

Organic Minerals in Poultry

ABSTRACT

Poultry is one of the most important source of animal protein for humans and now a days poultry production system is highly advanced and in context of nutritional advances a number of feed additives are now used to improve the efficiency of birds e.g. prebiotics, probiotics, organic acids etc. But in addition to these, chelated minerals/organic minerals has gained very much popularity. The word chelate derives from the Greek “chele”, which means tweezers or claw. They are the result of electron sharing between a metal and a ligand. A ligand is usually an anion or a molecule, which has an atom or a pair of electrons with available valences. Common ligands contain oxygen, nitrogen, sulfur, halogens, or a combination of these due to their electronic structure. Chelated minerals have non-metallic ligands, and are therefore organic. Proteins and carbohydrates are the most frequent candidates in organic mineral combinations. After absorption, organic minerals may present physiological effects, which improve specific metabolic responses, such as the immune response.

Key words: Organic minerals, bioavailability, preparation, poultry.

INTRODUCTION

In commercial poultry diets, mostly trace minerals are supplemented as inorganic forms (sulphate or oxide salts). But, inorganic trace minerals can suffer from high rates of loss due to presence of interfering substances in the diet. Usually inorganic trace minerals are supplemented upto two to ten times more than the amounts recommended by National Research Council (NRC) [28] for poultry diets [20], because of the wide safety margins of ITM (inorganic trace minerals) and their low retention rates [27], excess of which sometimes leads to waste and environmental contamination from excessive excretion [23]. So use of organically complexed/ chelated trace minerals can help to prevent these losses, due to increased stability in the upper gastrointestinal tract of the animal and have greater

31 bioavailability of organically complexed trace minerals, which in turn would allow for lower
32 inclusion rates and reduced excretion[5].

33 Organic minerals include any mineral bound to organic compounds, regardless of the
34 type of existing bond between mineral and organic molecules. Proteins and carbohydrates are
35 the most frequent candidates in organic mineral combinations. Atoms, which are able to
36 donate their electrons, are called donor atoms. Ligands with only one donor atom are called
37 monodentate, whereas those with two or more are called polydentate. Organic fraction size and
38 bond type are not limitations in organic mineral definition; however, essential metals (Cu, Fe,
39 Zn, and Mn) can form coordinated bonds, which are stable in intestinal lumen. Metals bound
40 to organic ligands by coordinated bonds can dissociate within animal during metabolism
41 whereas real covalent bonds cannot. Chelated minerals are molecules that have a metal bound
42 to an organic ligand through coordinated bonds; but many organic minerals are not chelates
43 or are not even bound through coordinated bonds.

44 Utilization of organic minerals is largely dependent on the ligand; therefore, amino
45 acids and other small molecules with facilitated access to the enterocyte are supposed to be
46 better utilized by animals. Organic minerals with ligands presenting long chains may require
47 digestion prior to absorption. Mineral utilization by animals primarily depends of their
48 absorption from the ingested feed. After absorption, organic minerals may present
49 physiological effects, which improve specific metabolic responses, such as the immune
50 response. Chelation is very important in the biological systems. Most enzymes require a
51 chelated metal in their structures to become effective. Vitamins, such as vitamin B12
52 (cyanocobalamin), have a metal (Co) complexed to a tetradent porphyrin group, nitrogen, and
53 a pseudonucleotide. Porphyrin is also important for the chelation of iron on hemoglobin.

54 The presence of trace minerals (TM) in feed is vital for the birds's metabolic
55 processes [36]. TM, such as zinc (Zn), manganese (Mn), and copper (Cu) are essential to
56 maintain health and productivity in chickens. They are part of hundreds of proteins and
57 organic molecules involved in intermediary metabolism, hormone secretion pathways, and
58 immune defense systems [13]; they act as catalysts in many enzyme and hormone systems as
59 a result, they influence growth, bone development, feathering, egg production, enzyme
60 structure and function, and appetite of chickens [29].

