

SCREENING OF ANTIMICROBIAL RESIDUE IN COMMERCIAL EGGS IN MAIDUGURI METROPOLIS, BORNO STATE

ABSTRACT

The objectives of the study was to screen for antimicrobial residue in table eggs in Maiduguri metropolis. Multistage sampling technique was use based on the 4 major district of Maiduguri Metropolis Viz; Bolori, Gwange, Kyarimi park and Shehuri North. Four hundred commercial egg samples were collected for the study. One hundred and sixteen table eggs were sampled from 35 randomly selected poultry layer farms and 284 were collected from 37 randomly selected egg commercial retail outlets. The antimicrobial screening of eggs was carried out using the disc diffusion method where *Bacillus cereus* ATCC 14579 from spectra medics' laboratory in Ogun state was used as the test organism. One hundred and sixteen (116) table eggs collected from farms across the study distrriect, 36 (31 %) were each from Bolori and Gwange, 39 (33.6 %) from Kyarimi Park and 5 (4.3 %) from Shehuri North. A total of 49 positive samples were obtained which include 17 (47.2 %), 21 (58.3 %), 10 (25.6 %) and 1 (20 %) from Bolori, Gwange, Kyarimi Park and Shehuri North respectively (Figure 2). There was no significant difference ($P=0.095$) among the clusters. Out of the 284 egg samples collected from the retail outlet, 201 (70.1 %) samples were from Jos and 83 (29.2 %) from Ibadan. A total of 100 (35.2 %) samples were positives for antimicrobial screening which comprises of 71 (35.32 %) and 29 (34.94 %) from Jos and Ibadan respectively. with no significant difference between the two sources ($P=0.902$). From this study it was concluded that: There is small flock size (back yard) farm in Maiduguri with 94.3 % of the farmers holding equal or less than 500 birds in their farms. Antimicrobial residue detected in the study area is alarming.

Key words: Table egg, *Bacillus cereus*, Maiduguri Metropolis, Antimicrobial residue

24 **Introduction**

25 Egg contain carbohydrate, protein and other essential substances required for human
26 existence (Braun, 2000). The low caloric value, edibility and nutrient content makes egg
27 significant food stuff for many dietary regimes (Kenner *et al.*, 2006). The hen's egg is a 'self-
28 contained unit for starting a new life (FAO, 2013). The egg is a major food source, providing
29 good quality balanced nutrient to billions of people throughout the world, the world's total
30 hen production in 2011 was 70.5 million tonnes, which is 8 million tonnes more than beef
31 production for the same year (FAO, 2013). Poultry is an important component of Nigerian
32 economy, providing income for peasant farmers and a good source of high quality protein for
33 the ever growing population of Nigeria (Agbaje *et al.*, 2010). In livestock production, poultry
34 occupies a prominent position in the provision of animal protein and this account for about
35 25% of local meat production in Nigeria (Agbaje *et al.*, 2010). The annual production
36 capacity of commercial eggs in Nigeria is estimated at 8, 216, 208, 000 eggs equivalent to
37 273, 873, 600 crates of eggs (FAO, 2008).

38 Antibiotic usage has facilitated the efficient production of poultry, allowing the consumer to
39 purchase at a reasonable cost, high quality meat and eggs as well as reduce the impact of
40 disease outbreaks (Donogue, 2003; karmi, 2014). They are used by the poultry industry to
41 enhance growth, feed efficiency and reduce bacterial disease (Donoghue, 2003). In layer
42 hens, antimicrobials are only used to treat and prevent bacterial infections. Some of the
43 antimicrobial classes used in treating layers include aminoglycosides, tetracyclines, beta-
44 lactams, quinolones, macrolides, polypeptides, amphenicols and sulphonamides (Stolker and
45 Brinkman, 2005). Through the years the issue of antibiotic residue from farm animals and
46 their effect on human health has been a major concern (Bahry *et al.*, 2013).

47 The consequences of substantial use of antimicrobials in laying hens is residue accumulation
48 in egg (Sirdar *et al.*, 2012). Very few antibiotics are approve for used in laying hens

49 (Castanon, 2007). In Maiduguri, the study area, antibiotics are freely marketed without
50 veterinary prescription (Geidam *et al.*, 2012) and despite report of misuse of antibiotics there
51 is paucity of information regarding the level of antibiotic residue in commercial eggs meant
52 for human consumption in the Maiduguri Metropolis.

