

Reviewer’s Comments:

I have commented those issues mentioned in author's feedback. I think that you need to have policy in future regarding letter explaining all the changes. It is too laborious to compare original and final manuscript. "The yellow color area" showing changes is unspecific and not practical.

Please see in author’s feedback from changes made by red color. They are obligatory.

PART 1: Review Comments

	Reviewer’s comment	Author’s comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<u>Compulsory</u> REVISION comments	<p>1) Baseline data concerning study population should be shown. If exclusion criteria are as mentioned it should be shown that these parameters have measured. It is of major concern that it was stated that use of cholesterol altering medication was exclusion criterium but then during phase I diet patients were advised to stop medication. I am really concerned this.</p> <p>2) The study is small and non-controlled. Concerning all data absolute values±SEM should be shown – not only relative changes.</p> <p>3) It is well known that bioavailability and absorption of tocotrienols vary according to many known and unknown factors. This is not at all discussed? Is it monitored by laboratory tests? Add 26/10/14: it need to be discussed</p> <p>4) The last sentence regarding future is inaccurate: what are other naturally occurring compounds?</p> <p>5) The impact of AHA Step-1 diet for the results need to be discussed</p> <p>6) Why there was washout between phase III and IV – this may have modified seriously results. Add 26/10/2014: it needs to explained why?</p>	<p>Baseline data for study population table-1 has been added in the manuscript. The study was carried out under very qualified physician, and all the subjects were in contact with student or doctor all the time. Moreover, the study was only for a short period.</p> <p>Data absolute values ± SEM has added in tables 3,4 and 5 in addition to % change.</p> <p>The bioavailability and absorption of tocotrienols varies with many factors but that is not related to our study objective.Few lines are added at the ens of discussion.</p> <p>The list of other naturally-occurring compounds has been added in the discussion section (under conclusions)</p> <p>The impact of AHA Step-1 diet has been discussed. The impact of AHA Step-1 diet has been reported in the manuscript (Results and Discussion sections).</p> <p>There was “washout period” between phases III, IV, V as modified in the manuscript. Please check Discussion section. Please check Page # 18.</p>
<u>Minor</u> REVISION comments		
<u>Optional/General</u> comments	<p>The subject itself is interesting. Because there are already quite many studies of this area it would be more useful carry out larger controlled studies than small un-controlled studies.</p>	<p>Please check Page # 18.</p>