61 Variable availability and presence of contaminants, are important considerations when
62 we supplement trace minerals in poultry diet. For instance, zinc oxide and copper sulfate are
63 sources commonly utilized in poultry feeding, but as they are often derived from residues of
64 the steel industry, they can potentially carry high levels of contaminants, such as cadmium,

65 fluorine, and lead to the feed. Also mineral absorption can suffer many interferences, such as
66 mutual antagonisms, which potentially reduce absorption and metabolism rates of some
67 minerals. But in case of metal amino acid chelates, these are chemically inert due to the
68 covalent and ionic bonds between the mineral and the ligand, and therefore are not affected
69 by factors that lead to precipitation, as it happens to minerals ionized after salt solubilization
70 [3]. Due to their stability and small size, most chelated minerals are not altered during their
71 passage through the digestive tract, and are completely absorbed with no break down of their
72 amino acids.

73 Poultry feeds contain a range of different compounds that possess anti-oxidant
74 activities, many of them being minerals or mineral– dependent. The most important step in
75 balancing oxidative damage and anti-oxidant defence in the poultry is enhancing anti-oxidant
76 capacity by optimizing the dietary intake of anti-oxidant compounds. The key minerals in
77 anti-oxidation [29,30] are: Selenium - essential part of glutathione peroxidase (GSH-Px),
78 thioredoxin reductase (TrxR), iodothyronine deiodinase (ID), physiological requirement is
79 low, but if not met, anti-oxidant system is compromised with detrimental consequences for
80 bird's health. There are two major sources of Se: a natural source in the form of various
81 selenoamino acids including selenomethionine and selenocysteine or inorganic selenium in
82 the form of selenite or selenate. Organic selenium supplementation has physiological and
83 biochemical benefits for poultry.

84 Zinc is the second most abundant trace element in birds and is a component of over
85 300 enzymes participating in their structure or in their catalytic and regulatory actions in most
86 species. It takes part in anti-oxidant defence as an integral part of SOD, hormone secretion
87 and function (somatomedin-c, osteocalcin, testosterone, thyroid hormones, insulin, growth
88 hormone), keratin generation and epithelial tissue integrity, bone metabolism being an
89 essential component of the calcified matrix, nucleic acid synthesis and cell division, protein
90 synthesis, catalytic, structural and regulatory ion for enzymes, proteins and transcription
91 factors and participates in the metabolism of carbohydrates, lipids and proteins, immune
92 function. Organic Zn has higher availability in comparison to inorganic sources and is
93 considered to be more beneficial for bird's health.

94 Copper is an essential component of metalloenzymes and takes part in anti-oxidant
95 defence as an integral part of SOD, cellular respiration, bone formation, carbohydrate and
96 lipid metabolism, immune function, connective tissue development, tissue keratinization,
97 myelination of the spinal cord. Inorganic copper has a strong pro-oxidant effect and (if not
98 bound to proteins) can stimulate lipid peroxidation in feed or the intestinal tract [43]. Organic

99 copper does not possess pro-oxidant properties and can improve the copper status of birds.
100 Manganese plays an important role in anti-oxidant protection as an integral part of SOD,
101 bone growth and egg shell formation, carbohydrate and lipid metabolism, immune and
102 nervous function, reproduction and Iron also has a vital role in many anti-oxidant defence as
103 an essential component of catalase, energy and protein metabolism, heme respiratory carrier,
104 oxidation/reduction reactions, electron transport system. Iron is a very strong pro-oxidant and
105 if not bound to proteins can stimulate lipid peroxidation. This is especially relevant to the
106 digestive tract where lipid peroxidation can be stimulated, causing enterocyte damages and
107 decreased absorption of nutrients [43]. If iron is included in the premix in inorganic form, it
108 can stimulate vitamin oxidation during storage. Therefore organic iron is a solution to avoid
109 these problems and improve the iron status of animals.

110 NRC [28] specifies Zn:Cu:Mn requirements for broilers as 40:8:60 mg/kg. Many
111 commercial nutritionists supply the trace minerals at twice this level in the diet for Zn and
112 Mn. Although the physiological requirements of the bird are met by absorption of a fraction
113 of this amount and in practice the majority of the trace mineral supply is excreted into the
114 environment via the faeces and urine. Broiler and layer litter in England and Wales have been
115 calculated to contain 217 mg/kg and 583 mg/kg Zn respectively. Zinc input rates into
116 agricultural soils in England and Wales (2004) from layer litter was calculated as 2.5 g/ha/yr
117 which was about 60% of the input rate from sewage sludge.

