



**SDI Review Form 1.6**

Journal Name:	<a href="#">British Journal of Medicine and Medical Research</a>
Manuscript Number:	2014_BJMMR_13820
Title of the Manuscript:	<b>Dose-dependent Modulation of Lipid Parameters and Inflammatory Biomarkers by <math>\delta</math>-Tocotrienol in Hypercholesterolemic Subjects</b>
Type of the Article	<b>Original Research Article</b>

**General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

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**PART 1: Review Comments**

	<b>Reviewer's comment</b>	<b>Author's comment</b> <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<b>Compulsory</b> REVISION comments	<p>This study evaluated the effect of a composition of 90% <math>\delta</math>-tocotrienol/10% <math>\gamma</math>-tocotrienol (DeltaGold) on plasma lipids, inflammatory biomarkers (at transcriptional and protein levels) and some miRNAs related to cardiovascular diseases in a cohort of hypercholesterolemic patients. Effects of these compound on lipid composition have been previously described, therefore the main contribution of this study regards on the evaluation of inflammatory markers and miRNAs. However, I have several concerns about the data presented in the present work:</p> <ol style="list-style-type: none"> <li>1.- As mentioned above, authors should focus mainly in results regarding the effects of DeltaGold on inflammation and miRNA. Great part of the work was focused on lipid parameters.</li> <li>2.- Description of the study group is not clear. Authors described that only patients with total cholesterol &gt; 5.5 mmol/L (line 118) were included, however the mean value of cholesterol levels seems to be lower than 5.5, as observed in figure 3. If only patients with total cholesterol higher than 5.5 mmol/L were included, it is expected a mean value much higher than the minimum 5.5.</li> <li>3.- In my opinion, data presented in Tables 3, 4 and 5 represent the main results in this work (effects on inflammatory protein levels, mRNA levels and circulating miRNA). However, the results showed in these tables are not supported by statistical analyses. No dispersion values are presented and there are no p-values for statistical tests.</li> <li>4.- It is not clear when miRNA are significantly modulated by the DeltaGold treatment. In results section it is described that all the miRNAs evaluated were upregulated, then in discussion is described that miRs-29a, miR-20a and miR-206 were up-regulated. Were all studied miRNAs significantly modulated by the treatment?</li> <li>5.-Authors stated that all miRNAs evaluated were downregulated in hypercholesterolemic population. Is it supported by any statistical analysis? I think the expression level of miRNAs should be compared to a control group to conclude a higher expression in hypercholesterolemics.</li> <li>6. Results are poorly discussed for the main results presented in the work. Is the upregulation angiogenic factors beneficial or deleterious for</li> </ol>	<p>The manuscript is rewritten to take care of all comments and suggestions made by the reviewers.</p> <p>The revised version is focused on cytokines and miRNAs. Value &gt; 5.5 is &gt; 5.2 with ref 32. Page 6</p> <p>Tables 2, 3, and 4 (present manuscript) are modified according to another reviewer's comment. We have included all the <b>P</b>-values in each Table. Cluster of all eight miRNA are included in Abstract, and Results sections. Check Ref-52. Yes, all these miRNA are up-regulated by treatment compared to control group (Baseline).</p> <p>Result section is modified FGF-b and PDGF are growth factors, and the focus is only on cytokines &amp; RNA. Therefore. FGF-b and PDGF are deleted to</p>



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	<p>hypercholesterolemics? It seem to be that upregulation of angiogenic the factor FGF-b is beneficial, whereas the upregulation of the anti-angiogenic miR20a is also beneficial. Moreover, there is no discussion about potential limitations of the study, as for example the limited sample size.</p> <p>7.- Was RNA isolated from plasma? There is no description.</p>	<p>to focus on important cytokines in the introduction as suggested by another reviewer. The background information in the introduction was too long in the original manuscript. The title is also modified "Inflammatory Biomarkers" is replaced with Cytokines and RNA. Limitations of the study have been mentioned at the end of the discussion section (Page # 18).</p> <p>Total RNAs were obtained from EDTA treated fresh whole blood (plasma) as outlined in section 2.6 (Pages 6, &amp; 9).</p>
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<p><b>Minor</b> REVISION comments</p>	<p>1.- Figure 1 at introduction is not necessary.</p> <p>2.- Description of study design is confuse and extensive. Sub-items 2.1, 2.2 and 2.3 are not justified by the information presented in those items.</p> <p>3.- It is not clear if LDL cholesterol level was determined by laboratory assay or estimated by Friedwald`s formula.</p> <p>4.- Why microarray is cited at item 2.5?</p> <p>5. Authors stated that similar symbols at different columns in figures represent that there was no significant difference. It must be revised for figures 3-5. For example, was there any difference between phase III and phase VI at figure 3? Or between phase V and VI at figure 4?</p> <p>6.- I think it could be better to merge figures 3, 4, 5, and 6.</p> <p>7.- No dispersion measures are presented in table 2.</p> <p>8.- Please, provide a range for the age of participants.</p> <p>9.- Results section should be simplified. It is not necessary to include texts describing the analyzed parameters or their implication in cardiovascular disease.</p> <p>10. There is several paragraph including repetitive information along the manuscript, in the introduction, discussion and even the results section.</p>	<p>Figure 1 in introduction is necessary</p> <p>Study design has been explained and Sub-items 2.1, 2.2 and 2.3 have been modified.</p> <p>“LDL cholesterol level was determined by laboratory assay and estimated by Friedwald`s formula” was deleted. Microarray is corrected The tables and figures have been modified as per reviewers` suggestions.</p> <p>Merging figures is not possible. Figure 6 &amp; Table 2 are deleted to cut down on the number of Figures and Tables according to suggestion of another reviewer.</p> <p>The manuscript has been rewritten and corrected.</p>
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<p><b>Optional/General</b> comments</p>	<p>The manuscript needs important revision in order to achieve a clear and simpler redaction to improve readability.</p> <p>If there any ethical issue, please clarify.</p>	<p>No ethical issue (p-19) present manuscript.</p>
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