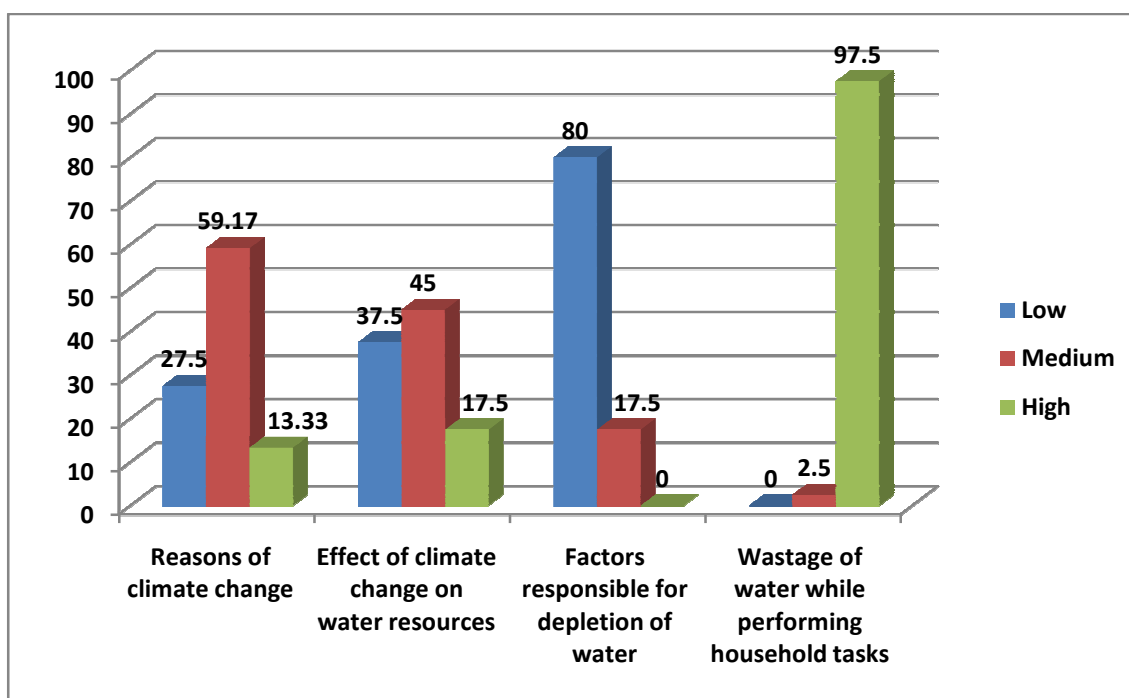
152 \*Figures in parentheses indicates percentages

153  
 154 **Level of awareness regarding climate change**

155 The data was analyzed on four parameters viz. reasons of climate change, effect of  
 156 climate change on water resources, factors responsible for depletion of water and wastage of  
 157 water while performing household tasks. The data showed that majority of the farm women



158 (59.17%) had medium level of awareness regarding reasons of climate change followed by effect  
 159 of climate change on water resources (45%) but most of the respondents (80%) had low level of  
 160 awareness regarding factors responsible for depletion of water. It was interesting to note that  
 161 awareness level was high (97.5%) w.r.t. wastage of water in performing household tasks (fig.3.).  
 162 This showed that people were aware that lot of water was wasted during washing clothes,  
 163 bathing etc. still no action is taken to manage the wastage of water for future generation. It shows  
 164 the need of easy to use water saving technologies as people use easy way to complete their  
 165 task/work inspite of awareness regarding its after effects.  
 166



167 **Fig.3: Distribution of farm women according to level of awareness regarding climate change**

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 169  
 170 **Suggestions to save water resources from depletion**

171 Suggestions to save water resources from depletion were recorded through open ended  
 172 questions are discussed in Table 8. The data revealed that about half of the respondents (48.33%)  
 173 suggested that wastage of water at home should be avoided while 37.5 per cent suggested that  
 174 bucket should be used for washing clothes and utensils rather under running taps. Nearly one  
 175 third of the respondents (33.33%) suggested avoiding running taps when not in use and closing

176 the tap after use. Approximately one fourth of the respondents suggested that bathing under  
177 shower should be avoided rather use bucket and mug.

178 **Table 8: Solutions suggested by farm women to save water at household level**

179 n=120

Suggestions	Frequency	Percentage
Avoid wastage at home	58	48.33
Use bucket for washing clothes and utensils	45	37.50
Avoid running taps and close the tap after use	40	33.33
Avoid bathing under shower and use bucket and mug for bathing	29	24.17
Use bucket and mop for cleaning the floor	22	18.33
Remaining water should be used to water the plants	9	7.50
Crop diversification should be adopted	8	6.67
Bath animals at two days interval	7	5.83
Keep check at children and teach them not to waste water	7	5.83
Use alarm bell to fill the tank	6	5.00
Bath animals in ponds or use bucket and mug while bathing animals	5	4.17
Avoid flushing the toilet unnecessarily	5	4.17
Save rain water (rain water harvesting)	5	4.17
Avoid washing of car with pipes	4	3.33
Wash vegetables in utensils	3	2.50
Wash clothes by hand	3	2.50
Use remaining water of filter for other purposes	2	1.67
Ban on paddy cultivation	2	1.67
Remaining water should be used to clean the floor and animal shed	2	1.67
Wash utensils at end	1	0.83

180 \*Multiple response

### 181 **Conclusion**

182 The study concluded that farm women were fully aware about few of the reasons of climate  
183 change like pollution, deforestation, paddy straw burning etc. but majority of them had medium  
184 level of awareness. Majority of them were fully aware about effects of climate change in water

185 resources but most of them had low level of awareness about factors responsible for depleting  
186 water table. The findings suggested that there is a need to spread full awareness regarding  
187 reasons and effects of climate change through media and extension functionaries. Findings  
188 further suggested that farm women had high level of awareness regarding wastage of water  
189 during performing household tasks which raised need of evolving compatible water saving  
190 technologies and educating farm women in using these techniques. Role of extension  
191 functionaries/ home scientists increases to train farm women in reducing the effects of climate  
192 change by adopting appropriate technologies.

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