118 **Table1. Nutritional requirements of the trace minerals for the poultry (NRC) [28]**

	White-Egg-Laying Strains				Broilers		
Trace minerals (mg/kg diet)	0 to 6 Weeks	6 to 12 Weeks	12 to 18 Weeks	18 Weeks to First Egg	0 to 3 Weeks	3 to 6 weeks	6 to 8 weeks
Manganese(mg)	60	30	30	30	60	60	60
Zinc (mg)	40	35	35	35	40	40	40
Iron (mg)	80	60	60	60	80	80	80
Copper (mg)	5	4	4	4	8	8	8
Iodine (mg)	0.35	0.35	0.35	0.35	0.35	0.35	0.35
Selenium (mg)	0.15	0.10	0.10	0.10	0.15	0.15	0.15

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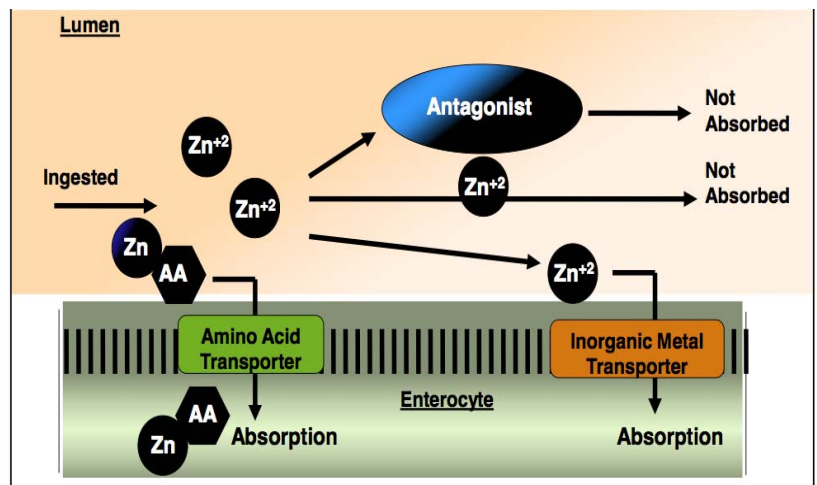
120 Organic minerals can be classified into two categories: natural and synthetic. Natural
121 mineral complexes are formed during normal digestion, absorption, and metabolism in a
122 living system. During digestion, a variety of natural mineral complexes are formed which

123 either enhance or diminish the usefulness of the ingested minerals. Herrick [17] categorized
124 natural organic minerals into three types based on their function in biological systems. These
125 include complexes which: (1) transport and store metal ions, (2) are essential to physiological
126 activity, and (3) interfere with metal ion utilization. Amino acids, EDTA (ethylene diamine
127 tetra acetate) and other synthetic ligands are important as metal binding and transporting
128 agents in the gastrointestinal tract, which enhance uptake of metal ions from the intestinal
129 lumen into the mucosal cells. For instance, transferrin is essential for gut absorption,
130 transport, and storage of iron. Additionally, metal complexes may form in biological systems
131 to allow physiological activity of certain compounds. Hemoglobin contains iron and vitamin
132 B12 contains a central cobalt atom.

133 Synthetic mineral complexes (usually by dietary supplementation) conversely, are
134 used to enhance mineral utilization efficiency. Synthetic organic minerals are produced in an
135 attempt to increase the utilization of dietary minerals. By complexing metal ions with a
136 variety of organic ligands, an effort is made to enhance mineral absorption across the
137 intestinal mucosa.

138 **Absorption of organic minerals**

139 After intake of the organic minerals from the feed, mineral absorption can occur in
140 any region of the intestine but metals are usually absorbed in the duodenum part of the
141 digestive tract. After gastric hydrolysis these inert complexes of minerals reaches the
142 intestinal lumen where ligand bounded to the minerals act as their transporter and protect
143 them from interaction with the various antagonists present there from the diet like phytic
144 acid, oxalic acid, gossypol etc. Then these ligand-mineral complexes get absorbed through
145 the enterocytes while the inorganic minerals only get absorbed when there is any inorganic
146 metal transporter otherwise they will be excreted in faeces.



