



SDI Review Form 1.6

Journal Name:	Asian Journal of Medicine and Health
Manuscript Number:	Ms_AJMAH_31948
Title of the Manuscript:	Naturally Available Essential Oils for Aromatherapy
Type of the Article	Review paper

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



SDI Review Form 1.6

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	The manuscript presents a holistic approach to aromatherapy. The Authors are focusing on the bio-spiritual energy and its connection with essential oil treatment. The essential oils activities are not well documented scientifically. However some examples are presented, there are only in a small number. The references consist of 17 items, which seems to be inadequate as for a review article. Moreover 6 references are taken from the same web page. The other references are dated 1986-2010. In my opinion the information should be updated (the newest scientific source was published 7 years ago).	- Thank you for your valuable comments. I have added more references and applications and have highlighted them.
Minor REVISION comments	1. I do not agree with the statement "Essential oils are made up primarily of the elements - Carbon, Hydrogen and Oxygen. The secondary elements consist of Potassium, Sodium, Calcium, Magnesium, Phosphorus and Chlorine with a few trace elements thrown in - Iron, Zinc, Selenium, Iodine, Bromine, and Fluorine." The components of essential oils are chemical compounds consisting of carbon, hydrogen and oxygen but not of any metals. 2. It should be not stated "Aromatherapy is found to be integrated with a conventional therapy to treat cancer rather than alternative". I think it goes too far. Aromatherapy is advised as the supporting treatment in cancer diseases and its application should be consulted with the medical doctors.	-The essential oils have Monoterpenes like carvacrol, thymol, γ-terpinene which have structures consisting of carbon, hydrogen and oxygen. We have highlighted the correction. -Chemotherapy is the main treatment which cancer patients undergo. To deal with the depressive effects or pain from chemotherapy, aromatherapy can be used after consulting the doctor. We have highlighted the correction.
Optional/General comments		