53 **MATERIAL AND METHOD**

54 **Study area**

55 Maiduguri Metropolis, a major city in the Northeastern part of Nigeria, is located between
56 latitudes 11°04'N and 11°44'N; and between longitudes 13°04'E and 13°44'E. It covers a total
57 land area of 543 km², which makes it the largest city in the Northeastern region of Nigeria
58 (Daura, 2002; Jimme *et al.*, 2016). Maiduguri city now extends to four Local Government
59 Areas: Maiduguri Metropolitan, Jere, Konduga and to a smaller extent part of Mafa local
60 government areas (Daura *et al.*, 2001). The climate of Maiduguri is characterized by a long
61 dry season with high evaporation rate from October to May and a short Wet season for the
62 remaining part of the year (Jimme *et al.*, 2016). There are four identified seasons in the area
63 which include the *Rainy Season*, (June to September) *Harvest Season* (September to
64 November), *Harmattan or Cool Season* (December to February) and *Hot Season* (March to
65 May) (Waziri, 2009). It has a population estimated at 1.275 million people according to the
66 2006 census (NPC, 2008). With an annual growth rate of about 3.5% and a density of 1145
67 persons per square km which makes it the most densely populated city in North Eastern
68 Nigeria (Waziri, 2009; Jimme *et al.*, 2016). Crop production and livestock farming are the
69 predominant occupation of the people in the study area (Tijjani *et al.*, 2012). Poultry layer
70 production is a profitable business in Maiduguri Metropolis (Tijjani *et al.*, 2012).

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85 **Sample size determination**

86 The determination of sample size for table eggs collection was based on the formula given by
87 Thrusfield (1995) for simple random sampling method.

$$n = \frac{z^2 pq}{d^2}$$

88 Where:

89 n= sample size

90 z=desired confidence 1.96

91 p=prevalence= 3.6 % by Fagbamila et al., (2010) in Jos plateau state.

92 q= 1-p

93 d=allowable error 5 %

94 Thus a total sample size of 180 table eggs was determined and was rounded up to 200
95 samples for convenience. The sample size was inflated 2 times to increase precision (2 x 200)
96 reaching 400 table eggs to be sampled for the study (Thrusfield, 2005).

97 **Sample collection**

98 A total of four hundred table egg samples were collected, out of which 116 samples were
99 from 35 layer poultry farms and 284 table eggs were from 36 retail outlets in the four major
100 areas of Maiduguri Metropolis. Fifty percent of layer farms and 10 % retail outlets were
101 selected from each cluster. One table egg was collected in each fifty laying hens from the
102 selected farms and the sampling covered a period of 3 weeks. One table egg was collected
103 from each crate containing 30 eggs from selected retail outlets and the sampling covered a
104 period of 2 weeks. The Table eggs collected were arranged in a clean crate, labeled and
105 transported to the veterinary medicine laboratory immediately for processing.

106 **Sample processing**

107 The antimicrobial screening of eggs was carried out using the disc diffusion method where
108 *Bacillus cereus* ATCC 14579 from spectra medics' laboratory in Ogun state was used as the
109 test organism. An 18 hour culture of the test organism in 10 ml nutrient broth (Oxoid
110 Basingstoke, Hampshire, UK) was used to inoculate Mueller Hinton agar plates. The egg
111 surface was thoroughly cleansed using sterile cotton wool soaked in 70% alcohol. Sterile
112 forceps were used to puncture the egg at the tip to create a small opening from where the yolk
113 were carefully drained out into a sterile beaker and mixed with Phosphate Buffer Saline pH
114 7.4 and then thoroughly homogenize, then 10 milliliter was transfer to a clean sterile test tube
115 and was centrifuge for 10 minutes at 4000 x g. Two milliliter of the supernatant was
116 transferred to sterile petri dish (Fagbamila *et al.*, 2010; Kabir *et al.*, 2004).