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Fig:1 Figure showing the absorption of organic minerals in digestive tract of poultry

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Preparation of organic minerals

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Mineral salt+ enzymatically prepared amino acid/peptide (Controlled conditions) (Hydrolysis of protein and separation by centrifugation and ultrafiltration)

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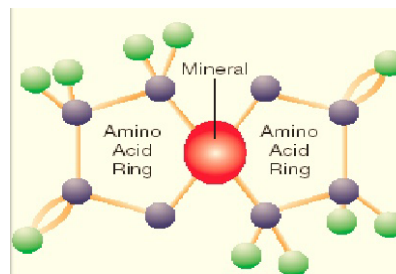
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Ligand bind the metal atom at one or more point

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Form ring



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Mineral proteinates are obtained by means of hydrolysis of a protein source which results into a mixture of amino acids and small peptides with chains of different lengths. In this way stable chelates are formed that protect trace elements against chemical reactions

161 taking place in the course of digestion. This protection maintains the solubility of these
162 substances during their passage through the gastrointestinal tract to the sites of absorption
163 [12]. Such absorption would explain the apparent decrease in interaction between mineral
164 forms shown in various reports as well as allowing inorganic and organic forms to be used
165 together to advantage. Greater stability during digestion, along with absorption and transport
166 via peptide and amino acid routes, results in higher biological availability [39, 30] due to
167 increased absorption of organic trace mineral source. Organic sources include mineral
168 complex with methionine, polysaccharide complexes, lysine, glycine, proteinate, and amino
169 acid complexes.

170 **Bioavailability of Organic Minerals**

171 Bioavailability of organic mineral in poultry are inconsistent. Table2. shows the
172 bioavailability of chelated minerals reported from different studies-

173
174 **Table2. Bioavailability of different minerals from organic and inorganic sources**

Sr.No.	Organic Minerals	Bioavailability	References
1.	Mn-methionine complex	74.4% more available than an inorganic source (MnO) using Mn concentration in bone	Fly <i>et al.</i> ,1989 [16]
2.	Proteinates and aminoacid chelates of minerals	Had higher bioavailability and lowered excretion.	Wedekind and Baker,1990; Wedekind <i>et al.</i> ,1992 [46,47].
3.	Copper and zinc (complex with lysine)	Organic minerals were 120% and 106% more available than sulfate (inorganic) form(100%).	Aoyagi and Baker., 1993 [2]
4.	Organic Zinc	Higher bioavailability indicates more zinc was deposited in bone tissue from organic sources compared to inorganic sources.	Cao <i>et al.</i> , 2000; Pierce <i>et al.</i> ,2006 [11,31]
5.	Organic Zinc	Relative bioavailability (RB) of Zn from organic Zn was calculated at 121, 116 and 139% (versus ZnSO ₄ /inorganic source at 100%)	Swiatkiewicz <i>et al.</i> , 2001 [44]
6.	Organic Manganese	Higher expression of the gene encoding manganese-containing superoxide dismutase in broiler heart tissue than inorganic source.	Luo <i>et al.</i> ,2007 [24]
7.	Organic Zinc	Higher expression of m-RNA for metallothionein in tissue from the small intestine exposed to organic Zn sources.	Richards <i>et al.</i> , 2007 [34]
8.	Organic Zinc	Organic zinc had RB of 164% than zinc-sulfate (RB=100%) on the basis of tibia zinc content.	Star <i>et al.</i> ,2012 [40]

9.	Mn proteinate	Higher relative bioavailability of Mn proteinate (139%), as compared to inorganic Mn sulphate (100%) in bone.	Brooks <i>et al.</i> , 2012 [7]
10.	Organic Zn (80 ppm, Bio-Plex®)	Addition of organic Zn and prebiotic (Mono Oligosaccharides) increased serum Cu and Fe levels.	Yalcinkaya <i>et al.</i> , 2012 [48]
11.	Zn proteinate	Higher relative bioavailability of Zn on the basis of tibia zinc content.	Brooks <i>et al.</i> , 2013 [8]
12.	Zinc amino acids and peptides chelates (Bio-Plex®)	High RB (147-200%) than inorganic Zn sulphate calculated from the regression of BWG by slope ratio methods.	Sahraei <i>et al.</i> , 2013 [36]
13.	Chelated Zinc	Higher expression of the metallothionein (indicator of zinc status) in intestinal tissue than the inorganic salt.	Varun <i>et al.</i> , 2017 [45]

