

# 1 **Original research paper**

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## 3 **Biolog Identification of Fermenting Yeasts from Fermented** 4 **Teff (Eragrostis teff (Zucc.)) Dough**

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### 9 **ABSTRACT**

**Background:** Injera is one of baked product, which is commonly prepared from teff (Eragrostis teff (Zucc.)) flour. It is a staple food and believed to be consumed on daily basis by two-thirds of Ethiopians, a population of nearly 100 million. As it is a product of naturally fermented dough, the course of fermentation is done by consortia of microorganisms. Therefore, this study was aimed to isolate and identify yeasts from fermenting Teff (Eragrostis teff) dough.

**Place and Duration of Study:** Samples were collected from different sources in Addis Ababa, Ethiopia. Laboratory isolation and identification of isolates were carried out at Holeta Biotechnology Institute, Microbial Biotechnology laboratory and Ethiopian Institute of Biodiversity, Microbial laboratory from December to April, 2015 to June, 2016 G. C.

**Methodology:** A total of 200 dough samples were collected from households with different fermentation stage. Twenty (20) yeast isolates with different cultural characteristics were selected and further identified by ominilog identification systems.

**Results:** The seven yeast isolates obtained from teff dough were identified as *Pichia fermentans*, *Pichia* spp., *Rhodotorula aurantiaca* B, *Pichia fluxuum*, *Candida humilis*, *Trichosporon beigeli* B and, *Cryptococcus albidus* Var *aerus*

**Conclusion:** This study has confirmed the presence of different yeast in the fermenting teff dough and also supports the involvement of consortia of various groups of microorganisms in the course of the fermentation.

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11 **Keywords:** Teff dough, *Injera*, Microbial Identification, ominilog

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### 11. INTRODUCTION

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16 Yeasts are unicellular, eukaryotic and polyphyletic organisms classified in the kingdom fungi.  
17 They are ubiquitous, and commonly found on fruits, vegetables, insect and other plant  
18 materials. Some yeast is found in association with soil and water. Approximately 100 genera  
19 comprising more than 1500 species of yeast have been described (Kurtzman and Fell,  
20 2006). The significance of yeasts in food technology in a world of low agricultural production  
21 and rapidly increasing population makes the production of food grade yeasts extremely  
22 important (Bekatorou *et al.*, 2006). In Ethiopia there are several fermented foods such as,  
23 kocho, bulla, tella, tej, milk product and injera, etc. A wide variety of fermented foods and  
24 beverages are consumed in Ethiopia being prepared from a wide range of raw materials  
25 using traditional techniques. These include: Injera, kocho, tella, awaze, borde and tejj (Askal  
26 and Kebede, 2013). Injera is one of the fermented foods that is made from different cereals,  
27 including sorghum, teff, corn, wheat, barley, or a combination of some of these cereals  
28 (Mogesse, 2006). Injera from teff (Eragrostis teff) is much more relished by most Ethiopians  
29 than that from any other source. It is a thin soft fermented baked food usually obtained after  
30 the flour of cereals has been subjected to 24 to 96h of traditional fermentation depending on  
31 the ambient temperature (Askal and Kebede, 2013; Bultosa *et al.*, 2008)

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33 The fermentation process uses natural inoculants from different sources in a mixed form

34 (Stewart and Getachew, 1962). Teff injera is getting popularity in the developed world  
35 because of its gluten free nature and being a whole grain product (Hiwot *et al.*, 2013). Teff is  
36 a cereal crop which is mainly cultivated in Ethiopia for the purpose of making injera (Bultosa  
37 *et al.*, 2008; Mogesse, 2006). For injera making, teff grain is considered by many as superior  
38 when compared to other cereal grains used in the country (Yetneberk *et al.*, 2005).

39  
40 A lot of research was undertaken on microbial profile of these commodities through  
41 conventional methods. In most cases, strain of *Saccharomyces cerevisiae*, *Rhodotorula* spp,  
42 *pichia*, were found to dominate fermenter in tella, injera, milk product and other fermented  
43 foods. However, the yeast species involved in injera fermentation not studied well using  
44 standard Biolog MicroStation identification technology for shortening fermentation time and  
45 selecting the potential fermenter yeast in future. The aim of this study was isolation,  
identification

46 and characterization of yeast species involved in injera fermentation by using biolog  
47 identification system.

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## 492. MATERIALS AND METHODS

### 502.1. Sample collection and Description of the Study sites

51 A total of 200 teff dough samples (two hundred gram each) were collected from each of 14  
52 sampling sites of fermenting dough samples with different times of fermentation (Brhanu,  
1985)

53 from around Addis Ababa, the capital of Ethiopia. The samples were transported aseptically  
54 to Holeta Biotechnology Institute, Microbial Biotechnology laboratory, for processing and  
55 microbial isolation. Sample processing and laboratory isolation of yeast were carried out in  
Holeta

56 Biotechnology Institute, Microbial Biotechnology laboratory. Ominilog identification was  
57 carried out at microbial laboratory at Ethiopian Biodiversity Institute.