117 **Qualitative screening**

118 Using a clean sterile forceps Whatman[®] filter paper disc 0.6 cm in diameter was dipped into 2
119 mm of the egg supernatant in the Petri dish, until it is soaked and then were exposed to
120 temperature of 80⁰C for 10 minutes to in activate inhibitory substance and placed gently on
121 the Mueller Hinton agar plate that has already been inoculated with the test organism
122 according to the method of Shahid *et al.*, (2007). This was then incubated at 37⁰C for 24
123 hours after which the plates were viewed for the presence or absence of zones of inhibition of
124 the test organisms around discs. Any disc with a zone of inhibition greater than 1 mm around
125 the disc was considered positive (Kabir *et al.*, 2004).

Data analyses

The data was compiled and analyzed with Statistical Package (SPSS statistical package version 21). Chi-square was used to determine association between variables at significant level of $P < 0.05$.

Results

One hundred and sixteen (116) table eggs collected from farms across the study area, 36 (31 %) were each samples from Bolori and Gwange farms, 39 (33.6 %) from Kyarimi Park farms and 5 (4.3 %) from Shehuri North farms. A total of 49 positive samples were obtained which include 17 (47.2 %), 21 (58.3 %), 10 (25.6 %) and 1 (20 %) from Bolori, Gwange, Kyarimi Park and Shehuri North respectively (Figure 2). There was no significant difference ($P=0.095$) among the clusters. Out of the 284 egg samples collected from the retail outlet, 201 (70.1 %) samples were from Jos and 83 (29.2 %) from Ibadan. A total of 100 (35.2 %) samples were positives for antimicrobial screening which comprises of 71 (35.32 %) and 29 (34.94 %) from Jos and Ibadan, respectively (Figure 3) with no significant difference of residue of antimicrobials between the two sources ($P=0.902$).

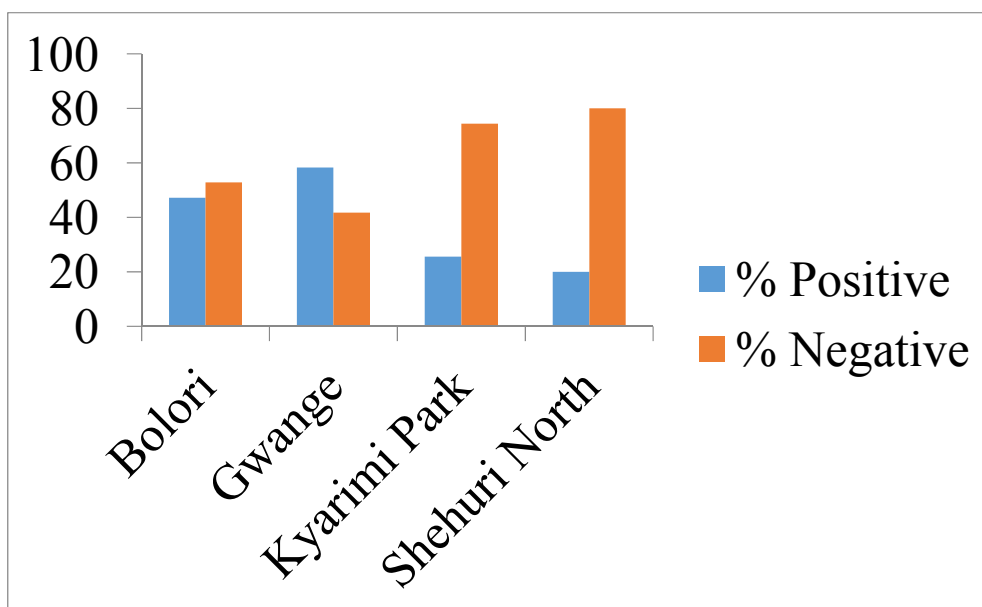


Figure 2: Result of qualitative screening for antibiotic residues in table eggs from Poultry Layer farms in Maiduguri Metropolis, Nigeria