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176 **Effect of organic minerals on bird's performance**

177 Organic minerals can be utilized at a much lower concentration in the diet than
178 inorganic minerals, without a negative impact on production performance. Inclusion of the
179 metal specific amino acid complex had a significant effect on FCR (feed conversion ratio)
180 over the 45 day growth period when compared to inorganic mineral but not on growth
181 performance [10]. Incremental additions of a number of different organomineral sources of
182 Zn were compared to the sulphate showed a significant improvement in weight gain with the
183 organic versus the inorganic treatments and no impact on FCR [21]. Chicks fed diets
184 containing 100% organic minerals (Zn, Cu, Mn and Fe) had significantly higher body weight
185 and better feed conversion on comparison with those of inorganic minerals [1]. The trace
186 elements Zn, Mn, and Cu influence the organic matrix of eggshells and therefore can
187 influence the mechanical properties of the eggshell. Rodriguez-Navarro *et al.* [35] stated that
188 membranes that compose the organic matrix may provide a network of fibrous reinforcement
189 within the shell that can contribute to the resistance to breaking of the egg.

190 **Table3. Effect of different organic minerals on bird's performance**

Sr.No.	Organic Minerals	Results	Reference
1.	Zinc/Manganese methionine	Reported that enhanced humoral and cell mediated immune function in turkeys, and improved feed efficiency.	Ferket and Qureshi.,1992 [15]
2.	Mineral specific amino acid complex	Had a significant effect on FCR over the 45 day growth period when compared to inorganic mineral but not on growth performance.	Burrell <i>et al.</i> ,2004 [10]
3.	Organic Zn or organic Cu	Reported that birds exhibited a significantly improvement in antibody immune response against coccidiosis.	Richards <i>et al.</i> , 2006 [33]

4.	100% organic minerals (Zn, Cu, Mn and Fe)	Significantly higher body weight and better feed conversion than those with inorganic minerals.	Abdallah <i>et al.</i> , 2009 [1]
5.	Zn glycine (90-120 ppm)	Had a beneficial effect on growth performance and immunological characteristics (Immunoglobulin A, Immunoglobulin G and Immunoglobulin M blood concentrations).	Feng <i>et al.</i> , 2010 [14]
6.	Organic Zn	Reduced oxidative stress and improved immune responses indices.	Bun <i>et al.</i> , 2011 [9]
7.	Zn-proteinate	The serum glucose and serum cholesterol levels were significantly ($p<0.05$) lower in organic Zn fed group than inorganic.	Idowu <i>et al.</i> , 2011 [19]
8.	Zn glycine	Improvement in of Cu/Zn superoxide dismutase and glutathione peroxidase activity, a decrease in liver malondialdehyde content.	Ma <i>et al.</i> , 2011 [25]
9.	Zn glycine	Increase in the height of intestinal villi, decrease in crypt depth and thickness of intestinal walls	Ma <i>et al.</i> , 2011 [25]
10.	Mn proteinate	Better results (weight gain, egg weight, % undamaged eggs and tibia bone quality indices) than inorganic Mn sulphate.	Yildiz <i>et al.</i> , 2011 [49]
11.	Cu proteinate (50, 100, and 150 ppm)	Decreased plasma cholesterol, low-density lipoprotein (LDL) and triglyceride in comparison to Cu sulphate.	Jegade <i>et al.</i> , 2012 [22]
13.	Organic Zn	Significantly ($P<0.05$) lowered serum cholesterol and higher Serum Glutamate Pyruvate Transferase and Alkaline Phosphatase levels in broilers.	Mishra <i>et al.</i> , 2013 [26]
14.	Cu proteinate	Alleviated the detrimental effect of aflatoxicosis, improved the growth performance of birds as compared to inorganic Cu sulphate.	Shamsudeen and Shrivastava, 2013 [37]
15.	Organic minerals (Zn, Cu, Fe, Mn and Se)	During 2nd, 3rd and 4th weeks organic mineral supplementation showed better growth performance than inorganic.	Baloch <i>et al.</i> , 2017 [4]

Conclusion

Thus the advent of organic sources of trace minerals with improved absorption characteristics provide an opportunity to meet bird's requirements and reduce trace mineral build up in the environment.

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