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### 592.2. Isolation and selection of yeasts

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61 After the samples were transported to the laboratory, 10 g dough sample was transferred  
62 aseptically into separate flask with 90 mL sterile 0.1% peptone water and homogenized.  
63 Thereafter, a tenfold serial dilution was made. From appropriate dilution factor, 1ml of the  
64 suspension was streaked onto pre-solidified yeast extract glucose Chloramphenicol  
65 Bromophenol blue agar medium. The plates were incubated at 25°C for 24h. Then after 24h  
66 incubation, the selected colonies (10-20) were sub-cultured on yeast extract glucose  
67 Chloramphenicol Bromophenol blue agar medium three times to purify the isolates. Yeast  
68 isolates were selected according to their cultural characteristics (colony size, colony color,  
69 colony texture) on yeast extract glucose Chloramphenicol Bromophenol blue agar based on  
70 Bergey's Manual (Whitman, 2009).

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### 722.3. Biolog Omnilog identification and characterization of isolates

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74 Yeasts were sub cultured to Biolog Universal Yeast (BUY) agar and Biolog Universal and  
75 were incubated at 26°C for 24 to 48 h. Yeast suspension were prepared in 9ml sterile  
76 distilled water and adjusted to 47% T using Biolog YT turbidity standard. One hundred micro  
77 liters of inoculums were added to each well of the YT Micro Plate (Biolog Inc) and incubated  
78 at 26°C (Kurtzman and Fell, 2006). A YT Micro Plate was read by the Biolog Micro Station  
79 Reader (BiologInc) at 24 h, 48 h, and 72 h at a single wavelength of 590 nm. The Biolog  
80 software micro log3 ver. 4.20.05 compared the results obtained with the test strain to the  
81 database and provided identification based on distance value of match and separation score

82 produces similarity index value and probability. An acceptable species identification must  
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83 have similarity index value>0.5 or probability >75% were Chosen only for species  
84 identification and characterization (Biolog, 1993). Since, some yeast species are inhibited by  
85 the tetrazolium violet redox dye used in Biolog Micro Plates, the YT Micro Plate was  
86 configured with both oxidation tests and assimilation tests. The first 1-36 column panel  
87 contained carbon source for oxidation tests using tetrazolium violet as a colorimetric  
88 indicator of oxidation. Because, the last column panel of 49-60 wells contained 2 carbon  
89 sources; these wells test was used for co-utilization of various carbon sources with D-xylose.  
90 The read is going to be positive on the Micro Plate, if <X>, and when the database result for  
91 that well was negative the printout showed <X- to indicate a mismatch where the database  
92 reaction was negative. If there were a negative read, X with no brackets and database value  
93 for that well were positive the well reads X+ indicating a positive reaction in the database. At  
94 the time of a read the data were compared to the database in order to determine the ID  
95 (Kurtzman and Fell, 2006).

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#### 97 2.4. Data Analysis

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99 Omnilog clustering of yeasts based on the carbon utilization **was** done using past software.

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### 102 2.3. RESULTS AND DISCUSSION

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#### 104 2.3.1. Isolation of yeast and gas production from glucose

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106 The yeast isolates recovered were observed to have different features of colonial  
107 morphology. The yeast isolates showed diverse cultural characteristics with regard to colour  
108 (white, gray pigmentation or blue), shape (circular or irregular), edge (irregular or smooth)  
109 and elevation (flat or raised). Furthermore, the sizes of the colonies ranged from medium to  
110 large.

111 And a total of 20 yeast isolates were selected on the basis their potential in gas production  
112 (Bakheit, 2008). Yeast isolates with good potential of gas production were believed to be  
113 good fermenter and for the formation of many eyes on ready- to-eat *injera*, and these were  
114 selected for molecular identification. The percentage occurrence on culture media recorded  
115 as, 5% *Pichia fermentans*, 15% *Pichia spp.*, *Rhodotorula aurantiaca* B, 15% *Pichia fluxuum*,  
116 10% *Candida humilis*, and, 10% *Cryptococcus albidus* Var *aerus* other 35% were not  
117 identified. Six yeast species were identified which is involved in dough fermentation by  
Omni

118 Log identification system.

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#### 120 2.3.2. Biolog Omnilog identification and characterization of isolates

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122 Selected yeasts isolates were aseptically transferred on BUY agar **were used** for Biolog  
123 identification. Seven yeast species were identified which may involve in dough fermentation  
124 by Omni Log identification system. Based on the result, Table 1 shows those species of  
125 yeasts: *Pichia fermentans*, *Pichia spp.*, *Rhodotorula aurantiaca* B, *Pichia fluxuum*, *Candida*  
126 *humilis*, *Trichosporon beigeli* B and, *Cryptococcus albidus* Var *aerus* with their identification  
127 statuses in the YT Biolog Micro Plate.