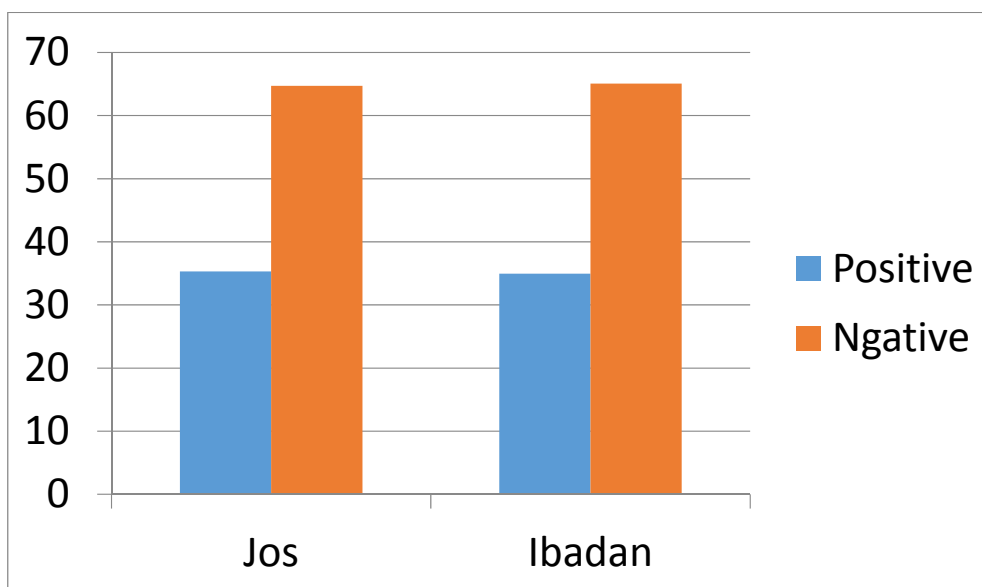


Figure 3: Result of qualitative screening for antibiotics residues from retail outlet in Maiduguri Metropolis, Nigeria

Discussion

Occurrence of antibiotics residue in laying hens may be due to failure to observe withdrawal period, extra label dosage, contamination of animal feed with excreta of treated animal or the use of unlicensed antibiotics. All the commercial egg samples used for the study were obtained from layer farms and retail outlets. The majority of the retailers source their eggs from Jos and Ibadan in order to compensate for the short fall from local production in the study area. Short fall is connected with low flock size in the study area. The finding of this study is similar to that of Tijjani *et al.*, (2012) who reported small flock poultry layer farming in Maiduguri Metropolis. Antibiotic residues were detected in 49 (42.2 %) of the eggs samples collected from farms with lower percentage 100 (35.2 %) in egg samples collected from retail outlets. The lower percentages in retail outlets might not be unconnected with the storage or variation of antibiotic use by different farms where the eggs were sourced. This is in tandem with observation of Ezenduka *et al.*, (2011) in Enugu who reported 36 % positive in eggs sampled from farms and 30 % in retail outlets and also El-Nasri *et al.*, (2012) in Sudan reported 55.4 % antibiotic residue in eggs collected from farms and 43.2 % in retail outlets. Islam *et al.*, (2016) in Bangladesh reported higher percentage (60 %) of antibiotic residue in table eggs. The research of Kabir *et al.*, (2004), Fagbamila *et al.*, (2010) and Omeiza and Nafarnda, (2015) reported lower percentage of 0.5 %, 3.6 % and 18.5 % antibiotic residue in table eggs respectively. The reason might be due to variation in awareness of biosecurity, antibiotic residue in table eggs and public health effect of antibiotic residue.

Conclusion

From this study it was concluded that: Most of the poultry layer farmers have small flock size (back yard) poultry farm in Maiduguri Metropolis with 94.3 % of the farmers holding equal or less than 500 birds in their farms. Percentage of antibiotic residue detected were 42.2 %

177 and 35.2 % in commercial egg samples collected from layer farms and retail outlets
178 respectively.

179 **Recommendation**

180 Farmer education on the use of antibiotics and its public health implication. Antibiotics being
181 a prescription drug should not be freely sold to farmers over the counter. More research using
182 sensitive techniques should be carried out to quantify the residue levels of individual
183 prohibited for used in food producing animals. Antibiotics Legislation regarding the use of
184 prohibited antibiotics on food animals by National Agency for Food and Drug Administration
185 and Control.

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