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134 Table 1. Biolog Micro station identification result.

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Species	Probability	Similarity	Distance	Remark
<i>Cryptococcus albidus</i> var. <i>aeris</i>	100%	0.73	5.98	Hid
<i>Pichia fermentans</i>	100%	0.653	5.33	Hid
<i>Rhodotorula acheniorum</i>	100%	0.623	5.78	Hid
<i>Trichosporon beigeli</i> B	100%	0.615	5.91	Hid
<i>Pichia</i> spp	99%	0.693	4.62	Hid
<i>Pichia fluxuum</i>	98%	0.668	4.87	Hid
<i>Candida humilis</i>	86%	0.553	5.47	Hid

136 Based on the result, Table 2 shows those species of yeasts: *Pichia fermentans*, *Pichia* spp.,  
 137 *Rhodotorula aurantiaca* B, *Pichia fluxuum*, *Candida humilis*, *Trichosporon beigeli* B and,  
 138 *Cryptococcus albidus* Var *aeris* which exhibited positive result for oxidation test and  
 139 assimilation potential of different carbon coated in the YT Biolog Micro Plate. Yeast Micro  
 140 Plate has two different reactions: assimilation of carbohydrates and oxidation. Six yeast  
 141 species which were identified by BioLog (*Pichia fermentans*, *Pichia* spp., *Rhodotorula*  
 142 *aurantiaca* B, *Pichia fluxuum*, *Candida humilis*, *Trichosporon beigeli* B and, *Cryptococcus*  
 143 *albidus* Var *aeris*) have positive oxidative test for Dextrin, stachyose, D-galactose, glucose,  
 144 L-aspartic acid, D-gluconic acid, D-melibiose, sucrose, turanose, D-mannitol, tween 80, D-  
 145 arabitol, D-meleitose, L-sorbose, Xylitol, Glycerol, Gentiobiose, Sucrose, Salicin, Maltotriose,  
 146 L-sorbose carbon sources.

147

148 Table 2. Oxidation and assimilation result of yeast using YT Biolog MicroPlate

Isolate code	Oxidation	Assimilations
AAUYT30B ( <i>P. fermentans</i> )	Dextrin, stachyose, D galactose, glucose,	Fumaric acid, L-malic, methyl succinate, bromo succinic acid, L-glutamic acid, a-keto- glutaric acid, D- gluconic acid, Dextrin, Cellobiose, Gentiobiose, Maltose, Maltotriose, Palatinose, D- raffinose, Stachyose, Sucrose, D- trehalose, Turanose, glucose, D-galactose, L- rhamnose, D-glucoside, Amygdalin, Arbutin, Salicin, D- mannitol, D-sorbitol, adonitol, xylitol, glycerol, tween 80, D- ribose, 1,2- propanediol+ D-xylose a
AAUYT26C AAUYT32A AAUYT34A ( <i>Pichia</i> spp.)	Dextrin, stachyose, D galactose, glucose,	Fumaric acid, L-malic, methyl succinate, bromo succinic acid, L-glutamic acid, a-keto- glutaric acid, D- gluconic acid, Dextrin, Inulin, Cellobiose, Gentiobiose, Maltose,

		Maltotriose, D-melibiose, Palatinose, D- raffinose, Stachyose, Sucrose, D trehalose, Turanose, D- glucosamine, a-D-glucose, D-galactose, L-rhamnose, L- sorbose, Amygdalin, Arbutin, Salicin, D-maltitol, D- mannitol, D-sorbitol, adonitol, xylitol, glycerol, tween 80, D- ribose, D xylose, D-galactose+ D-xylose, ,2-propanediol+ D xylose
AAUYT21B AAUYT27A AAUYT25A ( <i>P. fluxuum</i> )	L-aspartic acid, D-gluconic acid, dextrin, D-melibiose, sucrose, turanose, D mannitol and tween 80	Gentiobiose, Maltotriose, Arbutin and D-mannitol, L-rhamnose, L-sorbose, Amygdalin, Salicin, D sorbitol, adonitol, xylitol, glycerol, tween 80, D ribose, D-xylose N-acetyl-L- glutamic acid, D-xylose, D-glucuronic acid+ D-xylose, dextrin, D-xylose, D melibiose+ D-xylose, D- galactose+ D-xylose, 1,2- propanediol+ D-xylose

Species	Probability	Similarity	Distance
<i>Cryptococcus albidus</i> var. <i>aerus</i>	100%	0.73	5.98
<i>Pichia fermentans</i>	100%	0.653	5.33
<i>Rhodotorula acheniorum</i>	100%	0.623	5.78
<i>Trichosporon beigeli</i> B	100%	0.615	5.91
<i>Pichia</i> spp	99%	0.693	4.62
<i>Pichia fluxuum</i>	98%	0.668	4.87
<i>Candida humilis</i>	86%	0.553	5.47

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AAUYT31A (C. albidus Var aerus)	Dextrin, D- arabitol	Fumaric acid, L-malic, methyl succinate, bromo succinic acid, Gentiobiose, Amygdalin, D-mannitol, D-sorbitol, Adonitol and D- arabitol
AAUYT23B ( <i>Candida humilis</i> )	L-aspartic acid, D-gluconic acid, Dextrin, D-melibiose, L-sorbose, Xylitol, Glycerol and tween 80	D- gluconic acid, Cellobiose, Palatinose, D raffinose, Stachyose, D- trehalose, N-acetyl-D glucosamine, Arbutin, Salicin, D-xylose and a-D lactose+ D-xylose
AAUYT22A ( <i>R. aurantiaca</i> B)	Gentiobiose, Sucrose, Salicin and tween 80	Fumaric acid, methyl succinate, 2-keto-D- gluconic acid, D- gluconic acid, Dextrin,

		Cellobiose, Gentiobiose, Maltose, Maltotriose, D-melibiose, D raffinose, Stachyose, Sucrose, D-trehalose, Turanose, N-acetyl-D-glucosamine, Arbutin and D xylose
AAUYT28A AAUYT24C AAUYT35A (Unidentified)	L-aspartic acid, D-gluconic acid, Dextrin, Maltotriose, L-sorbose, D- sorbitol, Glycerol and tween 80	L-rhamnose, L-sorbose, Amygdalin, Arbutin, Salicin, D-maltitol, D-mannitol, D-sorbitol, adonitol, xylitol, l-erythritol, glycerol, tween 80, D- ribose, D galactose+ D-xylose, 1,2-propanediol+ D-xylose

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150 Based on Biolog reading result different yeast isolates were utilizing different carbon  
151 sources. But all isolates utilized dextrin in common and L-aspartic acid, D-gluconic acid and  
152 tween 80 were utilized more than seven isolates and the extant of utilizing were presented in  
153 Figure 1.

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156 Figure 1. Number of yeast isolates utilizing the same carbon in the microplate.

157 Based on the carbon utilization and assimilation the yeast was clustered using past analysis  
158 software as indicated in Figure 2. The cluster shows six clusters which resembles similar  
159 carbon utilization and assimilation characteristics.

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161 Figure 2. Clustering of yeast isolates by carbon utilization using past

162 The percentage occurrence on culture media recorded as, 5% *Pichia fermentans*, 15%  
163 *Pichia spp.*, *Rhodotorula aurantiaca B*, 15% *Pichia fluxuum*, 10% *Candida humilis*, and, 10%  
164 *Cryptococcus albidus Var aerus* other 35% were not identified. Six yeast species were  
165 identified which is involved in dough fermentation by Omni Log identification system. Those  
166 selected isolates were identified using Biolog OmniLog identification system using Biolog  
167 OmniLog Micro plates. Six yeast species were identified by OmniLog identification system.  
168 From those identified yeast species by OmniLog 54% were similar in genus, 15% were  
169 similar at species level and 8% were different with yeast species which identified by  
170 molecular identification system and 23% were unidentified. Yeast Micro Plate has two  
171 different reactions: assimilation of carbohydrates and oxidation. Six yeast species which  
172 were identified by BioLog (*Pichia fermentans*, *Pichia spp.*, *Rhodotorula aurantiaca B*, *Pichia*  
173 *fluxuum*, *Candida humilis*, *Trichosporon beigeli B* and, *Cryptococcus albidus Var aerus* have  
174 positive oxidative test for Dextrin, stachyose, D-galactose, glucose, L-aspartic acid, D-  
175 gluconic acid, D-melibiose, sucrose, turanose, D-mannitol, tween 80, D- arabitol, D-  
176 meleitose, L-sorbose, Xylitol, Glycerol, Gentiobiose, Sucrose, Salicin, Maltotriose, L-sorbose  
177 carbon sources.

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#### 180 4. CONCLUSION

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182 The study indicated that the fermenting teff dough is composed of different yeast groups.  
183 The identification of these isolates could possibly contribute pieces of information needed for  
184 understanding and verification of microbial consortia involved in the course of injera dough  
185 fermentation. And those microorganisms were appeared from 48h to 72h but some were

186 appearing in early stage and others were processed up to the last stage (i.e. 72h).

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189 COMPETING INTERESTS

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191 I declare that this research and the information presented in are my own and has been

192 generated by me as the result of my own original experimental research.

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